

## LAFR Champions Race Detail 2025 as of 4/1

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<b>Rank</b>	<b>WOMEN</b>			<b>AVG</b>
<b>1</b>	<b>Leticia Rodriguez</b>			
	LA Full	4:39:24	68.00	
			<b>68.00</b>	<b>68.00</b>
<b>2</b>	<b>Louisa Hill</b>			
	LA Full	3:39:02	66.51	
	Ventura Full	3:37:39	68.43	
			<b>134.94</b>	<b>67.47</b>
<b>3</b>	<b>Sumalee Sangsurasak</b>			
	LA Full	4:48:48	59.64	
			<b>59.64</b>	<b>59.64</b>
<b>4</b>	<b>Peachy Poso</b>			
	Avalon 50	11:50:21	54.61	
			<b>54.61</b>	<b>54.61</b>
<b>5</b>	<b>Lorna Campbell</b>			
	LA Full	4:46:00	52.87	
			<b>52.87</b>	<b>52.87</b>
<b>6</b>	<b>Treven Ho</b>			
	SOB 50K	8:29:24	38.89	
	Catalina 10K	61:03	52.82	
			<b>91.71</b>	<b>45.86</b>
<b>7</b>	<b>Kim Nguyen</b>			
	SOB 30K	4:50:43	37.22	
			<b>37.22</b>	<b>37.22</b>
<b>Rank</b>	<b>WALKER</b>			<b>AVG</b>
<b>1</b>	<b>Deo Jaravata</b>			
	LA Full	5:58:50	64.09	
	Martinique Full	6:49:36	57.09	
	Grenada Full	6:40:01	58.45	
	Barbados Full	6:19:41	61.15	
			<b>240.78</b>	<b>60.20</b>
<b>2</b>	<b>Donna Martin</b>			
	Firecracker 5K	63:11	41.84	
			<b>41.84</b>	<b>41.84</b>

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<b>Rank</b>	<b>MEN</b>			<b>AVG</b>
<b>1</b>	<b>Scott Chaney</b>			
	PD Half	1:21:41	84.92	
			<b>84.92</b>	<b>84.92</b>
<b>2</b>	<b>Satoshi Ono</b>			
	LA Full	3:11:53	77.12	
			<b>77.12</b>	<b>77.12</b>
<b>3</b>	<b>Vikash Reddy</b>			
	LA Full	3:07:28	72.94	
			<b>72.94</b>	<b>72.94</b>
<b>4</b>	<b>Tyler Long</b>			
	Tokyo Full	3:31:58	68.37	
	PD Half	1:28:08	74.72	
			<b>143.09</b>	<b>71.55</b>
<b>5</b>	<b>Patrick McIntyre</b>			
	LA Full	3:30:52	69.54	
			<b>69.54</b>	<b>69.54</b>
<b>6</b>	<b>Jeremy Yoder</b>			
	River Half	1:32:39	68.73	
			<b>68.73</b>	<b>68.73</b>
<b>7</b>	<b>Kyle Schmitz</b>			
	LA Full	3:28:48	64.39	
			<b>64.39</b>	<b>64.39</b>
<b>8</b>	<b>Loc Tran</b>			
	Firecracker 10K	51:56	59.21	
			<b>59.21</b>	<b>59.21</b>
<b>9</b>	<b>David Condra</b>			
	Catalina 10K	54:07	58.35	
			<b>58.35</b>	<b>58.35</b>
<b>10</b>	<b>Tuan Tran</b>			
	LA Full	4:04:37	56.86	
			<b>56.86</b>	<b>56.86</b>
<b>11</b>	<b>Bernie Tan</b>			
	SOB 50K	7:11:08	46.74	
	5K	23:17	66.44	
			<b>113.18</b>	<b>56.59</b>
<b>12</b>	<b>Charlie Heaton</b>			
	Tokyo	4:16:32	56.49	
			<b>56.49</b>	<b>56.49</b>
<b>13</b>	<b>Steve Gerschultz</b>			
	Avalon 50	11:50:19	56.17	
			<b>56.17</b>	<b>56.17</b>
<b>14</b>	<b>Manny Camargo</b>			
	LA Full	5:04:09	54.10	
			<b>54.10</b>	<b>54.10</b>
<b>15</b>	<b>Joey Lan</b>			
	River Half	1:56:21	53.43	
	10K	50:57	53.39	
	SD Half	2:17:18	45.45	
			<b>152.27</b>	<b>50.76</b>

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<b>16</b>	<b>David Grudzien</b>			
	ATC Hawks 5K	33:04	51.15	
	Little Rock 5K	33:44	50.08	
	Southside 5 Mile	57:01	48.57	
	<i>Hwd Bch Half</i>	<i>3:22:42</i>	<i>39.54</i>	
			<b>149.80</b>	<b>49.93</b>
<b>17</b>	<b>John Miles</b>			
	SOB 30K	4:06:38	45.63	
	Catalina Full	5:17:32	51.30	
			<b>96.93</b>	<b>48.47</b>
<b>18</b>	<b>Deo Jaravata</b>			
	Tel Aviv Full	5:18:47	50.59	
	Guadeloupe Full	5:49:32	46.16	
	<i>Fulhadhoo Full</i>	<i>6:09:12</i>	<i>43.68</i>	
	<i>St. Vincent Full</i>	<i>6:11:20</i>	<i>43.43</i>	
	<i>St. Lucia Full</i>	<i>6:30:21</i>	<i>41.32</i>	
			<b>96.75</b>	<b>48.38</b>
<b>19</b>	<b>Wadley</b>			
	Catalina Full	4:57:36	47.55	
			<b>47.55</b>	<b>47.55</b>
<b>20</b>	<b>Mark Johnson</b>			
	SOB 50K	7:09:32	47.38	
			<b>47.38</b>	<b>47.38</b>
<b>21</b>	<b>Angus Kennedy</b>			
	SOB 30K	5:09:18	36.03	
	Catalina 10K	58:25	55.04	
			<b>91.07</b>	<b>45.54</b>
<b>22</b>	<b>Viktor Toth</b>			
	SOB 30K	4:56:24	34.88	
	Catalina Full	5:16:47	47.15	
			<b>82.03</b>	<b>41.01</b>
<b>23</b>	<b>Jason Coleman</b>			
	Ocean 15K	1:55:27	40.91	
	LA Full	5:59:29	40.80	
	Tokyo	6:29:00	38.23	
			<b>119.94</b>	<b>39.98</b>
<b>24</b>	<b>Mike Smith</b>			
	Friendship 30K	4:11:23	41.88	
	LA Full	6:59:20	36.29	
			<b>78.17</b>	<b>39.08</b>
<b>25</b>	<b>Mario Mota</b>			
	SOB 30K	4:56:20	37.60	
			<b>37.60</b>	<b>37.60</b>
<b>26</b>	<b>Richard Peng</b>			
	SOB 30K	5:30:03	31.60	
			<b>31.60</b>	<b>31.60</b>