

## LAFR Champions Race Detail 2026 as of 4/7

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Rank	MEN			AVG
1	<b>Carlos Vizcarra</b>			
	LA Marathon	2:59:52	83.82	
	Cairo Half	1:24:33	82.05	
			<b>165.87</b>	<b>82.94</b>
2	<b>Satoshi Ono</b>			
	Rose Bowl Half	1:32:01	74.74	
	LA Marathon	3:15:51	76.26	
	Surf City Half	1:29:34	76.79	
			<b>227.79</b>	<b>75.93</b>
3	<b>Jack Schaedel</b>			
	Ventura Full	3:29:46	73.93	
			<b>73.93</b>	<b>73.93</b>
4	<b>Bernie Tan</b>			
	PD Half	1:33:46	78.18	
	PS Health 10K	45:21	69.63	
	Milanovich 5K	22:31	69.29	
			<b>217.10</b>	<b>72.37</b>
5	<b>Bill Austin</b>			
	V-Day 10K	48:34	72.13	
			<b>72.13</b>	<b>72.13</b>
6	<b>Amado Ulloa</b>			
	Rose Bowl Half	1:38:15	71.90	
			<b>71.90</b>	<b>71.90</b>
7	<b>Jose Hernandez</b>			
	LA Marathon	3:10:36	70.05	
			<b>70.05</b>	<b>70.05</b>
8	<b>Walter Lovato</b>			
	Firecracker 10K	50:24	66.21	
	LA Marathon	4:01:55	69.43	
			<b>135.64</b>	<b>67.82</b>
9	<b>Mark DeAngelis</b>			
	PD Half	1:50:27	68.32	
	PS Health 5K	23:41	67.60	
	Milanovich 5K	25:03	63.91	
			<b>199.83</b>	<b>66.61</b>
10	<b>Jeremy Yoder</b>			
	GP Trail Half	1:39:25	64.59	
			<b>64.59</b>	<b>64.59</b>
11	<b>Henry Jung</b>			
	PD Half	1:57:34	64.19	
	PS Health 5K	25:48	62.05	
			<b>126.24</b>	<b>63.12</b>
12	<b>Tyler Long</b>			
	PD Half	1:45:22	63.03	
			<b>63.03</b>	<b>63.03</b>
13	<b>Ron Perez</b>			
	Rose Bowl Half	2:01:13	62.84	
			<b>62.84</b>	<b>62.84</b>
14	<b>Kyle Schmitz</b>			
	Rose Bowl Half	1:37:57	63.98	
	LA Marathon	3:43:16	60.72	
			<b>124.70</b>	<b>62.35</b>

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<b>15</b>	<b>Martin Carlson</b>			
	Rose Bowl Half	2:08:29	61.10	
			<b>61.10</b>	<b>61.10</b>
<b>16</b>	<b>Chad Pratt</b>			
	Rose Bowl Half	2:10:48	58.24	
			<b>58.24</b>	<b>58.24</b>
<b>17</b>	<b>Jonathan Whitfield</b>			
	Firecracker 10K	52:53	58.14	
			<b>58.14</b>	<b>58.14</b>
<b>18</b>	<b>Manny Camargo</b>			
	LA Marathon	4:46:27	58.04	
			<b>58.04</b>	<b>58.04</b>
<b>19</b>	<b>Raul Jaramillo</b>			
	Firecracker 10K	46:40	61.59	
	LA Marathon	4:33:08	52.73	
			<b>114.32</b>	<b>57.16</b>
<b>20</b>	<b>Will Alsina</b>			
	Rose Bowl Half	1:48:59	55.42	
			<b>55.42</b>	<b>55.42</b>
<b>21</b>	<b>Loc Tran</b>			
	Firecracker 10K	56:20	55.06	
			<b>55.06</b>	<b>55.06</b>
<b>22</b>	<b>Steve Gerschultz</b>			
	Avalon 50 Mile	12:43:26	52.80	
			<b>52.80</b>	<b>52.80</b>
<b>23</b>	<b>Viktor Toth</b>			
	Avalon 50K	6:14:49	51.26	
	SOB 30K	3:54:10	44.54	
	Catalina 10K	49:07	61.53	
			<b>157.32</b>	<b>52.44</b>
<b>24</b>	<b>Deo Jaravata</b>			
	Catalina Full	6:27:46	42.44	
	Cluj Full	4:44:05	57.92	
	Run Tomorrow 3.5	30:00	59.84	
	Milo 21K	2:37:56	47.08	
	<i>Rome Full</i>	5:03:34	54.21	
	<i>Dubai Full</i>	5:04:42	53.46	
	<i>Antalya Full</i>	5:10:28	53.00	
	<i>Muscat Full</i>	5:30:00	49.36	
	<i>Doha Full</i>	5:52:45	46.18	
	<i>Vatican Express Full</i>	6:11:09	44.33	
	<i>Leptis Magna Full</i>	6:13:01	43.67	
			<b>207.28</b>	<b>51.82</b>
<b>25</b>	<b>Jonathan Chu</b>			
	LA Marathon	4:25:58	49.87	
			<b>49.87</b>	<b>49.87</b>
<b>26</b>	<b>Bill Winkelmann</b>			
	V-Day 10K	1:18:17	47.29	
			<b>47.29</b>	<b>47.29</b>
<b>27</b>	<b>John Miles</b>			
	Catalina Full	5:58:29	45.90	
			<b>45.90</b>	<b>45.90</b>

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<b>28</b>	<b>David Grudzien</b>			
	Chattahoochee 5K	33:17	51.25	
	Run Reagan 10K	1:27:29	40.04	
			<b>91.29</b>	<b>45.65</b>
<b>29</b>	<b>Jeff Graham</b>			
	Tejon Ranch 11K	1:18:15	43.74	
			<b>43.74</b>	<b>43.74</b>

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<b>Rank</b>	<b>WOMEN</b>			<b>AVG</b>
<b>1</b>	<b>Christy Matson</b>			
	Rose Bowl Half	1:37:04	75.11	
	Ventura Half	1:30:44	80.35	
			<b>155.45</b>	<b>77.73</b>
<b>2</b>	<b>Amy Zheng</b>			
	Firecracker 10K	45:47	72.86	
			<b>72.86</b>	<b>72.86</b>
<b>3</b>	<b>Lety Rodriguez</b>			
	Rose Bowl Half	2:10:31	70.25	
	LA Marathon	4:56:59	64.93	
			<b>135.18</b>	<b>67.59</b>
<b>4</b>	<b>Laura Howe</b>			
	Firecracker 10K	53:32	66.94	
			<b>66.94</b>	<b>66.94</b>
<b>5</b>	<b>Elizabeth Bonin-Guzman</b>			
	Ventura Full	4:22:35	66.50	
			<b>66.50</b>	<b>66.50</b>
<b>6</b>	<b>Louisa Hill</b>			
	LA Marathon	3:52:35	62.90	
			<b>62.90</b>	<b>62.90</b>
<b>7</b>	<b>Adik Nersesian</b>			
	LA Marathon	4:11:45	60.49	
			<b>60.49</b>	<b>60.49</b>
<b>8</b>	<b>Ruby Siehl</b>			
	LA Marathon	4:01:05	59.95	
			<b>59.95</b>	<b>59.95</b>
<b>9</b>	<b>Olivia Correia</b>			
	LA Marathon	4:09:12	59.19	
			<b>59.19</b>	<b>59.19</b>
<b>10</b>	<b>Sumalee Sangsurasak</b>			
	Rose Bowl Half	2:14:12	61.28	
	LA Marathon	5:12:36	55.86	
			<b>117.14</b>	<b>58.57</b>
<b>11</b>	<b>Nancy Canela</b>			
	Avalon 50K	6:21:55	49.53	
	LA Marathon	3:49:40	65.41	
			<b>114.94</b>	<b>57.47</b>
<b>12</b>	<b>Peachy Poso</b>			
	Avalon 50 Mile	11:35:52	56.36	
			<b>56.36</b>	<b>56.36</b>
<b>13</b>	<b>Lexi Serna</b>			
	Rose Bowl Half	1:57:20	56.27	
			<b>56.27</b>	<b>56.27</b>
<b>14</b>	<b>Thelma Lovato</b>			
	Firecracker 10K	61:40	57.41	
	LA Marathon	5:45:08	49.91	
			<b>107.32</b>	<b>53.66</b>
<b>15</b>	<b>Donna Martin</b>			
	Firecracker 10K	1:19:09	52.42	
			<b>52.42</b>	<b>52.42</b>

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Rank	WALKER			AVG
1	Deo Jaravata			
	LA Marathon	6:04:09	63.60	
	Ayala Full	6:01:19	63.65	
			<b>127.25</b>	<b>63.63</b>