

2014 LAFR Grand Prix Series Champions Race Standings FINAL
Detailed Standings Below, R = No. of Races

Rank	MEN	R	Score	AVG
1	Eric Alvarez	6	514.42	85.74
2	Carlos Vizcarra	6	490.11	81.69
3	Mark Johnson	6	485.68	80.95
4	David Dassey	6	445.13	74.19
5	Andrew Wissmiller	6	440.87	73.48
6	Bill Austin	6	438.87	73.15
7	Reg Willson	6	434.00	72.33
8	Mike Kerkman	6	433.39	72.23
9	William Fang	6	432.75	72.13
10	Jonathan Toker	6	424.07	70.68
11	Bernie Tan	6	419.91	69.99
12	Angus Kennedy	6	414.77	69.13
13	Bruce Bair	6	407.36	67.89
14	Dan Graham	6	404.23	67.37
15	Mike Carbuto	6	380.96	63.49
16	Deo Jaravata	6	377.23	62.87
17	Brian Dunbar	6	362.18	60.36
18	Bill Winkelmann	6	359.60	59.93
19	Raul Borja	6	339.18	56.53
20	Danny O'Hara	6	338.02	56.34
21	Patrick Conner	6	286.73	47.79
22	Mike Smith	6	281.99	47.00
23	Jason Coleman	6	260.81	43.47
24	Mark DeAngelis	5	349.50	69.90
25	Randy Levinson	5	342.07	68.41
26	Jorge S Corona	5	319.46	63.89
27	John McGuinness	5	311.27	62.25
28	David Gonzalez	5	299.82	59.96
29	Rob Chen	5	282.69	56.54
30	Albert Giang	5	274.12	54.82
31	Doug Jones	5	204.51	40.90
32	Carl Maravilla	4	289.04	72.26
33	Ted Wyder	4	253.41	63.35
34	Dan Vu	4	225.26	56.32
35	Jeff Lymburner	4	221.31	55.33
36	David Grudzien	4	221.10	55.28
37	Mong Noiboonsook	4	215.67	53.92
38	Moises Medina	3	235.46	78.49
39	John Kawaharada	3	185.28	61.76
40	Richard Peng	3	170.75	56.92
41	Tommy Ho	3	143.17	47.72
42	Chris Tapper	3	118.44	39.48
43	Richard Nelson	2	144.75	72.38
44	Mike Heredia	2	142.27	71.14
45	Sean O'Brien	2	138.11	69.06
46	Martin Carlson	2	136.03	68.02
47	Kent Hamilton	2	121.20	60.60
48	Jim Martinez	2	118.12	59.06
49	Jeff Masino	2	113.91	56.96
50	Eric Fischer	2	113.35	56.68
51	Henry Jung	2	112.11	56.06
52	Matthew Ware	2	109.72	54.86
53	Andrew Sanchez	2	105.17	52.59
54	Henri Faucher	2	105.08	52.54
55	John Yong	2	101.78	50.89

Rank	MEN	R	Score	AVG
56	Drew Brabb	2	94.55	47.28
57	Steven Morchak	2	91.19	45.60
58	Brad Maury	1	68.45	68.45
59	Duane Howard	1	66.36	66.36
60	Richard Allison	1	65.65	65.65
61	Charlie Holmes	1	62.53	62.53
62	Michael Carter	1	62.26	62.26
63	Ran Mullins	1	58.04	58.04
64	Piyush Prakash	1	57.45	57.45
65	Nelson White	1	57.29	57.29
66	Kevin Shiramizu	1	56.25	56.25
67	Juan Moreno	1	55.95	55.95
68	Augie Robles	1	53.36	53.36
69	Alex Grosko	1	53.32	53.32
70	Lui Sanchez	1	52.81	52.81
71	Jason Bautista	1	52.73	52.73
72	Jeff Bennett	1	52.54	52.54
73	Bradley Henkle	1	52.19	52.19
74	Jose Castillo	1	51.79	51.79
75	Richard West	1	51.69	51.69
76	Mark Grumet	1	50.91	50.91
77	Seth Diamond	1	48.45	48.45
78	Adrian Bewley	1	46.78	46.78
79	Bill Walsky	1	45.29	45.29
80	Gary Iem	1	42.01	42.01
81	Rich Crook	1	41.46	41.46
82	Jim Sullivan	1	38.66	38.66
83	Robb Briggs	1	38.53	38.53

Rank	WOMEN	R	Score	AVG
1	Karen Adams	6	356.30	59.38
2	Margie Gonzales	6	291.31	48.55
3	Kathleen Curry	2	129.78	64.89
4	Ruthanne Salido	2	125.34	62.67
5	Tanya Haney	2	112.92	56.46
6	JD Rouan	2	111.14	55.57
7	Yumi Afrento	2	89.09	44.55
8	Regina Robinson	2	68.58	34.29
9	Bernadette Green	1	59.49	59.49
10	Kelly Perigoe	1	57.84	57.84
11	Katrina Klaasmeyer	1	41.92	41.92
12	Lee Miller	1	38.35	38.35
13	Keeley Webster	1	36.16	36.16
14	Cat White	1	35.42	35.42

Rank	RACEWALK	R	Score	AVG
1	Deo Jaravata	6	374.65	62.44
2	Bill Walsky	6	322.01	53.67
3	Patricia Bates	1	64.54	64.54
4	Lee Lightfoot	1	58.82	58.82
5	Keeley Webster	1	41.46	41.46
6	Cat White	1	40.80	40.80
7	Regina Robinson	1	38.32	38.32
8	Tomas Tiangco	1	35.77	35.77

LAFR Champions Race Detail 2014 FINAL

Rank	MEN			AVG
1	Eric Alvarez			
		SRLA 18 Mile	1:53:54	83.27
		Firecracker 5K	16:53	84.63
		Rocket City Full	2:48:13	88.80
		LAFR 5K	16:51	84.80
		Santa Clarita 10K	35:54	83.49
		Music City Half	1:16:01	89.43
		Gay 5K	17:50	80.12
		Boston Full	3:00:12	82.19
		LA Marathon Relay 13.3	1:24:44	81.44
		LAFR 10K	36:39	81.15
			514.42	85.74
2	Carlos Vizcarra			
		CIM Full	2:44:51	86.12
		M2B Half	1:17:48	83.25
		R'n'R Half LA	1:19:08	82.50
		LAFR 10K	35:57	79.03
		LB Pride 5K	16:54	80.77
		SRLA 5K	17:32	78.44
		El Segundo 10K	38:24	73.98
		Holiday Half	1:38:50	66.06
			490.11	81.69
3	Mark Johnson			
		Firecracker 10K	38:37	77.62
		Boston Full	2:56:38	84.58
		Surfers Pt Full	3:07:05	79.85
		M2B Half	1:24:19	81.29
		Surf City 10 Mile	64:27	80.10
		LA Marathon 12.9 Relay	1:21:57	82.24
			485.68	80.95
4	David Dassey			
		Revel Full	3:38:40	80.20
		Gay Games Full	3:55:05	73.84
		Homeboys 5K	21:20	77.21
		LAFR 5K	23:02	71.51
		Gay Games 10K	47:33	72.10
		LAFR 10K	48:47	70.27
		LA Marathon	4:20:16	66.70
		M2B Full	4:08:50	69.77
		LA Marathon Relay 12.9	1:54:57	67.62
		Boston Full	4:14:38	68.18
		Bare Burro 5K	28:06	58.62
		Capetown Full	4:14:09	68.31
			445.13	74.19
5	Andrew Wissmiller			
		Turkey Trot 15K	1:09:48	78.17
		Turkey Dash 15K	1:22:52	65.85
		M2B Half	1:39:30	77.97
		LB Pride 10K	45:16	74.40
		LAFR 5K	21:57	73.72
		LAFR 10K	47:36	70.76
		Verdugo 10K	61:21	54.90
		Big Sur Full	4:54:26	58.38
		LA Marathon	4:21:50	64.99
		SOB 50K	8:09:26	44.03
			440.87	73.48

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6	Bill Austin			
	Cypress 5K	20:04	77.88	
	LB Pride 5K	20:20	76.86	
	LAFR 10K	47:10	68.97	
	Gay Games 10K	47:13	68.89	
	Gay Games 200M	30.20	77.87	
	Gay Games 1500M	6:04.50	68.40	
	<i>Gay Games Half</i>	1:57:44	63.50	
	<i>Gay Games 5K</i>	22:59	68.00	
	<i>LAFR 5K</i>	20:51	74.96	
	<i>Super Bowl 5K</i>	20:56	74.03	
			438.87	73.15
7	Reg Willson			
	SRLA 18 Mile	2:20:51	72.21	
	Holiday Half	1:41:06	72.64	
	Jet to Jetty 10K	45:42	69.99	
	LB Pride 5K	20:16	75.19	
	SRLA 5K	21:00	73.17	
	SF Full	3:46:51	70.80	
	<i>Firecracker 10K</i>	47:35	66.66	
	<i>LA Marathon 12.9 Relay</i>	1:47:43	66.43	
	<i>Paramount Ranch Half</i>	2:00:27	60.96	
			434.00	72.33
8	Mike Kerkman			
	Gay Games 10K	37:53	72.41	
	LB Pride 10K	38:43	70.85	
	LB Half	1:25:17	73.80	
	Gay Games Half	1:23:12	75.30	
	Gay Games 5K	18:30	71.24	
	LA Marathon 13.3 Relay	1:31:07	69.79	
	<i>Bare Burro 5K</i>	22:23	58.88	
	<i>Firecracker 10K</i>	41:04	66.80	
	<i>Burbank 10K</i>	39:17	70.25	
	<i>LAFR 10K</i>	39:26	69.56	
	<i>Kona Half</i>	1:28:35	70.72	
	<i>Bulldog 25K</i>	2:09:28	55.09	
			433.39	72.23
9	William Fang			
	LA Marathon Relay 12.9	1:29:48	70.36	
	Tiger Run 10K	40:03	69.89	
	Boston Full	3:07:34	73.92	
	Pumpkin 5K	17:46	75.70	
	LB Pride 5K	17:53	75.20	
	SF Half	1:34:13	67.68	
	<i>La Canada 5K</i>	18:18	73.49	
	<i>SOB 50K</i>	5:49:49	49.94	
			432.75	72.13
10	Jonathan Toker			
	Boney Mtn 21K	1:31:47	69.14	
	Paramount Ranch Half	1:25:35	75.10	
	Mt Baldy	1:12:10	46.39	
	Transrockies Stage 4: 22.9 mi	2:04:59	96.94	
	Transrockies Stage 1: 20.8 mi	2:34:22	70.88	
	Transrockies Stage 3: 24.3 mi	3:16:31	65.62	
	<i>Transrockies Stage 2: 13.4 mi</i>	2:10:20	50.44	
	<i>Transrockies Stage 5: 23.6 mi</i>	3:35:33	58.01	
	<i>Transrockies Stage 6: 19.3 mi</i>	3:12:41	52.43	
			424.07	70.68

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11	Bernie Tan			
	LAFR 5K	20:48	68.70	
	LAFR 10K	45:22	65.56	
	Tiger Run 10K	46:19	64.21	
	LA Marathon 12.9 Relay	1:33:56	71.75	
	Revel Full	3:18:56	74.45	
	M2B Full	3:16:51	75.24	
	<i>Boston Full</i>	4:32:03	54.44	
	<i>SR Full</i>	3:48:03	65.27	
			419.91	69.99
12	Angus Kennedy			
	M2B Half	1:38:53	69.91	
	LB Pride 5K	21:03	68.95	
	Reindeer Run 10K	45:26	66.49	
	LA Marathon 13.3 Relay	1:44:39	67.04	
	Ventura Full	3:37:12	69.39	
	SR Full	3:26:28	72.99	
	<i>Boston Full</i>	3:57:31	63.45	
			414.77	69.13
13	Bruce Bair			
	Topanga Turkey 15K	1:20:15	60.21	
	LB Pride 10K	41:09	72.84	
	Victory 10K	40:16	74.44	
	Chesebro Half	1:44:45	65.44	
	LA Marathon 12.9 Relay	1:36:12	70.06	
	Pt. Mugu 18K	1:31:01	64.37	
	<i>Firecracker 10K</i>	44:42	67.05	
	<i>GP Trail Half</i>	1:56:21	59.41	
	<i>Boney Mtn 21K</i>	2:01:49	56.00	
	<i>LAFR 10K</i>	41:15	72.66	
			407.36	67.89
14	Dan Graham			
	Boston 5K	25:01	63.56	
	M2B Half	1:48:47	70.00	
	LA Marathon 13.3 Relay	1:54:16	67.65	
	SR Full	3:46:53	73.54	
	Revel Full	4:21:36	63.78	
	Tiger Run 5K	24:12	65.70	
			404.23	67.37
15	Mike Carbuto			
	New Year's Half	2:07:18	60.95	
	SRLA 18 Mile	2:52:54	62.80	
	Victory 10K	51:44	65.10	
	Wrigley 10K	51:23	65.55	
	Holiday Half	1:59:31	64.92	
	Gay Games 5K	26:15	61.64	
	<i>SF Full</i>	5:11:23	54.65	
	<i>Paris Full</i>	5:26:59	52.04	
	<i>LA Marathon</i>	5:29:04	51.71	
	<i>LB Pride 10K</i>	51:56	64.85	
	<i>Will Rogers 10K</i>	55:27	60.74	
	<i>Gay Games Full</i>	4:55:16	57.63	
	<i>M2B Full</i>	4:41:47	60.39	
	<i>Tiger Run 10K</i>	56:01	60.13	
	<i>Gay Games 10K</i>	54:09	62.20	
	<i>Catalina Full</i>	5:55:31	47.86	
	<i>Race on the Base 10K</i>	52:53	63.69	
	<i>LB Full</i>	5:15:45	53.89	
	<i>Revel Full</i>	5:11:39	54.60	

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	Carbuto continued			
	Verdugo 10K	68:26	49.22	
	LAFR 10K	52:24	64.28	
	Firecracker 10K	54:45	61.52	
	Bare Burro 5K	31:50	50.83	
	Boney Mtn 21K	2:40:15	48.17	
			380.96	63.49
16	Deo Jaravata			
	Spring Dash Full	3:50:59	65.82	
	Revel Full	3:29:55	72.42	
	Holiday Half	1:48:20	64.34	
	Nanny Goat 60 Miles	11:46:00	64.02	
	Bulldog 50K	6:42:54	47.79	
	SRLA 5K	23:17	62.84	
	Calico Trail 50K	6:14:09	51.01	
	Mother's Day Full	4:14:10	59.82	
	RnR SD Full	4:32:53	55.72	
	Operation Jack Full	4:05:28	61.94	
	LB Full	3:57:30	64.01	
	Milo Marathon	4:45:56	53.17	
	Independence Day 50K	7:00:00	45.85	
	Camarillo Full	5:11:39	48.36	
	Toronto Full	3:55:10	64.65	
	Santa Clarita Full	3:57:28	64.02	
	SRLA 15K	1:24:51	57.41	
	Catalina Eco	5:49:03	43.56	
	Diamond Lake Full	4:24:54	57.40	
	Lake Tahoe Full	4:36:57	54.90	
	GP Trail Full	5:15:05	48.26	
	Bandit 50K	7:08:22	44.56	
	Ventura Full	4:05:32	61.92	
	SOB Marathon	6:10:13	40.71	
			377.23	62.87
17	Brian Dunbar			
	SRLA 18 Mile	2:44:46	60.10	
	Holiday Half	2:06:02	56.75	
	LB Pride 10K	52:19	59.64	
	Gay Games 10K	50:53	61.32	
	Gay Games Half	1:51:24	64.21	
	Gay Games 5K	24:55	60.16	
	LA Marathon	4:49:11	53.53	
	LAFR 10K	53:18	58.54	
	SRLA 5K	30:32	49.09	
			362.18	60.36
18	Bill Winkelmann			
	LB Pride 5K	26:46	60.45	
	Gay Games 5K	27:49	58.17	
	LAFR 10K	59:58	56.17	
	Gay Games 10K	54:40	61.61	
	Gay Games Half	2:03:30	62.82	
	Gay Games 1500	7:07:58	60.38	
	LAFR 5K	29:03	55.70	
	Super Bowl 5K	29:46	54.36	
	SRLA 15K	1:31:11	54.78	
	Cypress 5K	28:42	56.38	
			359.60	59.93

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19	Raul Borja			
	LAFR 5K	23:20	57.22	
	LAFR 10K	49:31	56.12	
	Revel Full	3:44:03	61.89	
	Holiday Half	1:51:40	57.11	
	El Moro 50K	6:08:33	47.41	
	SM Venice 10K	47:06	59.43	
	GP Trail Full	4:56:02	46.61	
	Leona 50 Mile	12:06:27	44.45	
	LA Marathon	4:06:49	55.89	
	Verdugo 10K	66:49	41.59	
	Mt Baldy	2:05:46	26.23	
			339.18	56.53
20	Danny O'Hara			
	Leona 50 Mile	11:33:57	48.28	
	Death Valley Half	2:08:41	51.56	
	Revel Full	3:09:29	76.19	
	Harding Hustle 50K	5:30:45	54.82	
	San Diego 50 Mile	10:00:59	55.75	
	Kodiak 50 Mile	10:57:00	51.42	
	Catalina Eco	5:00:47	47.99	
			338.02	56.34
21	Patrick Conner			
	Boney Mtn 21K	2:31:37	40.81	
	LA Marathon 13.3 Relay	2:07:42	49.51	
	LB Pride 10K	51:24	52.65	
	Victory 10K	49:13	54.98	
	Chesebro Half	2:09:07	48.16	
	Pt. Mugu 11K	1:17:14	40.62	
	Firecracker 10K	53:15	50.82	
	Topanga Turkey 15K	1:47:54	40.15	
	LAFR 10K	51:58	52.07	
			286.73	47.79
22	Mike Smith			
	New Year's Half	2:27:55	44.13	
	Holiday Half	2:12:51	49.54	
	SRLA 18 Mile	3:09:50	47.94	
	LA Marathon	5:43:55	41.62	
	SRLA 5K	26:28	52.35	
	SRLA 15K	1:35:09	46.41	
			281.99	47.00
23	Jason Coleman			
	M2B 5K	29:56	44.93	
	Firecracker 5K	31:28	42.74	
	Summer 10K	64:30	43.40	
	Culver City 10K	64:08	43.65	
	LA Marathon 13.3 Relay	2:25:20	44.54	
	Reindeer Run Half	2:34:40	41.55	
	Avengers Half	2:38:39	40.19	
	Surf City 10 Mile	2:01:48	39.49	
	LB Half	2:53:18	36.80	
	Winter Blast 10K	1:19:13	35.34	
	Tinker Bell 10K	72:55	38.39	
	Downtown Turkey 10K	68:42	40.75	
	Turkey Dash 10K	1:35:25	29.34	
	Holiday Half	2:43:52	39.22	
	OC Half	2:35:38	40.97	
	Giving Thanks 10K	1:16:21	36.66	
	Paramount Ranch 10K	1:51:14	25.35	

LAFR Champions Race Detail 2014 FINAL

	Coleman continued			
	Bare Burro 5K	43:58	30.59	
	Operation Jack Full	6:36:38	35.21	
	Will Rogers 10K	73:17	38.20	
	LAFR 10K	65:32	42.71	
	A Better World 10K	1:11:03	39.04	
	Wine & Dine Half	2:49:14	37.68	
	Shoreline 10K	69:12	40.45	
	Coaster Run 10K	64:51	43.16	
	LB Pride 10K	66:44	41.95	
	Jet to Jetty	1:14:45	37.62	
	Victory 10K	68:23	40.93	
	Valentine's 5K	34:45	38.70	
	Summers End 10K	70:04	39.95	
	Dolphin Dash 10K	69:18	40.39	
	Manhattan Beach 10K	74:15	37.70	
	Octoberfest 10K	68:42	40.75	
	Marvelous Run 10K	68:48	40.69	
	USC Quench the Fire 10K	68:13	41.03	
			260.81	43.47
24	Mark DeAngelis			
	LA Marathon	3:46:53	67.01	
	M2B Full	3:39:32	69.26	
	Downtown Turkey 10K	41:51	73.35	
	LAFR 5K	21:01	69.62	
	PS Half	1:39:13	70.26	
			349.50	69.90
25	Randy Levinson			
	M2B Full	3:37:37	76.67	
	Hwd Half	1:39:53	75.54	
	Boney Mtn 21K	2:52:01	43.65	
	Super Bowl 10K	45:32	72.05	
	OC Half	1:41:44	74.16	
			342.07	68.41
26	Jorge Santana Corona			
	LA Marathon	3:41:13	62.12	
	SF Full	3:39:53	62.49	
	LAFR 5K	19:35	66.94	
	LAFR 10K	43:18	63.02	
	Hollywood Half	1:36:12	64.89	
			319.46	63.89
27	John McGuinness			
	LA Marathon	3:29:17	67.28	
	Ventura Full	3:49:00	61.49	
	LB Pride 10K	46:30	61.10	
	Will Rogers 10K	47:30	59.81	
	LB Half	1:46:00	61.59	
			311.27	62.25
28	David Gonzalez			
	LA Marathon	3:41:51	61.94	
	Holiday Half	1:42:42	60.78	
	Healdsburg Half	1:46:41	58.52	
	LB Pride 10K	46:24	58.81	
	LAFR 10K	45:39	59.77	
	Will Rogers 10K	48:40	56.07	
	Burbank 10K	47:18	57.69	
	SF Half	1:48:54	57.33	
			299.82	59.96

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29	Rob Chen			
	LAFR 10K	52:54	52.17	
	SF Half	1:49:29	57.50	
	LB Half	1:49:18	57.93	
	Gay Games 5K	22:59	57.69	
	Gay Games 10K	48:05	57.40	
			282.69	56.54
30	Albert Giang			
	Greenway 10K	50:13	55.34	
	Burbank 10K	49:58	55.62	
	LA Marathon 13.3 Relay	2:01:15	52.69	
	M2B Half	1:58:00	53.66	
	Gay Games Half	1:51:28	56.81	
	LAFR 10K	53:17	52.15	
	LB Pride 10K	51:29	53.98	
			274.12	54.82
31	Doug Jones			
	LA Marathon	6:34:20	41.11	
	LB Pride 10K	76:55	41.94	
	Will Rogers 10K	85:40	37.65	
	Ventura Half	2:54:04	42.96	
	LB Half	3:03:03	40.85	
			204.51	40.90
32	Carl Maravilla			
	Gay Games 5K	24:43	61.66	
	LAFR 5K	19:41	77.42	
	Victory 10K	43:03	73.68	
	LB Pride 10K	41:35	76.28	
	Verdugo 10K	55:16	57.39	
	Gay Games 10K	43:33	72.83	
	Bare Burro 5K	24:57	61.08	
			289.04	72.26
33	Ted Wyder			
	Sf Half	1:40:02	65.27	
	Gay Games Half	1:40:41	64.84	
	Gay Games 10K	45:16	63.24	
	Gay Games 5K	22:54	60.06	
			253.41	63.35
34	Dan Vu			
	LB Pride 10K	49:19	56.76	
	Gay Games 10K	49:08	56.97	
	Gay Games 5K	24:20	55.27	
	Gay Games Half	1:53:21	56.26	
	LAFR 10K	50:12	55.76	
			225.26	56.32
35	Jeff Lymburner			
	LAFR 10K	41:48	75.88	
	Bare Burro 5K	26:03	58.50	
	Kendall Mtn 12 Mile	2:40:03	41.82	
	Imogene Pass 17.1	3:35:32	45.11	
			221.31	55.33

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36	David Grudzien			
	NC Twilight 5K	28:13	54.92	
	Vinings 5K	27:02	57.33	
	LB Pride 10K	59:22	54.33	
	ATC Cartersville 10K	59:10	54.52	
	<i>Peachtree 10K</i>	61:02	52.85	
	<i>Intown 10K</i>	62:02	52.00	
	<i>Hotlanta Half</i>	2:40:32	46.16	
	<i>Atlanta Half</i>	2:57:38	41.71	
	<i>iRecycle Half</i>	2:32:46	48.50	
	<i>Disney Land Half</i>	2:27:16	50.32	
	<i>Jeff Galloway Half</i>	2:30:00	49.84	
	<i>Ole Man River Half</i>	2:31:41	49.30	
	<i>Rockin with Santa Half</i>	2:47:24	44.67	
	<i>Resolution 5K</i>	29:11	53.10	
	<i>Resolution 5K</i>	28:16	54.83	
	<i>ATC Jog Days 5K</i>	29:25	52.68	
	<i>Atlanta's Finest 5K</i>	29:13	53.04	
	<i>Ft. Lauderdale Half</i>	2:27:41	50.17	
	<i>Savin Rock Half</i>	2:28:28	49.91	
	<i>Riverboat Day 1 Half</i>	2:59:02	41.38	
	<i>Riverboat Day 2 Half</i>	2:39:15	46.53	
	<i>Riverboat Day 3 Half</i>	2:37:26	47.06	
	<i>Riverboat Day 4 Half</i>	3:08:29	39.31	
	<i>Riverboat Day 5 Half</i>	2:47:27	44.25	
	<i>Mustang Half</i>	2:36:24	47.38	
	<i>Garmin Oz Half</i>	2:26:49	50.46	
	<i>The Gambler Half</i>	2:39:57	46.33	
	<i>Harper's Ferry Half</i>	3:00:00	41.16	
	<i>Delaware Running Fest Half</i>	2:37:02	47.19	
	<i>Run With History Half</i>	2:24:23	51.31	
	<i>Diva's Atlanta Half</i>	2:49:57	43.60	
	<i>Hibiscus Half</i>	2:31:54	48.77	
	<i>Sunburst Half</i>	2:33:11	48.36	
	<i>Dexter-Ann Arbor Half</i>	2:33:40	48.22	
	<i>Bootlegger Half</i>	2:42:05	45.72	
	<i>Rock the Park Half</i>	2:47:19	44.28	
	<i>RnR USA Half</i>	2:28:41	49.83	
	<i>Publix GA Half</i>	2:33:05	48.39	
	<i>Shamrock Half</i>	2:34:49	47.86	
	<i>Hollywood Half</i>	2:36:02	47.48	
	<i>Mayors Midnight Half</i>	2:47:17	44.29	
	<i>NY Pride 5 Mile</i>	53:32	47.87	
	<i>Catamount Half</i>	2:38:33	46.74	
	<i>Rockin the LP Half</i>	2:26:08	50.70	
	<i>Jamestown Half</i>	2:33:10	48.37	
	<i>Shipyards Half</i>	2:54:16	42.51	
	<i>YMCA 4 Mile</i>	40:36	49.86	
	<i>Palm Springs Half</i>	2:37:37	47.01	
	<i>Disney World Half</i>	2:41:38	45.84	
	<i>NC Half</i>	2:41:57	45.75	
	<i>Talladega Half</i>	2:33:13	48.35	
	<i>HITS Half</i>	2:17:11	54.01	
	<i>HITS 5K</i>	35:17	43.92	
	<i>HITS 10K</i>	1:41:44	31.71	
	<i>Rocktoberfest Half</i>	2:50:28	43.46	
	<i>Mizuno Half</i>	2:28:13	49.99	
	<i>Michelob 13.1</i>	2:48:42	43.92	
			221.10	55.28

LAFR Champions Race Detail 2014 FINAL

37	Mong Noiboonsook				
	SRLA 18 Mile	2:56:03	56.25		
	Bare Burro 5K	30:38	48.93		
	LAFR 5K	25:17	59.29		
	Seal Beach 10K	60:27	51.20		
			215.67		53.92
38	Moises Medina				
	SRLA 18 Mile	2:03:33	75.50		
	Rocket City	3:04:31	79.57		
	SR Full	3:01:05	80.39		
	<i>Boston Full</i>	3:09:15	76.92		
			235.46		78.49
39	John Kawaharada				
	SOB 50 Mile	10:51:55	52.72		
	SF Full	3:41:07	66.98		
	Boston Full	3:43:54	65.58		
	<i>M2B Full</i>	3:49:30	64.54		
			185.28		61.76
40	Richard Peng				
	Victory 10K	50:22	56.83		
	LAFR 10K	50:45	56.83		
	LA Marathon 12.9 Relay	1:52:26	57.09		
	<i>Firecracker 10K</i>	52:08	54.91		
			170.75		56.92
41	Tommy Ho				
	New Year's Half	2:09:31	50.41		
	LA Marathon	5:33:34	42.56		
	LAFR 10K	57:01	50.20		
			143.17		47.72
42	Chris Tapper				
	Bare Burro 5K	41:42	34.53		
	LAFR 5K	31:38	45.52		
	LAFR 10K	78:04	38.39		
			118.44		39.48
43	Richard Nelson				
	LAFR 5K	23:34	72.50		
	LB Pride 5K	23:39	72.25		
	<i>Victory 5K</i>	24:15	70.46		
	<i>Will Rogers 5K</i>	24:34	69.55		
			144.75		72.38
44	Mike Heredia				
	Firecracker 10K	38:06	70.81		
	LAFR 10K	37:52	71.46		
			142.27		71.14
45	Sean O'Brien				
	Catalina Eco	4:07:30	62.55		
	Death Valley Full	3:24:52	75.56		
			138.11		69.06
46	Martin Carlson				
	LAFR 10K	48:24	65.53		
	LAFR 5K	21:37	70.50		
			136.03		68.02
47	Kent Hamilton				
	LAFR 5K	21:54	64.74		
	LAFR 10K	52:16	56.46		
			121.20		60.60

LAFR Champions Race Detail 2014 FINAL

48	Jim Martinez				
		LB Pride 5K	26:58	59.48	
		LAFR 5K	27:21	58.64	
		<i>Firecracker 5K</i>	29:21	54.65	
		<i>Bare Burro 5K</i>	37:09	43.17	
				118.12	59.06
49	Jeff Masino				
		SF Half	2:01:05	57.09	
		LA Marathon 13.3 Relay	2:03:29	56.82	
				113.91	56.96
50	Eric Fischer				
		LAFR 5K	27:37	60.19	
		Tiger Run 5K	31:33	53.16	
				113.35	56.68
51	Henry Jung				
		LAFR 5K	26:56	54.32	
		Downtown Turkey 10K	53:07	57.79	
				112.11	56.06
52	Matthew Ware				
		LAFR 5K	23:08	55.90	
		LAFR 10K	50:01	53.82	
				109.72	54.86
53	Andrew Sanchez				
		LA Marathon	5:56:18	44.24	
		LAFR 10K	51:38	60.93	
				105.17	52.59
54	Henri Faucher				
		Gay Games 5K	30:10	50.52	
		Gay Games 10K	58:08	54.56	
				105.08	52.54
55	John Yong				
		Bare Burro 5K	28:58	44.88	
		LAFR 5K	22:51	56.90	
				101.78	50.89
56	Drew Brabb				
		Bare Burro 5K	36:46	39.79	
		LAFR 5K	26:43	54.76	
				94.55	47.28
57	Steven Morchak				
		LAFR 5K	34:13	44.54	
		Gay Games 5K	33:23	46.65	
				91.19	45.60
58	Brad Maury				
		LAFR 10K	42:27	68.45	
				68.45	68.45
59	Duane Howard				
		LAFR 5K	19:40	66.36	
				66.36	66.36
60	Richard Allison				
		LAFR 10K	46:23	65.65	
				65.65	65.65
61	Charlie Holmes				
		LAFR 5K	25:39	62.53	
				62.53	62.53
62	Michael Carter				
		LAFR 10K	47:02	62.26	
				62.26	62.26

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63	Ran Mullins				
		LAFR 10K	53:19	58.04	
				58.04	58.04
64	Piyush Prakash				
		LA Marathon	3:59:09	57.45	
				57.45	57.45
65	Nelson White				
		LAFR 5K	23:39	57.29	
				57.29	57.29
66	Kevin Shiramizu				
		Gay Games 5K	24:16	56.25	
				56.25	56.25
67	Juan Moreno				
		LAFR 5K	26:09	55.95	
				55.95	55.95
68	Augie Robles				
		LAFR 5K	27:12	53.36	
				53.36	53.36
69	Alex Grosko				
		LAFR 10K	54:55	53.32	
				53.32	53.32
70	Lui Sanchez				
		LAFR 5K	28:37	52.81	
				52.81	52.81
71	Jason Bautista				
		LAFR 10K	51:45	52.73	
				52.73	52.73
72	Jeff Bennett				
		Bare Burro 5K	28.18	52.54	
				52.54	52.54
73	Bradley Henkle				
		LAFR 5K	26:33	52.19	
				52.19	52.19
74	Jose Castillo				
		LB Pride 5K	25:27	51.79	
				51.79	51.79
75	Richard West				
		Tiger Run 5K	32:45	51.69	
				51.69	51.69
76	Mark Grumet				
		LAFR 5K	31:47	50.91	
				50.91	50.91
77	Seth Diamond				
		Paramount Ranch Half	2:25:07	48.45	
				48.45	48.45
78	Adian Bewley				
		LA Marathon 13.3 Relay	2:23:57	46.78	
				46.78	46.78
79	Bill Walsky				
		Cypress 5K	36:42	45.29	
				45.29	45.29
80	Gary Iem				
		LA Marathon	5:27:03	42.01	
				42.01	42.01
81	Rich Crook				
		Bare Burro 5K	34:44	41.46	
				41.46	41.46

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82	Jim Sullivan			
	Mt Baldy	1:26:36	38.66	
			38.66	38.66
83	Robb Briggs			
	Bare Burro 5K	36:48	38.53	
			38.53	38.53

LAFR Champions Race Detail 2014 FINAL

Rank	WOMEN			AVG
1	Karen Adams			
	LAFR 5K	26:34	66.38	
	Coastal 5K	29:04	60.67	
	SOB Full	7:34:38	41.04	
	Sharks 10K	54:57	65.78	
	Victory 10K	56:35	63.88	
	Disneyland Half	2:22:32	58.55	
	<i>Cinco de Mayo 10K</i>	<i>56:50</i>	<i>63.60</i>	
	<i>LB Pride 10K</i>	<i>57:06</i>	<i>63.30</i>	
	<i>Agoura 10K</i>	<i>57:41</i>	<i>62.66</i>	
	<i>LAFR 10K</i>	<i>59:05</i>	<i>61.18</i>	
	<i>Xterra 10K</i>	<i>66:44</i>	<i>54.16</i>	
	<i>Ft. Wayne 10K</i>	<i>62:50</i>	<i>58.28</i>	
	<i>Rat City 10K</i>	<i>62:45</i>	<i>58.36</i>	
			356.30	59.38
2	Margie Gonzales			
	New Year's Half	3:03:59	47.88	
	Revel Half	2:56:31	50.61	
	SD Pride 5K	40:12	47.58	
	LA Marathon 5K	42:19	45.20	
	Shamrock 10K	1:20:36	48.64	
	Dolphin Dash 10K	1:16:16	51.40	
	<i>Seaside Half</i>	<i>3:17:41</i>	<i>44.56</i>	
	<i>LB Half</i>	<i>3:17:52</i>	<i>45.15</i>	
	<i>M2B Half</i>	<i>3:07:18</i>	<i>47.69</i>	
	<i>Ventura Half</i>	<i>3:21:58</i>	<i>44.23</i>	
			291.31	48.55
3	Kathleen Curley			
	LAFR 10K	52:21	62.18	
	Gay Games Half	1:49:44	67.60	
			129.78	64.89
4	Ruthanne Salido			
	RAD 10K	57:56	62.39	
	Jazz Half	2:10:51	62.95	
			125.34	62.67
5	Tanya Haney			
	RAD 10K	57:46	55.40	
	Jazz Half	2:06:47	57.52	
			112.92	56.46
6	JD Rouan			
	LAFR 5K	25:26	58.96	
	LAFR 10K	58:54	52.18	
			111.14	55.57
7	Yumi Afrento			
	Tiger Run 5K	36:27	45.99	
	Jet to Jetty 5K	38:54	43.10	
	<i>Boston 5K</i>	<i>39:39</i>	<i>41.77</i>	
			89.09	44.55
8	Regina Robinson			
	Surf City 5K	45:12	35.47	
	LB Half	3:46:12	33.11	
			68.58	34.29
9	Bernadette Greene			
	LA Marathon	4:46:16	59.49	
			59.49	59.49

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10	Kelly Perigoe				
	LA Marathon 12.9 Relay	1:57:32	57.84		
			57.84	57.84	
11	Katrina Klaasmeyer				
	LAFR 5K	35:55	41.92		
			41.92	41.92	
12	Lee Miller				
	LA Marathon	6:58:04	38.35		
			38.35	38.35	
13	Keeley Webster				
	Revel Half	3:27:34	36.16		
			36.16	36.16	
14	Cat White				
	Revel Half	3:27:36	35.42		
			35.42	35.42	

LAFR Champions Race Detail 2014 FINAL

Rank	WALKER			AVG
1	Deo Jaravata			
	LA Marathon	5:25:25	64.82	
	SoCal Half	2:31:51	62.33	
	LAFR 5K	32:46	62.05	
	SRLA 18 Mile	3:35:42	61.98	
	Mt SAC Relays 10K	1:07:42	61.76	
	Mt SAC Relays 5K	32:57	61.71	
	<i>RnR SF Half</i>	<i>2:35:45</i>	<i>61.26</i>	
	<i>New Year's Half</i>	<i>2:36:49</i>	<i>60.35</i>	
	<i>Miracle Mile 1 Mile Race</i>	<i>10:33</i>	<i>59.72</i>	
	<i>LA River Fun Run</i>	<i>48:00</i>	<i>42.36</i>	
			374.65	62.44
2	Bill Walsky			
	Surf City Full	7:07:50	55.25	
	M2B Half	3:18:17	54.42	
	Santa Clarita Half	3:20:37	54.36	
	LB Half	3:23:15	53.66	
	OC Half	3:25:59	52.38	
	Ventura Half	3:29:56	51.94	
	<i>Village Runner 5K</i>	<i>46:18</i>	<i>50.49</i>	
	<i>LAFR 5K</i>	<i>46:12</i>	<i>50.06</i>	
			322.01	53.67
3	Patricia Bates			
	LAFR 5K	40:43	64.54	
			64.54	64.54
4	Lee Lightfoot			
	LAFR 5K	42:35	58.82	
			58.82	58.82
5	Keeley Webster			
	LAFR 5K	51:35	41.46	
			41.46	41.46
6	Cat White			
	LAFR 5K	51:35	40.80	
			40.80	40.80
7	Regina Robinson			
	LAFR 5K	56:16	38.32	
			38.32	38.32
8	Tomas Tiangco			
	LAFR 5K	55:55	35.77	
			35.77	35.77