

LAFR Grand Prix Series Champions Race Final Standings 2009

Detailed Standings Below

<u>Rank</u>	<u>MEN</u>	<u>R</u>	<u>Score</u>	<u>Rank</u>	<u>MEN continued</u>	<u>R</u>	<u>Score</u>	<u>Rank</u>	<u>WOMEN</u>	<u>R</u>	<u>Score</u>
1	Carl Maravilla	6	484.62	54	Richard West	2	119.73	1	Patricia Bates	6	491.31
2	Richard Nelson	6	473.79	55	Bob Berman	2	119.68	2	Margie Gonzales	6	320.70
3	William Korthof	6	439.16	56	Andrew Wissmiller	2	119.49	3	Christine Curtin	6	302.14
4	Sean O'Brien	6	434.83	57	Andy Tanber	2	116.10	4	Regina Robinson	6	289.28
5	Brad Maury	6	434.05	58	Seth Diamond	2	103.15	5	Stephanie Stone	4	222.68
6	Patrick Owen	6	428.12	59	Brian Dunbar	2	93.45	6	Doris Chung	4	210.56
7	Bruce Bair	6	421.17	60	Dan Vu	2	92.81	7	Kristi Twilley	4	201.24
8	John McGuiness	6	419.50	61	Gary Lashley	2	91.70	8	Allyne Winderman	2	151.65
9	Bill Austin	6	411.47	62	Ron Del Rio	2	84.83	9	Amy Ross	2	114.31
10	Ely Yaron	6	402.90	63	Kyle Jarrett	1	76.86	10	Keeley Webster	2	78.04
11	Jeff Lymburner	6	402.75	64	Andrew Rohrlich	1	70.26	11	Cat White	2	77.03
12	Angus Kennedy	6	396.01	65	Stephen Baldonado	1	66.02	12	Jacqueline Vogel	1	62.54
13	Robb Briggs	6	386.69	66	John Deamos	1	64.30	13	Ruthanne Salido	1	58.45
14	Juan Moreno	6	386.34	67	Jim Phillips	1	62.59	14	Kimberly Fairchild	1	54.89
15	Carlos Vizcarra	5	379.60	68	Steve Frybarger	1	61.81	15	Lorraine Silver	1	54.45
16	Bernie Tan	6	376.56	69	Mark DeAngelis	1	59.16	16	Sheila Moore	1	53.15
17	Deo Jaravata	6	372.84	70	Ken Dunn	1	58.78	17	Nancy Alvarez	1	42.86
18	Jim Martinez	6	370.92	71	Neal Weisenberg	1	58.54				
19	Bill Winkelmann	6	366.33	72	Nelson Miranda	1	58.37	Rank	WALKER	R	Score
20	Mike Murphy	6	360.05	73	Kurt Berg	1	57.83	1	Juan Moreno	6	378.17
21	Mark Johnson	4	316.98	74	Don Formanek	1	57.69	2	Deo Jaravata	6	376.60
22	Brian Kelly	4	300.78	75	Kevin Gardner	1	57.58	3	Doug Jones	6	346.00
23	Mark Jones	4	298.16	76	Chad Myers	1	57.55	4	Sue Roth	2	100.85
24	Bryan Prado	6	296.52	77	Paul Houson	1	57.46	5	Connie Hammen	1	59.30
25	Al Miller	5	293.46	78	Paul Morrell	1	57.36	6	Henri Faucher	1	51.65
26	Rusty Millar	5	291.45	79	Mike Reynolds	1	57.09	7	Rex Boone	1	49.01
27	Ric Munoz	4	279.61	80	Howard Hamburger	1	56.62				
28	Mike Smith	6	274.30	81	Jason Bautista	1	55.07				
29	David Dassey	4	257.07	82	Kevin Shiramizu	1	54.72				
30	Jonathan Toker	4	256.18	83	Paul Jacoy	1	54.00				
31	Bill Walsky	6	252.84	84	Marco Baltero	1	53.62				
32	John Yong	4	248.95	85	Frank Jacoy	1	52.93				
33	Dan Graham	4	245.93	86	Drew Brabb	1	52.76				
34	Eric Gober	4	234.01	87	Henry Jung	1	51.94				
35	Jaason Engle	4	232.35	88	Robert Hamm	1	51.78				
36	Augie Robles	4	229.15	89	David Scheid	1	50.76				
37	Jose Castillo	4	224.08	90	Phil Amato	1	50.39				
38	Todd Sullivan	3	222.37	91	Tom Carmichael	1	50.05				
39	Ryan Timmreck	4	221.01	92	Henri Faucher	1	49.91				
40	Reg Willson	3	215.24	93	Andrew Makay	1	49.90				
41	Ryan Bailon	4	214.37	94	Geoff Buck	1	48.24				
42	Eric Gilfand	4	206.80	95	Matt Young	1	47.77				
43	Eric Fischer	3	204.22	96	Jeff Masino	1	44.80				
44	William Fang	3	204.20	97	Mark Anton	1	44.52				
45	Wadley	3	195.94	98	Neil Johnson	1	43.25				
46	Mike Kerkman	3	188.85								
47	David Dinielli	3	184.21								
48	Ted Wyder	3	178.02								
49	Ara Mihranian	3	173.14								
50	Richard Peng	3	159.92								
51	Luis Aguilar	2	153.27								
52	Mark Penn	2	134.14								
53	Timo Vallez	2	128.90								

R = Races

LAFR Champions Race Detail Final 2009 – Men/Women/RaceWalk

*shaded races are non-GP, races in italics do not count towards your score, see rules for race qualification.

Rank	MEN		
1	Carl Maravilla		
	Death Valley 30K	2:07:47	79.01
	Catalina 5.4	33:26	79.45
	WeSpark 10K	37:12	81.86
	Victory 8K	29:28	81.60
	Tiger 5K	17:40	82.82
	SD Pride 5K	18:19	79.88
	<i>LAFR 5K</i>	18:33	78.87
	<i>3 Mile Trail</i>	23:23	59.01
	<i>Randy Simmons 5K</i>	18:55	77.34
			484.62
2	Richard Nelson		
	Will Rogers 5K	20:04	81.35
	LB Pride 5K	20:15	80.62
	Sr Nats 1500 Track	5:48.2	76.62
	WeSpark 10K	43:20	78.41
	Bridge 5 Miler	37:21	76.90
	Palm Springs Half	1:37:07	79.89
	<i>Firecracker 10K</i>	45:02	74.79
	<i>LAFR 5K</i>	20:46	78.61
	<i>LAFR 10K</i>	44:30	76.36
			473.79
3	William Korthof		
	Victory 8K	30:40	69.30
	SF Half	1:25:04	73.09
	LA County Half	1:26:11	72.15
	LAFR 5K	18:36	69.53
	Philly Full	3:00:26	76.15
	St. George Full	2:54:05	78.94
	<i>LB Pride 5K</i>	18:44	69.03
	<i>LAFR 10K</i>	38:59	69.05
			439.16
4	Sean O'Brien		
	Death Valley Mar	3:12:04	77.11
	LAFR 5K	19:11	73.90
	Chesebro Half	1:33:04	73.05
	Ridgecrest 50K	4:24:42	70.86
	Avalon 50 Miler	8:03:20	71.71
	LAFR 10K	43:16	68.20
	<i>Mt. Dis 50 Miler</i>	8:12:49	70.33
	<i>SM Trails 50K</i>	4:52:54	64.04
	<i>Tahoe 50 Mile</i>	9:51:18	58.62
	<i>Topanga 15K</i>	1:18:36	57.60
	<i>Boney Mtn 21K</i>	1:46:14	63.68
	<i>Malibu 50K</i>	4:55:23	63.50
	<i>Mt Wilson</i>	1:15:12	58.16
	<i>Sycamore 50K</i>	4:34:52	68.24
			434.83
5	Brad Maury		
	SF Half	1:25:04	74.97
	RnR Half AZ	1:27:01	72.77
	Philly Full	3:09:47	73.06

	Victory 8K	31:00	71.30
	LAFR 5K	18:48	71.54
	WeSpark 5K	19:06	70.41
	<i>Catalina 5.4</i>	34:57	69.36
			434.05
6	Patrick Owen		
	Long Beach Half	1:40:11	70.17
	SF Half	1:35:15	73.19
	LAFR 10K	43:18	70.33
	SNTD 10K	43:19	70.86
	Breathe 5K	20:08	72.67
	Playa 5K	20:48	70.9
	<i>Victory 8K</i>	35:43	67.32
	<i>PV Half</i>	1:39:22	70.15
	<i>Alive 5K</i>	21:06	69.90
	<i>SD Pride 5K</i>	20:57	69.84
	<i>Firecracker 10K</i>	46:23	65.65
	<i>LB Pride 5K</i>	21:20	68.58
	<i>Catalina 5K</i>	28:30	51.34
			428.12
7	Bruce Bair		
	Two Oceans Half	1:28:35	74.29
	Long Beach Half	1:33:09	71.21
	SD Pride 5K	19:11:00	72.23
	Boney Mtn 21K	1:46:59	61.22
	Fargo Full	3:09:08	75.69
	Death Valley Mar	3:35:11	66.53
	<i>Chesebro Half</i>	1:33:31	70.37
	<i>SM Trails 30K</i>	2:41:40	59.37
	<i>Sycamore 30K</i>	2:37:20	60.50
			421.17
8	John McGuiness		
	SF Full	3:13:49	70.90
	SD RnR Full	3:14:26	70.68
	Breathe 5K	19:06	69.00
	SD Pride 5K	19:31	67.53
	LA County Half	1:27:49	71.67
	Long Beach Half	1:30:17	69.72
	<i>PV Half</i>	1:32:00	68.09
	<i>Surf City Half</i>	1:33:56	66.70
	<i>Playa 5K</i>	19:46	66.67
	<i>Alive 5K</i>	19:52	66.34
	<i>Tiger 10K</i>	41:50	65.97
	<i>Ovarian 8K</i>	32:56	65.77
	<i>WeSpark 10K</i>	41:12	66.58
	<i>Will Rogers 10K</i>	42:14	64.95
	<i>Death Valley Mar</i>	3:38:56	62.77
	<i>LAFR 5K</i>	19:51	66.39
	<i>Victory 8K</i>	33:35	64.49
	<i>LAFR 10K</i>	46:04	59.55
	<i>Malibu 50K</i>	5:58:59	48.48
	<i>Malibu 22K</i>	2:18:20	47.33
			419.50

9	Bill Austin		
	Firecracker 10K	50:53	60.82
	Ovarian 8K	34:03	72.35
	Victory 8K	38:24	63.63
	Breathe 5K	20:13	74.14
	LAFR 5K	20:24	73.48
	Bridge 5 Miler	39:20	67.05
	<i>3 Mile Trail</i>	<i>32:08</i>	<i>43.64</i>
	<i>Tiger 5K</i>	<i>22:02</i>	<i>68.03</i>
	<i>Alive 5K</i>	<i>20:42</i>	<i>72.41</i>
	<i>LB Pride 5K</i>	<i>20:30</i>	<i>73.12</i>
			411.47
10	Ely Yaron		
	Surf City Half	1:35:02	67.11
	Disney Half	1:35:15	67.47
	SD RnR Full	3:29:16	66.73
	Long Beach Full	3:23:08	68.74
	LAFR 10K	42:10	66.88
	SD Turkey 10K	42:45:00	65.97
	<i>Malibu Full</i>	<i>3:29:47</i>	<i>66.56</i>
	<i>Fresno Full</i>	<i>3:31:09</i>	<i>66.13</i>
	<i>LA Full</i>	<i>3:35:56</i>	<i>64.67</i>
	<i>Napa Half</i>	<i>1:35:59</i>	<i>66.96</i>
	<i>Santa Barbara Half</i>	<i>1:36:12</i>	<i>66.80</i>
	<i>Chesebro Half</i>	<i>1:39:20</i>	<i>64.70</i>
	<i>Carlsbad Full</i>	<i>3:35:36</i>	<i>64.32</i>
	<i>Big Sur Full</i>	<i>3:49:25</i>	<i>60.87</i>
	<i>SF Full</i>	<i>3:46:09</i>	<i>61.74</i>
	<i>Pasadena Full</i>	<i>3:48:07</i>	<i>61.22</i>
	<i>Buffalo Half</i>	<i>1:46:05</i>	<i>60.59</i>
	<i>Catalina Marathon</i>	<i>4:16:10</i>	<i>54.52</i>
	<i>LB Pride 10K</i>	<i>43:19</i>	<i>65.10</i>
	<i>Bulldog 25K</i>	<i>2:28:00</i>	<i>51.85</i>
			402.90
11	Jeff Lymburner		
	SM Trails 30K	3:13:17	52.69
	Chesebro Half	1:42:15	68.18
	Fontana Half	1:25:36	81.43
	Boney Mtn 21K	2:06:51	54.68
	Death Valley 30K	2:25:50	69.23
	NY Pride 5 Miler	31:52	76.54
	<i>Xterra 21K</i>	<i>2:02:48</i>	<i>56.97</i>
			402.75
12	Angus Kennedy		
	Victory 8K	35:23	64.84
	SF Half	1:35:48	69.25
	PV Half	1:38:03	67.65
	LB Pride 10K	43:04	67.47
	SD Turkey 10K	44:30	65.30
	Randy Simmons 5K	22:42	61.50
	<i>Tiger 10K</i>	<i>44:55</i>	<i>64.69</i>
	<i>SM Trails 9K</i>	<i>46:35</i>	<i>55.82</i>
			396.01

13	Robb Briggs		
	Tiger 10K	45:43	62.14
	Long Beach Half	1:36:43	66.97
	Chesebro Half	1:49:21	59.24
	LB Pride 5K	20:24	66.91
	Playa 5K	20:39	66.1
	Victory 8K	34:20	65.33
	<i>Death Valley Mar</i>	<i>4:25:10</i>	<i>53.10</i>
	<i>Ovarian 5K</i>	<i>24:15:00</i>	<i>56.29</i>
	<i>Dipsea</i>	<i>1:18:59</i>	<i>45.21</i>
	<i>Malibu 25K</i>	<i>2:47:16</i>	<i>46.24</i>
	<i>Bridge 5 Miler</i>	<i>40:52</i>	<i>58.76</i>
	<i>SM Trails 30K</i>	<i>3:18:13</i>	<i>47.25</i>
	<i>WeSpark 5K</i>	<i>21:11</i>	<i>64.43</i>
	<i>3 Mile Trail</i>	<i>29:07</i>	<i>44.21</i>
	<i>Mt Wilson</i>	<i>1:33:58</i>	<i>44.42</i>
			386.69
14	Juan Moreno		
	Death Valley 30K	2:32:42	62.84
	LA County Half	1:41:39	65.79
	PV Half	1:40:37	66.47
	WeSpark 5K	22:11	63.42
	Randy Simmons 5K	22:28	62.28
	Chicago Marathon	3:42:08	65.54
	<i>Lake Balboa XC 3 Miler</i>	<i>20:46</i>	<i>53.90</i>
	<i>Troy's 9 Mile</i>	<i>1:23:16</i>	<i>51.61</i>
	<i>Pasadena Half</i>	<i>1:43:16</i>	<i>64.76</i>
	<i>SM Trails 30K</i>	<i>3:18:14</i>	<i>48.81</i>
			386.34
15	Carlos Vizcarra		
	LB Pride 5K	17:25	75.67
	LAFR 5K	17:21	75.96
	Firecracker 10K	38:24	71.44
	Camarillo Half	1:24:03	74.54
	LA Marathon	2:47:35	81.99
			379.60
16	Bernie Tan		
	WeSpark 10K	46:09:00	62.03
	LB Pride 10K	45:06	63.47
	Catalina 5.4	40:35	61.36
	LAFR 5K	21:51	62.94
	Pasadena Full	3:38:23	65.01
	Victory 8K	36:36	61.75
	<i>SD Turkey 10K</i>	<i>48:03</i>	<i>59.57</i>
	<i>Firecracker 10K</i>	<i>49:15</i>	<i>58.12</i>
	<i>SM Trails 18K</i>	<i>1:46:06</i>	<i>49.70</i>
	<i>Randy Simmons 5K</i>	<i>23:45</i>	<i>57.91</i>
	<i>3 Mile Trail</i>	<i>29:54</i>	<i>43.38</i>
			376.56

17	Deo Jaravata		
	LA County Half	1:42:45	65.09
	Chesebro Half	1:55:09	58.08
	Boston Marathon	3:51:23	62.92
	Surf City Full	3:51:55	62.24
	Orange Curtain 50K	4:59:29	61.04
	Playa 5K	22:10	63.47
	LAFR 10K	57:52	50.61
	Malibu 50K	6:33:40	46.84
	Paa-tibayan 50K	6:05:14	50.49
	RnR Full AZ	3:54:03	61.68
	Pasadena Full	3:56:03	61.67
	PV Full	4:35:27	52.86
	SM Trails 50K	6:55:26	44.38
	Bulldog 50K	6:39:15	46.12
	Long Beach Full	4:13:22	57.45
	Catalina Marathon	4:38:52	52.21
	Big Sur Full	3:58:43	60.98
	Death Valley Mar	4:09:55	57.76
	Diamond Valley Full	4:12:23	57.20
	Running Angel Full	4:20:23	55.44
	Tahoe Triple Day 1	4:54:23	49.46
	Tahoe Triple Day 2	4:37:54	52.38
	Tahoe Triple Day 3	4:50:51	50.05
	NY Marathon	3:55:19	61.86
	Santa Clarita Full	3:54:50	62.00
	Catalina Eco Full	5:32:47	43.75
	Malibu Full	4:33:20	53.26
	Feeling Stuffed Full	4:04:00	59.66
	Tday Weekend Full	4:18:00	56.42
	Running Off Turkey Full	4:38:00	52.36
	SD RnR Full	4:26:06	54.70
	Beachfront Marathon	5:20:23	45.44
	Chris Columbus Marathon	4:27:00	54.53
	Brandi Cowan 50K	7:06:00	43.29
	Ayala 6 Hour	6:00:00	54.19
	Carlsbad Full	4:33:33	52.77
	Gold Coast Full	4:28:59	54.12
	Full Moon Full	4:28:58	54.12
	Outgames Full	4:25:00	54.94
	Outgames 5K Track	25:09	54.71
	Outgames 10K Track	51:54	55.34
			372.84
18	Jim Martinez		
	Long Beach Half	1:55:03	64.4
	Pasadena Half	2:09:08	56.87
	Victory 8K	43:32	58.01
	Tiger 5K	23:00	67.38
	SNTD 5K	23:57	64.71
	Bridge 5 Miler	45:47	59.55
	WeSpark 5K	24:17	63.82
	Malibu 10K	1:07:00	47.74
	Will Rogers 5K	24:24	63.51
	SM Trails 9K	53:06	54.36

	LB Pride 5K	24:39	62.34
	LAFR 5K	25:23	60.54
			370.92
19	Bill Winkelmann		
	Tiger 10K	55:50	58.26
	LAFR 10K	52:06	61.91
	LB Pride 5K	25:25	60.97
	Breathe 5K	24:53	62.28
	Long Beach Half	1:56:31	63.59
	Ovarian 8K	42:56	59.32
	Bridge 5 Miler	48:53	55.78
	Firecracker 10K	55:37	58.00
	Alive 5K	27:07	57.15
			366.33
20	Mike Murphy		
	Chesebro Half	1:43:28	60.33
	Avalon 50 Miler	8:59:34	59.60
	Death Valley Mar	3:37:48	63.09
	LAFR 5K	21:22	61.36
	SD Turkey 10K	46:20	59.20
	LAFR 10K	48:19	56.47
	SM Trails 50K	6:08:19	47.25
	Tahoe 50 Mile	11:29:40	46.63
	Malibu 50K	5:18:07	54.71
	Ridgecrest 50K	5:13:19	55.55
	Sycamore 50K	5:19:57	54.40
	100 in the Hood	31:02:38	44.58
	Mt Dis 50 Miler	10:31:58	50.89
			360.05
21	Mark Johnson		
	Surf City Full	2:53:17	81.93
	Chesebro Half	1:25:19	77.13
	Victory 8K	28:55	78.75
	LB Pride 10K	36:25	79.17
			316.98
22	Brian Kelly		
	Surf City Half	1:30:12	77.28
	SF Half	1:30:10	77.97
	Catalina 5.4	36:48	72.76
	SD Pride 5K	20:16	72.77
	La Jolla Half	1:31:34	77.44
			300.78
23	Mark Jones		
	Boney Mtn 6K	36:23	48.07
	Catalina 5K	21:59	65.51
	WeSpark 5K	21:13	68.41
	SM Trails 18K	1:47:20	51.98
	LAFR 5K	22:26	64.19
			298.16

24	Bryan Prado		
	Playa 5K	23:37	54.67
	Alive 5K	23:59	53.84
	Ovarian 8K	41:14	51.46
	Bridge 5 Miler	46:36	48.75
	Bay to Breakers 12K	1:17:03	44.32
	Victory 8K	48:48	43.48
	<i>Randy Simmons 5K</i>	25:58	49.78
	<i>Malibu 6K</i>	39:54	39.30
			296.52
25	Al Miller		
	Long Beach Full	4:56:36	59.75
	WeSpark 10K	57:21	61.44
	Turkey Trot 10K	58:13	60.53
	Pasadena Half	2:22:16	56.67
	OC Half	2:26:24	55.07
			293.46
26	Rusty Millar		
	Malibu 10K	1:05:55	48.93
	Catalina 5K	23:57	66.39
	Playa 5K	24:16	63.86
	Victory 8K	45:22	57.10
	Bridge 5 Miler	49:25	55.17
	<i>Randy Simmons 5K</i>	28:07	55.59
	<i>WeSpark 5K</i>	26:21	58.81
	<i>Tiger 5K</i>	25:12	61.5
	<i>SD Turkey 5K</i>	27:22	57.11
	<i>SD Pride 5K</i>	25:55	59.80
	<i>LB Pride 5K</i>	25:56	59.76
			291.45
27	Ric Munoz		
	Boston Marathon	3:17:54	78.22
	Surf City Full	3:29:37	73.18
	Orange Curtain 100K	10:37:41	75.47
	Malibu 50K	6:08:25	52.74
	<i>SD 100 Miler</i>	30:28:00	50.89
	<i>Ayala 12 Hour</i>	12:00:00	65.82
	<i>Skyline 50K</i>	5:27:59	59.24
	<i>Pasadena Full</i>	3:34:30	72.16
	<i>PV Full</i>	3:33:27	72.52
	<i>OC Full</i>	3:53:04	66.42
			279.61
28	Mike Smith		
	LA County Half	2:01:23	52.16
	Long Beach Half	2:00:46	52.43
	SRLA 18 Miler	4:38:33	31.70
	LA Marathon	5:34:34	41.24
	Alive & Running	23:52	55.94
	LAFR 5K	32:42	40.83
	<i>RnR Half AZ</i>	2:14:11	46.91
	<i>PV Half</i>	2:21:11	44.85
	<i>Big Bear Half</i>	2:38:48	39.87
			274.30

29	David Dassey		
	Pasadena Full	4:33:34	60.40
	Death Valley Mar	4:47:47	57.42
	LAFR 10K	46:47	70.13
	LB Pride 10K	47:28	69.12
	<i>Reykjavik Full</i>	5:06:15	53.96
	<i>PV Full</i>	4:51:19	56.72
			257.07
30	Jonathan Toker		
	Boney Mtn 21K	1:37:12	63.91
	SM Trails 18K	1:16:07	66.16
	Sycamore 30K	2:26:09	62.04
	Malibu 22K	1:41:51	64.07
			256.18
31	Bill Walsky		
	LA County Half	3:04:39	41.24
	Long Beach Half	3:09:41	40.14
	Tiger 10K	77:18	42.81
	LB Pride 5K	36:42	42.95
	Breathe 5K	36:41	43.35
	WeSpark 10K	78:09	42.35
	<i>Victory 8K</i>	65:44	39.41
	<i>America's Finest Half</i>	3:15:27	38.97
	<i>LAFR 5K</i>	37:05	42.51
			252.84
32	John Yong		
	Death Valley Mar	4:19:14	53.01
	Pasadena Half	1:37:31	63.76
	Tiger 5K	18:55	68.20
	LAFR 10K	41:58	63.98
			248.95
33	Dan Graham		
	WeSpark 10K	50:40	62.60
	LAFR 10K	50:59	62.21
	Catalina 5.4	45:19	61.06
	Victory 8K	41:42	60.06
	<i>SD Turkey 10K</i>	52:33	60.36
	<i>Firecracker 10K</i>	51:58	61.04
	<i>LB Pride 10K</i>	51:59	61.02
			245.93
34	Eric Gober		
	Pasadena Half	1:48:49	61.46
	Long Beach Half	1:53:06	59.61
	Catalina 5.4	45:27	56.20
	Victory 8K	40:45	56.74
	<i>PV Half</i>	1:52:32	59.43
	<i>SF Half</i>	1:58:05	56.64
	<i>RnR Half AZ</i>	1:54:37	58.35
			234.01

35	Jaason Engle		
	Death Valley Mar	3:56:51	58.01
	Chesebro Half	1:42:49	60.49
	NY Pride 5 Miler	34:30	62.32
	Dipsea	1:06:04	51.53
			232.35
36	Augie Robles		
	Firecracker 10K	53:35	54.23
	Chesebro Half	2:00:31	55.04
	Victory 8K	39:52	57.55
	LAFR 5K	22:24	62.33
			229.15
37	Jose Castillo		
	LAFR 10K	50:07	53.71
	Will Rogers 10K	49:17:00	54.62
	LAFR 5K	22:01	58.74
	SD Pride 5K	22:41	57.01
			224.08
38	Todd Sullivan		
	RnR Full AZ	3:01:02	76.21
	LAFR 10K	38:03	73.03
	Will Rogers 10K	38:00	73.13
			222.37
39	Ryan Timmreck		
	Catalina 5.4	41:47	58.02
	SM Trails	1:38:39	52.22
	Chesebro Half	1:59:42	52.90
	SF Half	1:50:12	57.87
			221.01
40	Reg Willson		
	Avalon 50 Miler	8:57:37	66.19
	LAFR 10K	41:29	74.00
	SD Pride 5K	19:39	75.05
			215.24
41	Ryan Bailon		
	Firecracker 10K	50:08	53.57
	Pasadena Half	1:57:10	53.07
	OC Half	1:56:21	53.45
	LAFR 5K	23:46	54.28
			214.37
42	Eric Gilfand		
	Firecracker 10K	50:16	57.37
	Malibu 10K	1:01:06	47.20
	Pasadena Half	1:53:48	57.83
	3 Mile Trail	29:26	44.40
			206.80
43	Eric Fischer		
	Tiger 10K	50:37	65.95
	Catalina 5K	22:25	70.93
	LAFR 5K	23:49	67.34
			204.22

44	William Fang		
	Firecracker 10K	38:52	69.63
	Tiger 10K	40:45	66.66
	LAFR 5K	19:13	67.91
			204.20
45	Wadley		
	LAFR 10K	38:34	69.68
	SM Trails 30K	1:27:39	57.09
	LAFR 5K	18:40	69.17
			195.94
46	Mike Kerkman		
	Death Valley Mar	3:55:43	58.29
	Two Oceans Half	1:35:32	65.09
	LAFR 10K	41:07	65.47
			188.85
47	David Dinielli		
	Sycamore 30K	2:54:43	53.60
	Fargo Full	3:13:47	72.66
	Xterra 21K	1:52:07	57.95
			184.21
48	Ted Wyder		
	Tiger 10K	46:29	59.37
	LB Pride 10K	45:16	60.97
	LAFR 5K	21:27	61.82
	<i>Firecracker 10K</i>	49:40	55.23
			182.16
49	Ara Mihranian		
	Long Beach Half	1:47:50	60.07
	SF Half	1:50:34	58.13
	Will Rogers 10K	51:20	54.94
	<i>PV Half</i>	1:52:30	57.13
			173.14
50	Richard Peng		
	LAFR 10K	49:45	55.86
	LB Pride 10K	52:47	52.29
	Catalina 5.4	46:30	51.77
	<i>Firecracker 10K</i>	53:09	51.92
			159.92
51	Luis Aguilar		
	Chesebro Half	1:22:00	76.71
	LAFR 10K	35:27	76.56
			153.27
52	Mark Penn		
	Catalina Marathon	3:39:19	71.23
	Cataline Eco Full	4:10:34	62.91
			134.14
53	Timo Vallez		
	PV Half	1:51:03	59.73
	SD Pride 5K	20:11	69.17
			128.90
54	Richard West		
	Catalina 5K	26:53	59.66
	LAFR 5K	26:42	60.07
			119.73

55	Bob Berman		
	Big Sur Full	4:22:22	60.08
	SB Full	4:27:59	59.6
			119.68
56	Andrew Wissmiller		
	LB Pride 10K	52:57	57.97
	LAFR 10K	52:26	61.52
			119.49
57	Andy Tanber		
	LAFR 5K	24:06	58.83
	Seattle Half	1:57:44	57.27
			116.10
58	Seth Diamond		
	Malibu 10K	57:00	51.37
	Chesebro Half	2:09:11	51.78
			103.15
59	Brian Dunbar		
	LAFR 5K	27:11	52.98
	SD Pride 5K	35:35	40.47
			93.45
60	Dan Vu		
	LAFR 10K	48:25	56.10
	SD Pride 5K	35:33	36.71
			92.81
61	Gary Lashley		
	LAFR 5K	26:31	52.50
	SD Pride 5K	35:31	39.20
			91.70
62	Ron Del Rio		
	Malibu 10K	1:16:07	36.78
	Victory 8K	46:00	48.05
			84.83
63	Kyle Jarrett		
	LAFR 5K	16:51	76.86
			76.86
64	Andrew Rohrlich		
	LAFR 10K	40:01	70.26
			70.26
65	Stephen Baldonado		
	LB Pride 5K	19:38	66.02
			66.02
66	John Deamos		
	Tiger 5K	20:55	64.3
			64.30
67	Jim Phillips		
	Catalina 5K	24:33	62.59
			62.59
68	Steve Frybarger		
	Will Rogers 5K	24:15	61.81
			61.81
69	Mark DeAngelis		
	LAFR 10K	49:53	59.16
			59.16

70	Ken Dunn		
	LAFR 5K	26:49	58.78
			58.78
71	Neal Weisenberg		
	LAFR 10K	48:32	58.54
			58.54
72	Nelson Miranda		
	LAFR 10K	46:45	58.37
			58.37
73	Kurt Berg		
	Firecracker 10K	49:53	57.83
			57.83
74	Don Formanek		
	LAFR 5K	22:59	57.69
			57.69
75	Kevin Gardner		
	Catalina 5.4	48:27	57.58
			57.58
76	Chad Myers		
	LA County Half	1:48:02	57.55
			57.55
77	Paul Houson		
	LAFR 10K	56:37	57.46
			57.46
78	Paul Morrell		
	Catalina 5.4	46:41	57.36
			57.36
79	Mike Reynolds		
	Randy Simmons 5K	23:05	57.09
			57.09
80	Howard Hamburger		
	LAFR 10K	50:56	56.62
			56.62
81	Jason Bautista		
	LAFR 10K	48:48	55.07
			55.07
82	Kevin Shiramizu		
	LAFR 5K	24:05	54.72
			54.72
83	Paul Jacoy		
	SF Half	2:03:51	54.00
			54.00
84	Marco Baltero		
	LAFR 5K	25:16	53.62
			53.62
85	Frank Jacoy		
	Randy Simmons 5K	25:59	52.93
			52.93
86	Drew Brabb		
	LAFR 5K	26:40	52.76
			52.76
87	Henry Jung		
	LAFR 10K	56:23	51.94
			51.94

88	Robert Hamm		
	LAFR 10K	62:18	51.78
			51.78
89	David Scheid		
	Firecracker 10K	53:09	50.76
			50.76
90	Phil Amato		
	LAFR 10K	63:28	50.39
			50.39
91	Tom Carmichael		
	LAFR 5K	32:03	50.04
			50.04
92	Henri Faucher		
	SD Pride 5K	29:19	49.91
			49.91
93	Andrew Makay		
	LAFR 5K	27:46	49.90
			49.90
94	Geoff Buck		
	LAFR 10K	66:18	48.24
			48.24
95	Matt Young		
	SF Full	4:47:39	47.77
			47.77
96	Jeff Masino		
	SM Trails 18K	1:59:35	44.80
			44.80
97	Mark Anton		
	Catalina 5K	34:14	44.52
			44.52
98	Neil Johnson		
	LAFR 5K	35:14	43.25
			43.25

Rank	WOMEN		
1	Patricia Bates		
	Breathe 5K	23:51	81.04
	Will Rogers 5K	24:28	79.00
	Fontana Half	1:42:51	89.64
	PV Half	1:56:14	79.32
	Napa Full	4:01:24	83.64
	WeSpark 10K	51:05	78.67
	LAFR 10K	52:33	75.39
	Victory 8K	41:18	76.16
	LB Pride 5K	24:34	78.68
	Randy Simmons 5K	27:36	70.03
			491.31
2	Margie Gonzales		
	SD RnR Full	5:56:22	52.75
	RnR Full AZ	5:56:37	52.00
	Fontana Half	2:25:40	59.00
	PV Half	2:36:42	54.84
	SD Pride 5K	36:35	49.32
	Breathe 5K	34:11	52.79
	Palm Springs Half	2:41:48	53.12
	SRLA 18 Miler	3:59:14	50.28
	LAV Vegas Half	2:59:56	47.76
	Pasadena Half	2:45:04	52.07
	Chesebro Half	2:47:57	51.18
	San Dieguito Half	2:48:25	51.03
	Surf City Half	2:52:19	49.88
	Boney Mtn 6K	56:43	37.94
	3 Mile Trail	45:48	37.58
			320.70
3	Christine Curtin		
	LAFR 10K	66:53	49.45
	LB Pride 10K	62:37	52.28
	Will Rogers 5K	30:14	53.38
	SM Trails 9K	71:41	46.88
	Pasadena Half	2:28:36	50.94
	SD RnR Full	5:35:46	49.21
	Firecracker 10K	71:18	45.91
			302.14
4	Regina Robinson		
	Breathe 5K	31:08	49.59
	Will Rogers 5K	31:25	49.14
	LB Pride 10K	65:19	48.44
	LAFR 10K	66:11	47.81
	NBVC Half	2:31:47	47.87
	Long Beach Half	2:36:29	46.43
	Victory 8K	55:56	44.91
	Surf City Half	2:36:36	46.40
	SF Half	2:45:45	43.84
	Chesebro Half	2:58:29	40.71
	LA County Half	2:45:45	43.84
	Alive 5K	32:34	47.40
	SD Pride 5K	31:44	48.65
	WeSpark 5K	33:49	45.65
			289.28

5	Stephanie Stone		
	Long Beach Half	2:12:41	61.45
	LA County Half	2:20:57	57.84
	LAFR 10K	71:58	48.19
	LAFR 5K	30:39	55.2
			222.68
6	Doris Chung		
	Firecracker 10K	71:22	47.99
	Pasadena Half	2:28:35	53.50
	Victory 8K	50:54	53.43
	LAFR 5K	30:02	55.64
			210.56
7	Kristi Twilley		
	Firecracker 10K	72:07	43.57
	LAFR 10K	66:43	47.10
	LB Pride 5K	27:40	55.42
	LAFR 5K	27:48	55.15
			201.24
8	Allyne Winderman		
	OC Marathon	4:12:11	76.65
	LAFR 5K	24:43	75.00
			151.65
9	Amy Ross		
	Firecracker 10K	67:41	54.64
	LAFR 5K	30:39	59.67
			114.31
10	Keeley Webster		
	Firecracker 10K	81:33	38.53
	Chesebro Half	3:02:26	39.51
			78.04
11	Cat White		
	Firecracker 10K	81:34	38.07
	Chesebro Half	3:02:27	38.96
			77.03
12	Jacqueline Vogel		
	LAFR 5K	23:40	62.54
			62.54
13	Ruthanne Salido		
	Firecracker 10K	58:36	58.45
			58.45
14	Kimberly Fairchild		
	Firecracker 10K	58:05	54.89
			54.89
15	Lorraine Silver		
	Alive & Running 5K	38:13	54.45
			54.45
16	Sheila Moore		
	LAFR 5K	30:42	53.15
			53.15
17	Nancy Alvarez		
	LAFR 5K	34:40	42.86
			42.86

Rank	WALKER		
1	Juan Moreno		
	Catalina Marathon	5:18:10	63.91
	LA Full	5:06:33	66.33
	Running Off Half	2:21:50	64.68
	WeSpark 10K	65:01	61.77
	SD Pride 5K	32:01	60.96
	Dana Point 5K	32:15	60.52
			378.17
2	Deo Jaravata		
	Portland Marathon	5:12:45	65.01
	Mt SAC 10K	1:02:14	64.53
	Stand 4 Hope 10K	1:03:43	63.03
	LA Full	5:23:36	62.83
	Mt SAC 5K	32:02	60.93
	So CA Half Marathon	2:31:04	60.27
	<i>Outgames 5K Track</i>	32:12	60.61
	<i>OC Full</i>	5:41:16	59.59
	<i>LB Pride 5K</i>	31:48	59.47
	<i>LAFR 5K</i>	32:58	59.20
			376.60
3	Doug Jones		
	SD RnR Full	5:56:35	60.07
	LA County Half	2:47:38	58.31
	Playa 5K	36:04	57.83
	Long Beach Half	2:51:29	56.99
	Tiger 10K	75:30	56.78
	LAFR 5K	36:55	56.02
	<i>WeSpark 10K</i>	75:57	55.98
	<i>SF Full</i>	6:23:20	55.88
	<i>Breathe 5K</i>	37:42	54.85
	<i>SD Pride 5K</i>	38:11	54.16
	<i>Alive 5K</i>	38:43	53.87
	<i>PV Half</i>	3:02:28	53.04
	<i>Victory 8K</i>	65:08	51.81
	<i>Ovarian 8K</i>	66:17	51.35
	<i>Firecracker 10K</i>	83:17	51.05
	<i>Will Rogers 10K</i>	1:24:09	50.52
	<i>Malibu 25K</i>	4:33:57	42.45
	<i>Malibu 22K</i>	4:06:03	39.41
			346.00
4	Sue Roth		
	Victory 5K	53:54	50.79
	LAFR 5K	54:41	50.06
			100.85
5	Connie Hammen		
	LAFR 5K	43:45	59.30
			59.30
6	Henri Faucher		
	Catalina Marathon	6:48:26	51.65
			51.65
7	Rex Boone		
	Catalina Marathon	6:49:49	49.01
			49.01