

## LAFR Pride Run 2022 5K Age Group Results

\*AG - NEW Course Age Group Record

AG PL	First Name	Last Name	Time		Age	AG	OA	Bib	Sex	OA
<b>10-Under Female</b>										
1	Isabel	King	50:20	F	9	10-U	<b>79</b>	675		31
2	Sofia	King	69:55	F	6	10-U	<b>95</b>	348		39
<b>15-19 Female</b>										
1	Marian	Watson	33:02	F	19	15-19	<b>47</b>	681		17
<b>15-19 Male</b>										
1	<b>Adam</b>	<b>Lewis *AG</b>	19:26	M	16	15-19	<b>1</b>	958		1
2	Logan	Mann	25:05	M	18	15-19	<b>10</b>	931		9
<b>20-24 Female</b>										
1	Danielle	Dionisio	29:35	F	20	20-24	<b>31</b>	266		10
<b>20-24 Male</b>										
1	Anthony	Martinez	32:30	M	23	20-24	<b>46</b>	960		30
2	Ian	Joslin	35:22	M	23	20-24	<b>57</b>	925		37
<b>25-29 Female</b>										
1	Emma	Chanen	31:32	F	25	25-29	<b>40</b>	264		14
2	Allison	Willits	33:04	F	29	25-29	<b>48</b>	684		18
3	Elizabeth	Navarrete	51:56	F	29	25-29	<b>80</b>	678		32
<b>25-29 Male</b>										
1	Thomas	Huang	31:30	M	25	25-29	<b>39</b>	923		26
2	Christian	Wheeler	34:44	M	25	25-29	<b>53</b>	961		34
<b>30-34 Female</b>										
1	Lesly	Clugston	24:41	F	31	30-34	<b>9</b>	689		1
2	Lisa	Deng	27:53	F	30	30-34	<b>22</b>	403		5
<b>30-34 Male</b>										
1	John	Batista	44:20	M	33	30-34	<b>72</b>	48		45
<b>35-39 Female</b>										
1	Brittany	Bluhm	28:35	F	36	35-39	<b>25</b>	374		6
2	Susan	Requa	37:06	F	37	35-39	<b>63</b>	375		23
<b>35-39 Male</b>										
1	Matt	Nelson	22:09	M	38	35-39	<b>6</b>	937		6
2	Jeff	Beachnau	29:55	M	36	35-39	<b>33</b>	903		22
3	James	Miraglia	37:34	M	39	35-39	<b>65</b>	934		42
4	Leo	Foti	44:20	M	37	35-39	<b>73</b>	316		46
<b>40-44 Female</b>										
1	Evelyn	Gould	31:25	F	43	40-44	<b>38</b>	429		13
2	Kristen	Dugger	32:07	F	43	40-44	<b>43</b>	487		15
3	Nancy	Yearing	47:55	F	42	40-44	<b>77</b>	425		30
4	Daniela	Morato	69:55	F	41	40-44	<b>96</b>	422		40
<b>40-44 Male</b>										
1	Jeffrey	Mueller	22:06	M	43	40-44	<b>5</b>	936		5
2	Sameh	Sheikh	25:57	M	40	40-44	<b>16</b>	948		14
3	Alexis	Chenu	27:14	M	44	40-44	<b>19</b>	911		16
4	Nicholas	Burnett	31:40	M	40	40-44	<b>41</b>	906		27
5	Patrick	Conner	35:20	M	40	40-44	<b>56</b>	913		36
6	Milton	Carrillo	37:07	M	40	40-44	<b>64</b>	908		41

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<b>45-49 Female</b>									
1	Royce	Chang	25:22	F	45	45-49	<b>11</b>	1232	2
2	Peggy	Kennedy	26:55	F	48	45-49	<b>17</b>	373	3
3	Jennifer	Marschner	27:26	F	45	45-49	<b>20</b>	690	4
4	Rachel	Mann	36:21	F	48	45-49	<b>62</b>	461	22
5	Christin	Pankonin	47:19	F	48	45-49	<b>76</b>	481	29
<b>45-49 Male</b>									
1	Adam	Littke	20:21	M	48	45-49	<b>2</b>	421	2
2	Kevin	Shiramizu	22:04	M	48	45-49	<b>4</b>	949	4
3	Philip	Castillo	25:47	M	45	45-49	<b>14</b>	909	12
4	Jody	Morton-Newman	30:21	M	49	45-49	<b>35</b>	422	23
5	Wayne	Bayan	30:31	M	46	45-49	<b>36</b>	902	24
6	Ryan	McGinty	31:59	M	46	45-49	<b>42</b>	933	28
7	Christian	Eimer	57:21	M	48	45-49	<b>87</b>	917	50
<b>50-54 Female</b>									
1	Marisa	Jacoy	29:09	F	50	50-54	<b>28</b>	1091	8
2	Rosemary	Joslin	35:59	F	53	50-54	<b>60</b>	347	21
3	Jennifer	Case	45:39	F	51	50-54	<b>74</b>	433	27
4	Keeley	Webster	53:57	F	53	50-54	<b>82</b>	682	33
5	Cat	White	53:57	F	51	50-54	<b>84</b>	683	35
6	Michele	Brennan	60:32	F	53	50-54	<b>91</b>	424	38
<b>50-54 Male</b>									
1	Martin	Vega	22:49	M	50	50-54	<b>7</b>	951	7
2	Paul	Holman	25:23	M	53	50-54	<b>12</b>	51	10
3	John	Kawaharada	27:12	M	54	50-54	<b>18</b>	927	15
4	Raf	Lydon	29:05	M	52	50-54	<b>27</b>	930	20
5	Vincent	Sanchez	35:54	M	52	50-54	<b>59</b>	946	39
6	Jonathan	Qua	60:31	M	52	50-54	<b>90</b>	941	52
<b>55-59 Female</b>									
1	Mischa	Haramia	28:40	F	56	55-59	<b>26</b>	1278	7
2	Judi	Miller	29:13	F	56	55-59	<b>29</b>	677	9
3	Lauren	Nguyen	29:45	F	56	55-59	<b>32</b>	679	11
4	Ellen	Evans	32:28	F	57	55-59	<b>45</b>	267	16
5	Laura	Brill	34:55	F	56	55-59	<b>54</b>	263	20
6	Yumi	Afrento	42:07	F	58	55-59	<b>67</b>	371	24
7	Myrna	Nance	43:32	F	59	55-59	<b>71</b>	1293	26
8	Orit	Malkis	58:48	F	58	55-59	<b>89</b>	676	37
<b>55-59 Male</b>									
1	<b>Rogelio</b>	<b>Bautista-Morales *AG</b>	21:12	M	55	55-59	<b>3</b>	957	3
2	Joe	Yu	25:24	M	57	55-59	<b>13</b>	955	11
3	Scott	Lasker	27:49	M	57	55-59	<b>21</b>	959	17
4	Sean	O'Brien	29:27	M	59	55-59	<b>30</b>	940	21
5	Michael	Klyde	32:13	M	59	55-59	<b>44</b>	928	29
6	Michael	Joslin	35:19	M	55	55-59	<b>55</b>	926	35
7	Timothy	Chung	56:35	M	59	55-59	<b>86</b>	912	49

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<b>60-64 Female</b>										
1	Judith	Rodenbeck	30:18	F	61	60-64	<b>34</b>	1297		12
<b>60-64 Male</b>										
1	Lui	Sanchez	25:50	M	61	60-64	<b>15</b>	947		13
2	Dwight	Des Lauriers	28:17	M	63	60-64	<b>23</b>	916		18
3	Richard	Hetzel	28:23	M	62	60-64	<b>24</b>	922		19
4	Joel	Beder	33:27	M	62	60-64	<b>50</b>	904		32
5	Bobby	Rose	35:40	M	62	60-64	<b>58</b>	943		38
6	Don	Norte	42:16	M	60	60-64	<b>69</b>	939		43
7	Kevin	Norte	42:17	M	60	60-64	<b>70</b>	938		44
8	Edward	Krumer	57:37	M	61	60-64	<b>88</b>	929		51
<b>65-69 Female</b>										
1	Margie	Gonzales	46:54	F	68	65-69	<b>75</b>	268		28
2	Amy	Ross	53:57	F	69	65-69	<b>83</b>	680		34
<b>65-69 Male</b>										
1	<b>Bill</b>	<b>Austin *AG</b>	22:58	M	65	65-69	<b>8</b>	901		8
2	Jim	Martinez	31:24	M	68	65-69	<b>37</b>	932		25
3	Bill	Winkelmann	33:18	M	69	65-69	<b>49</b>	954		31
4	Michael	Carbuto	34:21	M	69	65-69	<b>51</b>	907		33
<b>70-74 Female</b>										
1	<b>Allyne</b>	<b>Winderman *AG</b>	34:35	F	70	70-74	<b>52</b>	685		19
<b>70-74 Male</b>										
1	Richard	Held	36:18	M	74	70-74	<b>61</b>	921		40
2	Bill	Walsky	49:15	M	71	70-74	<b>78</b>	952		47
3	William	Cullen	52:05	M	70	70-74	<b>81</b>	914		48
4	David	Dassey	60:52	M	71	70-74	<b>92</b>	915		53
5	Richard	West	63:32	M	73	70-74	<b>93</b>	953		54
6	Eric	Fischer	63:32	M	73	70-74	<b>94</b>	919		55
<b>75-79 Female</b>										
1	<b>Catherine</b>	<b>Des Lauriers *AG</b>	42:15	F	76	75-79	<b>68</b>	265		25
2	Connie	Hammen	56:35	F	77	75-79	<b>85</b>	346		36