



# L.A. FRONTRUNNERS PRIDE RUN 2008

27th annual run/walk for LGBT pride

Sunday, June 8, 2008

7:45 AM (5K) / 8:15 AM (10K)

## Events:

5K & 10K Run - 5K Race Walk - Ultra Pride Run (5 & 10K combined)  
Kid's Race

Pride Run 2008 marks the 27th anniversary of the LA Frontrunners Run/Walk for LGBT Pride. Come join us in celebrating 27 years of running, fitness, friendship, and family!

Registration: Online at [active.com](http://active.com) or mail form to address below by 6/5. Also register at packet pick-up or race day. Download forms at [www.lafrontrunners.com](http://www.lafrontrunners.com)

	Course Records: Open (39 & under)		Masters (40+)		Super Masters (50+)	
5K	* - overall course record					
O	Sergio Lares	2006	16:37*	Tania Fischer	2004	17:59*
M	Jorge Marquez	2005	16:49	Lauri Stock	2004	19:21
SM	Steve Walt	2005	18:57	Yoko Eichel	2004	21:54
10K						
O	Sal Bautista	2004	32:22*	Anne Ruminski	2005	39:55*
M	Ricardo Jose	2005	34:50	Kathleen Burzycki	2005	48:43
SM	Rusty Millar	2005	41:06	Patricia Bates	2006	51:16

Packet Pick-Up: Sat., 6/7, 9-11 a.m. Griffith Park flag pole at Jimmy Stewart Memorial across from ranger station Griffith Park/Crystal Springs Drive. Also race morning starting at 6 a.m.

Awards: 5K/10K Run: Top 3 males & females and Top 3 Age Group: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+. 5K Race Walk and Ultra Pride Run Awards: Top 3 overall males and females.

Kids' Race: 9:30 a.m. (after 10K)  
Free. All kids gets race number, medal, and goodie bag.

Course: Loop - starts on Robertson Blvd., south of Santa Monica Blvd in WeHo, right next to The Abbey.

2008 Pride Run Beneficiary  
Gay and Lesbian Elder Housing

[www.lafrontrunners.com](http://www.lafrontrunners.com)

co-sponsored by Christopher Street West ([lapride.org](http://lapride.org)) and the City of West Hollywood

LAST NAME (PLEASE PRINT)			FIRST NAME		
BIRTH DATE (month/day/year)	AGE (race day)	M / F	PHONE		
STREET ADDRESS					
CITY		STATE	ZIP		
EMAIL					

### LAFR Pride Run 2008 Registration Form

#### EVENT:

5K Run  
 10K Run  
 5K Race Walk  
 Ultra Pride Run (5 & 10K)

#### Make check to:

L.A. Frontrunners  
 2870 Los Feliz Pl  
 PMB #229  
 Los Angeles, CA  
 90039

Liability Waiver: In consideration of acceptance of my entry, I hereby, for myself, my heirs, executors and administrators, waive any and all claims for damages I may have against Los Angeles Frontrunners and all sponsors or any other individuals associated with the above for any and all injuries sustained in this event. I attest that I am physically fit and sufficiently trained for the completion of the race. I grant my permission for a doctor and/or medical professional to take remedial action in case of an emergency. I attest and verify that I have full knowledge of the risks involved in a race and certify that I have read this statement and understand it in full.

#### Registration Fees

\$ \_\_\_ \$25 Adult/\$20 College/\$15 Retired(60+)/\$10 High School/under  
 \$ \_\_\_ \$30 Ultra Pride Run (5K & 10K)  
 \$ \_\_\_ Additional Contribution  
 \$ \_\_\_ Total

T-SHIRT SIZE: \_\_\_ S \_\_\_ M \_\_\_ L

Signature (Parent/Guardian in under 18)

Date