

LAFR Grand Prix Series Age Group Standings FINAL 2011

Detailed Standings Below, R = No. of Races

Rank	Age Group	R	Score	Rank	Age Group	R	Score	Rank	Age Group	R	Score
	M20-29				M40-44 continued				M55-59 continued		
1	Luis Aguilar	3	445	15	Richard Korn	1	110	6	Stewart Gonshorek	2	200
2	Scott Flanary	3	320	16	Michael Gifford	1	90	7	Neil Johnson	2	130
3	Piyush Prakash	2	230	17	Rich Crook	2	80	8	Mike Carbutto	1	120
4	Riley Turcott	1	120		Kerry Quakenbush	1	80		Tom Haskins	1	120
5	Tanner Stransky	1	110		Jeffery Wiggins	1	80	10	Rusty Millar	1	115
	Gary Iem	1	110	20	Rex Boone	1	70	11	Jim Martinez	1	100
	Ryan Bailon	1	110	21	Ed Stanley	1	50	12	Jeff Cronin	1	80
				22	Stephen Germain	1	40	13	Phil Amato	1	70
	M30-34										
1	Wadley	5	710		M45-49				M60+		
2	Mike Kerkman	5	615	1	Sean O'Brien	6	810	1	Richard Nelson	6	785
3	William Korthof	5	575	2	Angus Kennedy	6	760	2	Bill Walsky	6	625
4	Jose Castillo	4	360	3	Deo Jaravata	6	720	3	David Dassey	2	235
5	Robert Chen	3	320	4	Paul Jacoy	6	610	4	Eric Fischer	2	215
6	Brian Krogmann	1	125	5	Sergio Casillas	5	605	5	Richard West	2	190
7	Matthew Siegle	1	110	6	Juan Moreno	4	325	6	Gerry Orcholski	1	115
8	Jorge S Corona	1	100	7	Mark DeAngelis	3	310	7	Jerry Weyer	1	100
9	Albert Giang	1	90	8	Henry Jung	3	270	8	Dale Beldin	1	60
10	Jason Bautista	1	70	9	Terry Finestein	2	205				
					Mark Jones	2	205				
	M35-39			11	Michael Whitehead	1	150				
1	Carlos Vizcarra	6	780	12	Augie Robles	1	105		F20-29		
2	John McGuinness	6	770	13	Mark Brunetz	1	100	1	Giselle Nguyen	1	236
3	Mike Smith	6	675		Gary Braitman	1	100	2	Stephanie Collins	1	120
4	Richard Peng	4	400		Seth Diamond	1	100				
5	Ted Wyder	3	335		Eric Gober	1	100		F30-39		
6	Brad Maury	2	210	17	Brian Dunbar	1	80	1	Tanya Haney	2	230
7	Mike Reynolds	2	205	18	John Miranda	1	70				
8	Mike Murphy	2	185	19	Tim Chung	1	50		F40-49		
9	Jonathan Toker	1	150	20	Sam Zoda	1	40	1	Sara Croft	6	745
10	Dan Vu	2	130		Seth Eskigian	1	40	2	Marilyn Jackson	6	705
11	Ryan Timmreck	1	125		Jeff Masino	1	40	3	Regina Robinson	6	625
12	Alvin Magpantay	1	110					4	Kristi Twilley	2	200
13	Michael Ferretti	1	90		M50-54			5	Keeley Webster	2	190
14	Don Formanek	1	70	1	Reg Willson	6	705	6	Cat White	2	180
15	Eddie Flores	1	60	2	Doug Jones	6	685	7	Christine Curtin	1	125
16	Kevin Shiramizu	1	50	3	Carl Maravilla	5	650	8	Areana Tate	1	80
				4	Patrick Owen	4	415				
	M40-44			5	Ric Munoz	4	390		F50-59		
1	Mark Johnson	6	760	6	Mike Kezsely	3	310	1	Stephanie Stone	6	765
2	Bernie Tan	6	750	7	Jeff Lymburner	2	270	2	Margie Gonzales	6	750
3	Moises Medina	6	715	8	Henri Faucher	2	165	3	Allyne Winderman	2	235
4	Robb Briggs	6	615	9	Bill Austin	2	160				
5	Ely Yaron	5	540	10	Jim Phillips	1	110		F60+		
6	Bruce Bair	3	365	11	Lui Sanchez	1	100	1	Patricia Bates	2	255
7	John Kawaharada	4	340	12	Phil Scanlon	1	90	2	Maggie Williams	1	135
8	Gardner Delano	3	260	13	Steve Frybarger	1	70	3	Connie Hammen	1	115
9	Eric Alvarez	2	250								
10	Bibi Silvas	3	230		M55-59						
11	Jon Wasser	2	200	1	Andrew Wissmiller	6	825				
12	Frank Jacoy	3	190	2	Paul Williams	6	710				
13	Phillip Giarratano	2	170	3	Bill Winkelmann	6	685				
14	Linwood Fullam	1	130	4	Dan Graham	4	465				
				5	Geoff Buck	3	300				

LAFR Age Group Detail 2011 FINAL

Rank	M3539			Rank	M3539		
1	Carlos Vizcarra			6	Brad Maury		
	Buffalo Half	1:28:16	150		LA Mar 5K	20:38	95
	LA Marathon	2:53:32	110		Long Beach 10K	40:19	115
	Long Beach 5K	17:11	140				210
	Palisades 5K	16:26	125	7	Mike Reynolds		
	LAFR 5K	17:03	140		LAFR 5K	20:23	100
	Solstice 5K	28:28	115		PSFR 5K	21:46	105
			780				205
2	John McGuinness			8	Mike Murphy		
	LAFR Ultra	1:02:09	145		LA Marathon	5:15:58	70
	SM Mtns 30K	2:58:47	135		Sycamore 30K	3:02:37	115
	Victory 10K	40:48	125				185
	LAFR 10K	42:34	125	9	Jonathan Toker		
	13.1 Half	1:31:10	120		Sycamore 30K	2:24:19	150
	LA Marathon	3:06:56	120				150
	Half of the Harbors	1:31:01	120	10	Dan Vu		
	LAFR 5K	19:35	115		LAFR 5K	24:36	50
	SC Half	1:29:25	120		PSFR 5K	25:12	80
			770				130
3	Mike Smith			11	Ryan Timmreck		
	RnR Half	2:04:43	120		Buffalo 5K	25:46	125
	Long Beach 10K	48:37	115				125
	SoCal Half	1:58:57	110	12	Alvin Magpantay		
	SRLA 18	2:51:12	110		LB Half	1:48:49	110
	Alive & Running	24:12	110				110
	Holiday Half	2:07:42	110	13	Michael Ferretti		
	LA Marathon	5:06:17	100		LAFR 10K	58:44	90
			675				90
4	Richard Peng			14	Don Formanek		
	13.1 Half	1:51:58	110		LAFR 5K	21:28	70
	Firecracker 10K	52:28	110				70
	LAFR 10K	50:19	100	15	Eddie Flores		
	PSFR 5K	25:17	80		PSFR 5K	25:34	60
			400				60
5	Ted Wyder			16	Kevin Shiramizu		
	Pasadena Half	1:37:29	130		LAFR 5K	25:09	50
	LAFR 5K	21:05	80				50
	PSFR 5K	21:42	125				
			335				

LAFR Age Group Detail 2011 FINAL

Rank	M4044			Rank	M4044		
1	Mark Johnson			8	Gardner Delano		
	13.1 Half	1:22:31	135		Firecracker 10K	52:11	100
	LA Marathon	2:57:28	120		LAFR 10K	49:32	60
	Long Beach 10K	38:09	150		PSFR 5K	25:42	100
	Palisades 5K	17:47	115				260
	LAFR 10K	38:55	125	9	Eric Alvarez		
	SM 10K	39:08	115		Palisades 5K	17:08	125
			760		LAFR 5K	18:17	125
2	Bernie Tan						250
	Sycamore 30K	3:17:01	135	10	Bibi Silvas		
	Alive & Running	19:39	135		Rose Bowl Half	1:56:58	100
	RnR Half	1:35:09	130		LA Marathon	4:24:46	80
	SM Mtns 18K	1:48:17	115		LAFR 10K	51:54	50
	LAFR Ultra	1:05:15	120				230
	Malibu Creek 10K	56:10	115	11	Jon Wasser		
	Verdugo 10K	58:45	100		LA Marathon	3:53:32	110
	LAFR 10K	44:19	100		PSFR 5K	23:20	90
	LAFR 5K	20:56	90				200
			750	12	Frank Jacoy		
3	Moises Medina				Firecracker 10K	54:58	90
	LAFR 10K	41:32	100		LAFR 10K	54:25	20
	LAFR 5K	19:49	115		PSFR 5K	26:46	80
	LAFR Ultra	1:01:21	135				190
	SM 10K	38:38	105	13	Phillip Giarratano		
	PSFR 5K	19:48	135		Long Beach 10K	48:26	100
	SD Turkey 10K	40:04	125		LAFR 10K	48:22	70
			715				170
4	Robb Briggs			14	Linwood Fullam		
	Sycamore 18K	2:11:21	100		Chesebro Half	2:34:50	130
	Mt Wilson	1:49:05	110				130
	Malibu Creek 10K	67:31	105	15	Richard Korn		
	Rose Bowl 10K	48:04	100		Verdugo 10K	56:31	110
	Victory 5K	21:57	100				110
	Victory 10K	49:13	100	16	Michael Gifford		
	Long Beach 10K	46:24	100		LA Marathon	4:09:00	90
	Palisades 10K	49:34	90				90
			615	17	Rich Crook		
5	Ely Yaron				LA Marathon	4:34:20	80
	Rose Bowl Half	1:46:34	120		LAFR 10K	53:48	20
	Chesebro Half	2:53:06	100				80
	LA Marathon	3:59:06	90		Kerry Quakenbush		
	LB Half	2:04:01	120		LAFR 10K	45:58	80
	RnR Half	2:10:34	110				80
			540		Jeffery Wiggins		
6	Bruce Bair				PSFR 5K	28:04	80
	Malibu Creek 25K	2:20:02	125				80
	SM 5K	18:50	115	20	Rex Boone		
	SM Mtns 30K	3:02:59	125		LA Marathon	5:07:19	70
			365				70
7	John Kawaharada			21	Ed Stanley		
	LAFR 5K	25:03	80		LA Marathon	5:17:19	50
	SoCal Half	1:49:28	120				50
	LA Marathon	5:24:22	30	22	Stephen Germain		
	SC Half	2:02:44	110		LAFR 10K	51:57	40
			340				40

LAFR Age Group Detail 2011 FINAL

Rank	M4549			Rank	M4549		
1	Sean O'Brien			8	Henry Jung		
	Boney Mtn 21K	1:50:39	135		Palisades 5K	25:18	100
	Bandit 50K	5:10:50	135		LAFR 5K	24:46	80
	LA Marathon	3:18:38	120		PSFR 5K	25:50	90
	Sycamore 30K	2:24:19	160				270
	Mt Wilson	1:16:26	125	9	Terry Finestein		
	SM Mtns 50K	5:33:50	135		LA Mar 5K	21:51	80
			810		LAFR 5K	20:39	125
2	Angus Kennedy						205
	SM Mtns 9K	50:50	140		Mark Jones		
	13.1 Half	1:32:28	130		LA Mar 5K	22:55	80
	Buffalo 5K	22:58	125		Long Beach 5K	22:09	125
	Malibu Creek 10K	54:53	125				205
	LA Marathon	3:28:40	120	11	Michael Whitehead		
	RnR Half	1:36:26	120		Alive & Running	17:13	150
	SD Pride	20:30	110				150
			760	12	Augie Robles		
3	Deo Jaravata				LAFR 5K	22:35	105
	LAFR Ultra	1:24:57	135				105
	SoCal Half	2:30:50	130	13	Mark Brunetz		
	Holiday Half	1:48:22	120		SD Pride	33:26	100
	Sycamore 50K	7:16:10	115				100
	LAFR 10K	51:24	110		Gary Braitman		
	LB Full	4:01:31	110		LAFR 10K	54:30	100
	SM Mtns 50K	7:32:12	100				100
	LA Marathon	5:28:39	70		Seth Diamond		
	LAFR 5K	33:33	60		Verdugo 10K	1:04:29	100
			720				100
4	Paul Jacoy				Eric Gober		
	Firecracker 5K	26:47	110		RnR Half	2:05:53	100
	Pasadena Half	2:06:50	110				100
	LAFR 5K	24:29	80	17	Brian Dunbar		
	RnR Half	2:09:32	90		PSFR 5K	26:05	80
	LB Half	2:06:12	110				80
	Holiday Half	2:14:21	110	18	John Miranda		
			610		LA Marathon	4:50:02	70
5	Sergio Casillas						70
	13.1 Half	1:54:59	120	19	Tim Chung		
	Chesebro Half	1:58:13	120		LAFR 5K	49:30	50
	Sycamore 30K	3:44:32	125				50
	Victory 10K	47:58	120	20	Sam Zoda		
	Pasadena Full	4:23:08	120		LA Marathon	5:21:36	40
			605				40
6	Juan Moreno				Seth Eskigian		
	LA Marathon	5:26:24	80		LAFR 5K	53:48	40
	Long Beach 5K	32:12	115				40
	LAFR 5K	33:40	50		Jeff Masino		
	PSFR 5K	33:25	80		LA Mar 5K	5:17:19	40
			325				40
7	Mark DeAngelis						
	Palisades 5K	23:04	110				
	LAFR 5K	22:45	90				
	PSFR 5K	23:12	110				
			310				

LAFR Age Group Detail 2011 FINAL

Rank	M5559			Rank	M5559		
1	Andrew Wissmiller			5	Geoff Buck		
	Buffalo Half	1:55:04	145		SRLA 18	4:09:23	110
	LAFR Ultra	1:06:32	145		LA Marathon	6:29:47	110
	Boney 21K	2:14:23	135		LAFR 10K	71:09	80
	LAFR 5K	20:58	135				300
	SM Mtns 30K	3:40:12	135	6	Stewart Gonshorek		
	LA Marathon	3:40:15	130		LAFR 5K	29:43	80
	Malibu Creek 25K	2:31:03	125		RnR Half	2:26:51	120
	SD Turkey 10K	47:04	125				200
	LAFR 10K	45:34	125	7	Neil Johnson		
			825		LAFR 5K	39:28	50
2	Paul Williams				PSFR 5K	38:08	80
	Sycamore 8K	48:09	135				130
	Rose Bowl 5K	28:20	125	8	Mike Carbuto		
	Alive & Running	25:44	115		PSFR 5K	26:25	120
	SD Turkey 5K	28:04	115				120
	Firecracker 5K	29:16	110		Tom Haskins		
	SM 5K	25:53	110		LA Marathon	3:56:29	120
	LAFR 5K	26:09	80				120
			710	10	Rusty Millar		
3	Bill Winkelmann				Long Beach 5K	29:10	115
	Victory 10K	52:35	125				115
	Long Beach 10K	51:08	125	11	Jim Martinez		
	LAFR Ultra	1:19:52	125		LAFR 5K	25:14	100
	Solstice 5 Mile	41:33	110				100
	LAFR 10K	53:30	100	12	Jeff Cronin		
	PSFR 5K	26:31	100		LAFR 10K	57:50	80
	LAFR 5K	26:08	90				80
			685	13	Phil Amato		
4	Dan Graham				LAFR 5K	29:45	70
	Malibu Creek 10K	65:22	115				70
	Sycamore 18K	2:08:17	115				
	Verdugo 10K	1:08:20	100				
	Alive & Running	23:25	135				
			465				

LAFR Age Group Detail 2011 FINAL

Rank	M60+			Rank	M60+		
1	Richard Nelson			3	David Dassey		
	13.1 Half	1:34:30	135		LAFR 5K	23:44	115
	LAFR Ultra	1:05:51	135		LB Full	4:10:38	120
	RnR Half	1:38:05	135				235
	LA Marathon	3:34:43	130	4	Eric Fischer		
	LASAA 10K	45:01	125		LAFR 5K	24:33	105
	Victory 5K	20:51	125		PSFR 5K	29:35	110
	Long Beach 10K	43:19	125				215
	Solstice 5 Mile	34:20	125	5	Richard West		
	Palisades 5K	20:56	125		LAFR 5K	28:25	80
	Alive & Running	20:52	125		PSFR 5K	29:35	110
	SM 10K	44:08	125				190
	LAFR 5K	20:44	125	6	Gerry Orcholski		
	LAFR 10K	45:07	125		Tiger 5K	52:48	115
			785				115
2	Bill Walsky			7	Jerry Weyer		
	Palisades 5K	37:21	100		PSFR 5K	47:42	100
	LAFR 5K	38:18	60				100
	SC Half	3:03:22	120	8	Dale Beldin		
	WeSpark 5K	37:27	125		LAFR 5K	32:52	60
	Santa Clarita Half	3:03:22	110				60
	Tiger 5K	35:55	110				
			625				

