

## LAFR Champions Race Detail 2025 FINAL

\*shaded races are non-GP, races in italics do not count towards your score, see rules for race qualification.

Rank	WOMEN	Total	Races	AVG	Rank	WALKER	Total	Races	AVG
1	Yuri Clingerman	449.29	6	74.88	1	Deo Jaravata	383.43	6	63.91
2	Leticia Rodriguez	414.72	6	69.12	<b>2 RACES</b>				
3	Elizabeth Bonin-Guzman	402.93	6	67.16	2	Bill Winkelmann	114.09	2	57.05
4	Louisa Hill	389.26	6	64.88	<b>1 RACE</b>				
5	Sumalee Sangsurasak	380.87	6	63.48	3	Margie Gonzales	51.89	1	51.89
6	Treven Ho	346.54	6	57.76	4	Amy Ross	51.48	1	51.48
7	Peachy Poso	335.18	6	55.86	5	Bill Walsky	48.52	1	48.52
<b>5 RACES</b>					6	Nicole Oeuvray	46.43	1	46.43
8	Denise Beatty	303.20	5	60.64	7	Tim Chung	43.89	1	43.89
9	Nancy Canela	299.38	5	59.88	8	Donna Martin	41.84	1	41.84
10	Gillian Wilkerson-Villasenor	283.64	5	56.73	9	Kevin Gardner	40.78	1	40.78
<b>4 RACES</b>					10	Marcio Heaton-Lee	39.66	1	39.66
11	Amy Zheng	297.59	4	74.40	11	Evie Bonic	39.01	1	39.01
12	Donna Martin	219.16	4	54.79	12	Doug Jones	38.73	1	38.73
<b>3 RACES</b>					13	Henry Jung	37.32	1	37.32
13	Laura Howe	197.63	3	65.88	14	Sean O'Brien	36.64	1	36.64
14	Esther Woods	187.93	3	62.64	15	Neil Johnson	36.33	1	36.33
<b>2 RACES</b>					16	Cat White	36.07	1	36.07
15	Lake Fandell	161.89	2	80.95	17	William Fang	34.49	1	34.49
16	Christy Matson	148.50	2	74.25					
17	Adik Nersesian	116.08	2	58.04					
18	Venetia Louie-Chee	93.14	2	46.57					
19	Kim Nguyen	88.67	2	44.34					
<b>1 RACE</b>									
20	Ruby Siehl	65.88	1	65.88					
21	Olivia Correia	63.62	1	63.62					
22	Rita Ono	59.77	1	59.77					
23	Kelly Lake	57.10	1	57.10					
24	Lorna Campbell	52.87	1	52.87					

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Rank	MEN	Total	Races	AVG	Rank	MEN	Total	Races	AVG
1	Scott Chaney	511.67	6	85.28	<b>2 RACES cont.</b>				
2	Satoshi Ono	455.50	6	75.92	51	William Alsina	120.65	2	60.33
3	Bernie Tan	414.65	6	69.11	51	Ron Perez	120.65	2	60.33
4	Bill Austin	412.45	6	68.74	53	Derek Mai	118.87	2	59.44
5	Tyler Long	379.02	6	63.17	54	Loc Tran	118.73	2	59.37
6	John Miles	366.90	6	61.15	55	Michael Bea	118.48	2	59.24
7	Angus Kennedy	361.33	6	60.22	56	Manny Camargo	117.50	2	58.75
8	Albert Giang	359.90	6	59.98	57	Joe Farry	117.41	2	58.71
<b>5 RACES</b>					58	David Condra	114.92	2	57.46
9	Vikash Reddy	346.50	5	69.30	59	Eric Eisenbrey	113.60	2	56.80
10	Amado Ulloa	339.24	5	67.85	60	Reg Willson	112.15	2	56.08
11	Aaron Trieu	303.86	5	60.77	61	Rick Freeman	111.84	2	55.92
12	Joey Lan	269.91	5	53.98	62	Brian Dunbar	111.44	2	55.72
13	Bill Winkelmann	238.95	5	47.79	63	Rono Velasquez	111.02	2	55.51
<b>4 RACES</b>					64	Charlie Heaton	109.65	2	54.83
14	Carlos Vizcarra	304.86	4	76.22	65	Theo Tacail	108.45	2	54.23
15	Jeremy Yoder	267.29	4	66.82	66	David Gonzalez	105.38	2	52.69
16	Jack Schaedel	253.07	4	63.27	67	Wadley	102.54	2	51.27
17	Mark DeAngelis	242.82	4	60.71	68	Paul Morrell	102.25	2	51.13
18	Norbert Hetzel	234.21	4	58.55	69	Mike Smith	78.17	2	39.08
19	Jonathan Toker	230.75	4	57.69	<b>1 RACE</b>				
20	Mark Planas	228.18	4	57.05	70	Tom Hammer	78.11	1	78.11
21	Henry Jung	221.36	4	55.34	71	Evan Bornstein	71.49	1	71.49
22	Jonathan Whitfield	207.81	4	51.95	72	Bruce Bair	71.23	1	71.23
23	David Grudzien	201.12	4	50.28	73	Patrick McIntyre	69.54	1	69.54
24	Michael Janovici	167.62	4	41.91	74	Jose Yong	69.31	1	69.31
25	Jason Coleman	162.34	4	40.59	75	Sean O'Brien	66.88	1	66.88
<b>3 RACES</b>					76	Andrew Snyder	64.89	1	64.89
26	Jose Hernandez	203.55	3	67.85	77	Jeff Maloy	64.24	1	64.24
27	Steve Gerschultz	189.17	3	63.06	78	Andrew Gonzalez	64.00	1	64.00
28	Scott Sugino	186.60	3	62.20	79	Scott Lasker	62.82	1	62.82
29	Andrew Cunningham	185.88	3	61.96	80	Alex Gorin	61.88	1	61.88
30	Justin Hang	184.84	3	61.61	81	Seiji Ono	60.88	1	60.88
31	Jim Martinez	181.25	3	60.42	82	Barry Hamaguchi	60.45	1	60.45
32	Kyle Schmitz	176.91	3	58.97	83	Raul Navarro	60.03	1	60.03
33	Mark Johnson	176.06	3	58.69	84	Lui Sanchez	57.86	1	57.86
34	Scott Swiontek	173.07	3	57.69	85	Tuan Tran	56.86	1	56.86
35	Martin Carlson	172.90	3	57.63	86	Sheehan Parker	56.86	1	56.86
36	Mario Mota	172.52	3	57.51	87	Kyle Boss	55.15	1	55.15
37	Mitchell Miller	168.64	3	56.21	88	John McGuinness	55.01	1	55.01
38	Ricardo Suarez	163.79	3	54.60	89	Brad Miyasato	50.80	1	50.80
39	David Dassey	162.46	3	54.15	90	Raul Jaramillo	49.75	1	49.75
40	Dan Vu	152.73	3	50.91	91	Raul Borja	48.03	1	48.03
41	Sean Carney	152.64	3	50.88	92	Mike Kerkman	47.85	1	47.85
42	Al Cortez	149.80	3	49.93	93	Benjamin Anderson	46.31	1	46.31
43	Deo Jaravata	139.91	3	46.64	94	Allan-Michael Brown	46.07	1	46.07
44	Viktor Toth	135.01	3	45.00	95	Ryan Shiramizu	46.05	1	46.05
45	Richard Peng	130.45	3	43.48	96	Jose Castillo	44.05	1	44.05
<b>2 RACES</b>					97	Guillermo Douglass-Jaimes	43.62	1	43.62
46	Ken Fandell	152.09	2	76.05	98	Allen Posten	41.92	1	41.92
47	Martin Leung	148.95	2	74.48	99	Konrad Janus	38.57	1	38.57
48	Matt Movahhed	145.12	2	72.56	100	Vikram Thakor	37.87	1	37.87
49	Kevin Shiramizu	126.25	2	63.13					
50	James Smith	123.70	2	61.85					

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Rank	WOMEN			AVG
<b>6 Races</b>				
<b>1</b>	<b>Yuri Clingerman</b>			
	Pumpkin 5K	24:50	78.44	
	St. George Half	1:57:11	78.24	
	Eugene Half	1:59:46	75.45	
	Turkey Trot 5K	26:31	73.46	
	Reindeer 10K	54:00	72.67	
	Bimbo 10K	54:30	71.03	
	<i>RDR Turkey 5K</i>	27:22	71.18	
	<i>Derby Day 5K</i>	27:03	71.04	
	<i>Blecksmith 5K</i>	28:21	67.78	
	<i>Haunted 10K</i>	58:40	66.89	
			<b>449.29</b>	<b>74.88</b>
<b>2</b>	<b>Leticia Rodriguez</b>			
	LB Half	2:10:50	73.24	
	RB Half	2:07:21	70.96	
	Pumpkin 5K	27:51	69.00	
	LA Full	4:39:24	68.00	
	Berlin 5K	28:41	67.00	
	NY Full	4:49:53	66.52	
	<i>Disney Half</i>	2:08:17	70.44	
	<i>RnR SD Half</i>	2:10:41	69.15	
	<i>SB Half</i>	2:13:51	67.52	
	<i>SaMo Classic 10K</i>	59:13	65.37	
	<i>Berlin Full</i>	5:21:29	59.09	
			<b>414.72</b>	<b>69.12</b>
<b>3</b>	<b>Elizabeth Bonin-Guzman</b>			
	LB Full	4:40:54	61.33	
	LAFR Pride 10K	56:31	62.64	
	RDR Turkey 5K	24:27	71.85	
	Ind Day 5K	23:29	74.81	
	S Barbara Half	1:57:14	70.14	
	SF Full	4:37:08	62.16	
	<i>Ventura Full</i>	4:38:04	61.95	
	<i>Big Sur Full</i>	5:00:32	57.32	
	<i>Chesebro Half</i>	2:23:58	57.12	
	<i>Chuckanut 50K</i>	10:09:20	35.59	
	<i>LAFR Pride 5K</i>	26:50	65.47	
			<b>402.93</b>	<b>67.16</b>
<b>4</b>	<b>Louisa Hill</b>			
	Ventura Full	3:37:39	68.43	
	LA Full	3:39:02	66.51	
	RB Half	1:41:56	66.32	
	Tracksmith 5000	22:13	64.56	
	LAFR Pride 10K	47:09	62.40	
	LAFR Pride 5K	23:30	61.04	
	<i>Bulldog 50K</i>	5:42:33	53.56	
			<b>389.26</b>	<b>64.88</b>

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<b>5</b>	<b>Sumalee Sangsurasak</b>			
	Mt. Charleston Full	4:14:21	67.73	
	Old Zoo 12.6	2:02:25	64.56	
	Reindeer 10K	56:17	62.90	
	Pumpkin 5K	28:04	62.60	
	LAFR Pride 10K	56:53	62.23	
	RB Half	2:15:09	60.85	
	<i>LA Full</i>	<i>4:48:48</i>	<i>59.64</i>	
	<i>Bimbo 10K</i>	<i>1:06:42</i>	<i>53.07</i>	
	<i>Sydney Full</i>	<i>5:25:39</i>	<i>52.90</i>	
	<i>Sydney 5K</i>	<i>34:01</i>	<i>51.65</i>	
			<b>380.87</b>	<b>63.48</b>
<b>6</b>	<b>Treven Ho</b>			
	Cascade Half	2:01:01	61.59	
	LAFR Pride 10K	53:51	59.88	
	LAFR Pride 5K	26:58	59.32	
	Old Zoo 12.6	2:04:57	57.33	
	Haunted Half	2:14:03	55.60	
	Catalina 10K	61:03	52.82	
	<i>Catalina Half</i>	<i>2:28:34</i>	<i>50.17</i>	
	<i>Las Virgenes 30K</i>	<i>3:58:38</i>	<i>46.67</i>	
	<i>Leona Divide 30K</i>	<i>4:01:34</i>	<i>46.10</i>	
	<i>SOB 50K</i>	<i>8:29:24</i>	<i>38.89</i>	
			<b>346.54</b>	<b>57.76</b>
<b>7</b>	<b>Peachy Poso</b>			
	Avalon 50	11:50:21	54.61	
	London Full	5:07:06	53.37	
	Chicago Full	4:47:10	57.08	
	LAFR Pride 5K	29:41	56.41	
	LAFR Pride 10K	1:00:33	55.74	
	RDR Turkey 5K	28:53	57.97	
			<b>335.18</b>	<b>55.86</b>
<b>5 Races</b>				
<b>8</b>	<b>Denise Beatty</b>			
	Pumpkin 5K	29:10	67.71	
	Derby Day 5K	29:41	66.54	
	Reindeer 10K	67:16	59.96	
	DisneyRun Half	2:54:15	53.38	
	Bimbo 10K	1:11:32	55.61	
	<i>Haunted 5K</i>	<i>34:27</i>	<i>57.33</i>	
			<b>303.20</b>	<b>60.64</b>
<b>9</b>	<b>Nancy Canela</b>			
	M2B Full	3:43:52	66.68	
	Rose Bowl Half	1:46:39	65.37	
	LB Full	3:51:18	64.94	
	Doggie Pups 5K	23:27	64.00	
	SaMo Classic 10K	1:18:53	38.39	
	<i>Jack and Jill Full</i>	<i>3:56:05</i>	<i>63.24</i>	
	<i>LA Full</i>	<i>3:57:57</i>	<i>62.74</i>	
			<b>299.38</b>	<b>59.88</b>

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<b>10</b>	<b>Gillian Wilkerson-Villasenor</b>			
	Las Virgenes 12K	69:42	50.39	
	LAFR Pride 5K	24:23	57.96	
	LAFR Pride 10K	49:50	58.36	
	Cascade Half	1:45:03	63.80	
	Catalina 10K	54:46	53.13	
			<b>283.64</b>	<b>56.73</b>
<b>4 Races</b>				
<b>11</b>	<b>Amy Zheng</b>			
	VB Half	1:35:40	79.78	
	LAFR Pride 10K	46:52	70.37	
	Sydney Full	3:34:40	74.73	
	90s Remix 10K	45:53	72.71	
			<b>297.59</b>	<b>74.40</b>
<b>12</b>	<b>Donna Martin</b>			
	LAFR Pride 10K	1:29:15	45.83	
	Blecksmith 5K	36:52	55.09	
	Pumpkin 5K	33:01	61.51	
	Reindeer 10K	1:12:06	56.73	
			<b>219.16</b>	<b>54.79</b>
<b>3 Races</b>				
<b>13</b>	<b>Laura Howe</b>			
	Rockin Summer 5K	26:05	67.35	
	LAFR Pride 5K	26:28	66.38	
	Catalina 10K	56:05	63.90	
	<i>Haunted 5K</i>	27:28	63.96	
	<i>Tracksmith 5000</i>	27:37	63.61	
			<b>197.63</b>	<b>65.88</b>
<b>14</b>	<b>Esther Woods</b>			
	Haunted 10K	1:11:18	56.57	
	Pumpkin 5K	30:01	66.72	
	RDR Turkey 5K	30:59	64.64	
			<b>187.93</b>	<b>62.64</b>
<b>2 Races</b>				
<b>15</b>	<b>Lake Fandell</b>			
	RB Turkey 5K	19:11	80.14	
	CIM Half	1:33:15	81.75	
			<b>161.89</b>	<b>80.95</b>
<b>16</b>	<b>Christy Matson</b>			
	RB Turkey 5K	21:12	73.01	
	CIM Full	3:23:13	75.49	
			<b>148.50</b>	<b>74.25</b>
<b>17</b>	<b>Adik Nersesian</b>			
	SaMo 5K	25:19	59.86	
	LC Turkey 5K	27:14	56.22	
			<b>116.08</b>	<b>58.04</b>
<b>18</b>	<b>Venetia Louie-Chee</b>			
	Bimbo 10K	1:35:47	42.70	
	Pumpkin 5K	40:16	50.44	
			<b>93.14</b>	<b>46.57</b>
<b>19</b>	<b>Kim Nguyen</b>			
	SOB 30K	4:50:43	37.22	
	Berlin Full	5:00:36	51.45	
			<b>88.67</b>	<b>44.34</b>

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<b>1 Race</b>				
<b>20</b>	<b>Nicole Luque</b>			
	Trials of Miles 1 Mile	6:38	70.09	
			<b>70.09</b>	<b>70.09</b>
<b>21</b>	<b>Ruby Siehl</b>			
	S. Barbara Half	1:40:12	65.88	
			<b>65.88</b>	<b>65.88</b>
<b>22</b>	<b>Olivia Correia</b>			
	Run Hungry 10K	45:13	63.62	
			<b>63.62</b>	<b>63.62</b>
<b>23</b>	<b>Rita Ono</b>			
	Carlsbad 5K	24:29	59.77	
			<b>59.77</b>	<b>59.77</b>
<b>24</b>	<b>Kelly Lake</b>			
	Berlin Full	4:14:11	57.10	
			<b>57.10</b>	<b>57.10</b>
<b>25</b>	<b>Lorna Campbell</b>			
	LA Full	4:46:00	52.87	
			<b>52.87</b>	<b>52.87</b>
<b>Rank</b>	<b>WALKER</b>			<b>AVG</b>
<b>1</b>	<b>Deo Jaravata</b>			
	Sydney Full	5:42:42	67.10	
	London Full	5:58:12	64.20	
	LA Full	5:58:50	64.09	
	Tashkent City Full	6:03:10	63.32	
	Lake Tahoe Full	6:06:53	62.68	
	Honolulu Full	6:10:41	62.04	
	<i>Niue Full</i>	6:11:00	61.99	
	<i>Barbados Full</i>	6:19:41	61.15	
	<i>Caprivi Strip</i>	6:16:45	61.04	
	<i>Khuland Full</i>	6:20:51	60.38	
	<i>Silvermoon 42.5 Mile</i>	11:48:47	59.87	
	<i>Grenada Full</i>	6:40:01	58.45	
	<i>Martinique Full</i>	6:49:36	57.09	
			<b>383.43</b>	<b>63.91</b>
<b>2</b>	<b>Bill Winkelmann</b>			
	LB Pride 5K	45:33	54.81	
	Haunted 15K	2:09:03	59.28	
			<b>114.09</b>	<b>57.05</b>
<b>3</b>	<b>Margie Gonzales</b>			
	Doggie Humans 5K	52:25	51.89	
			<b>51.89</b>	<b>51.89</b>
<b>4</b>	<b>Amy Ross</b>			
	LAFR Pride 5K	53:23	51.48	
			<b>51.48</b>	<b>51.48</b>
<b>5</b>	<b>Bill Walsky</b>			
	Wrigley 5K	52:56	48.52	
			<b>48.52</b>	<b>48.52</b>
<b>6</b>	<b>Nicole Oeuvray</b>			
	Doggie Humans 5K	56:26	46.43	
			<b>46.43</b>	<b>46.43</b>
<b>7</b>	<b>Tim Chung</b>			
	LB Pride 5K	49:45	43.89	
			<b>43.89</b>	<b>43.89</b>

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<b>8</b>	<b>Donna Martin</b>			
	Firecracker 5K	63:11	41.84	
			<b>41.84</b>	<b>41.84</b>
<b>9</b>	<b>Kevin Gardner</b>			
	PS Pride 5K	60:24	40.78	
			<b>40.78</b>	<b>40.78</b>
<b>10</b>	<b>Marcio Heaton-Lee</b>			
	PS Pride 5K	50:41	39.66	
			<b>39.66</b>	<b>39.66</b>
<b>11</b>	<b>Evie Bonic</b>			
	Las Virgenes 12K	2:46:19	39.01	
			<b>39.01</b>	<b>39.01</b>
<b>12</b>	<b>Doug Jones</b>			
	Haunted 10K	2:02:23	38.73	
			<b>38.73</b>	<b>38.73</b>
<b>13</b>	<b>Henry Jung</b>			
	LAFR Pride 5K	57:50	37.32	
			<b>37.32</b>	<b>37.32</b>
<b>14</b>	<b>Sean O'Brien</b>			
	Doggie Pups 5K	60:16	36.64	
			<b>36.64</b>	<b>36.64</b>
<b>15</b>	<b>Neil Johnson</b>			
	PS Pride 5K	66:53	36.33	
			<b>36.33</b>	<b>36.33</b>
<b>16</b>	<b>Cat White</b>			
	RDR Turkey 5K	64:50	36.07	
			<b>36.07</b>	<b>36.07</b>
<b>17</b>	<b>William Fang</b>			
	Doggie Pups 5K	60:16	34.49	
			<b>34.49</b>	<b>34.49</b>

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<b>1</b>	<b>Scott Chaney</b>			
	Chicago Full	2:46:19	90.95	
	Tracksmith 5000	17:25	85.91	
	PD Half	1:21:41	84.92	
	Berlin 5K	17:47	84.14	
	Trials of Miles 800m	2:20.14	84.36	
	LAFR Pride 10K	37:27	81.39	
	<i>Berlin Full</i>	<i>3:15:09</i>	<i>77.98</i>	
	<i>Carlsbad 5K</i>	<i>18:05</i>	<i>82.08</i>	
	<i>Trials of Miles 2 Mile</i>	<i>11:10</i>	<i>81.27</i>	
	<i>LAFR Pride 5K</i>	<i>18:19</i>	<i>81.69</i>	
			<b>511.67</b>	<b>85.28</b>
<b>2</b>	<b>Satoshi Ono</b>			
	LB Full	3:05:38	80.47	
	Ventura Half	1:28:16	77.23	
	LA Full	3:11:53	77.12	
	RB Half	1:31:34	74.45	
	SaMo 10K	40:56	73.20	
	Carlsbad 5K	20:00	73.03	
	<i>Surf City Half</i>	<i>1:32:33</i>	<i>73.65</i>	
			<b>455.50</b>	<b>75.92</b>
<b>3</b>	<b>Bernie Tan</b>			
	Chicago Full	3:22:51	77.95	
	GuideDogs 5K	20:02	77.22	
	Cascade Full	3:30:52	74.98	
	PS Pride 5K	20:59	73.73	
	Portland Half	1:59:33	60.75	
	Las Virgenes 54K	6:43:39	49.92	
	<i>Milanovich 5K</i>	<i>23:17</i>	<i>66.44</i>	
	<i>SOB 50K</i>	<i>7:11:08</i>	<i>46.74</i>	
			<b>414.55</b>	<b>69.09</b>
<b>4</b>	<b>Bill Austin</b>			
	PS Pride 5K	22:46	74.94	
	Reindeer 5K	22:51	74.65	
	Wrigley 10K	50:40	69.14	
	Cascade Full	4:25:35	66.70	
	Rockin Summer Half	2:03:20	65.64	
	Haunted 15K	1:31:53	61.37	
	<i>LB Pride 5K</i>	<i>23:43</i>	<i>71.92</i>	
	<i>RDR Turkey 5K</i>	<i>24:32</i>	<i>69.52</i>	
	<i>LAFR Pride 5K</i>	<i>24:43</i>	<i>69.01</i>	
	<i>Mother's Day 10K</i>	<i>66:00</i>	<i>53.08</i>	
			<b>412.45</b>	<b>68.74</b>
<b>5</b>	<b>Tyler Long</b>			
	PD Half	1:28:08	74.72	
	Tokyo Full	3:31:58	68.37	
	LAFR Pride 10K	44:31	65.09	
	LAFR Pride 5K	22:16	64.06	
	Old Zoo 12.6	1:56:34	54.77	
	Berlin Full	4:36:44	52.01	
			<b>379.02</b>	<b>63.17</b>

## LAFR Champions Race Detail 2025 FINAL

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<b>6</b>	<b>John Miles</b>			
	Cascade Full	4:17:35	63.88	
	Rockin Summer Half	2:03:04	61.32	
	Doggie Humans 5K	26:09	61.22	
	Shoreline Turkey 5K CT	26:27	60.53	
	LB Pride 10K	54:00	60.09	
	Skunk Cabbage Half	2:04:50	59.86	
	<i>LAFR Pride 10K</i>	54:47	59.23	
	<i>LAFR Pride 5K</i>	27:02	58.71	
	<i>Mother's Day Half</i>	2:10:09	57.41	
	<i>Catalina Half</i>	2:27:52	51.03	
	<i>Old Zoo 12.6</i>	2:11:50	54.55	
	<i>Catalina Full</i>	5:17:32	51.30	
	<i>Kent Downs 25K</i>	3:09:33	49.58	
	<i>SOB 30K</i>	4:06:38	45.63	
	<i>Las Virgenes 30K</i>	4:16:43	43.84	
			<b>366.90</b>	<b>61.15</b>
<b>7</b>	<b>Angus Kennedy</b>			
	LB Pride 5K	24:34	64.05	
	Tracksmith 5000	24:58	63.02	
	Cascade Full	4:18:26	62.40	
	Rockin Summer Half	2:03:36	59.88	
	Old Zoo 12.6	2:06:21	56.36	
	Haunted Half	2:13:04	55.62	
	<i>Reindeer 5K</i>	25:08	62.61	
	<i>Catalina 10K</i>	58:25	55.04	
	<i>Mother's Day Half</i>	2:20:21	52.73	
	<i>Catalina 10K</i>	61:04	52.65	
	<i>Las Virgenes 30K</i>	5:03:59	37.02	
	<i>SOB 30K</i>	5:09:18	36.03	
			<b>361.33</b>	<b>60.22</b>
<b>8</b>	<b>Albert Giang</b>			
	RDR Turkey 5K	23:30	61.18	
	Haunted Half	1:50:18	60.73	
	Sydney Full	3:59:18	60.73	
	LAFR Pride 10K	49:05	59.52	
	LB Pride 10K	49:27	59.08	
	Rockin Summer Half	1:54:12	58.66	
	<i>Old Zoo 12.6</i>	1:50:40	58.30	
	<i>Catalina 10K</i>	52:00	56.19	
	<i>Tram 6K</i>	51:27	33.67	
			<b>359.90</b>	<b>59.98</b>
<b>5 Races</b>				
<b>9</b>	<b>Vikash Reddy</b>			
	LA Full	3:07:28	72.94	
	LB Pride 10K	38:58	70.86	
	Seattle Pride 8K	32:48	67.05	
	Cascade Full	3:07:25	73.58	
	Lake Union 10K	44:50	62.07	
			<b>346.50</b>	<b>69.30</b>

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<b>10</b>	<b>Amado Ulloa</b>			
	Chesebro Half	1:43:59	67.32	
	Sydney Full	3:28:03	73.14	
	Doggie Pups 5K	23:19	64.17	
	Tiger Run 10K	45:13	67.41	
	Space Race 5K	22:16	67.20	
			<b>339.24</b>	<b>67.85</b>
<b>11</b>	<b>Aaron Trieu</b>			
	Oakland 5K	22:23	62.27	
	PS Pride 5K	22:13	62.74	
	Livermore Half	1:42:35	62.59	
	SF Half	1:48:42	59.07	
	Oakland RF 10K	49:03	57.19	
	<i>Sac Pride 5K</i>	22:50	60.58	
	<i>Oakland 5000</i>	21:18	64.95	
	<i>LB Pride 5K</i>	28:02	49.35	
			<b>303.86</b>	<b>60.77</b>
<b>12</b>	<b>Joey Lan</b>			
	PS Pride 5K	23:56	56.52	
	SD Pride 5K	23:57	56.48	
	River Half	1:56:21	53.43	
	Chilly Willy 10K	50:57	53.39	
	Cascade Half	2:05:06	50.09	
	<i>LAFR Pride 5K</i>	24:42	54.37	
	<i>SD Half</i>	2:17:18	45.45	
			<b>269.91</b>	<b>53.98</b>
<b>13</b>	<b>Bill Winkelmann</b>			
	Wrigley 10K	1:13:06	50.00	
	PS Pride 5K	36:01	49.64	
	RDR Turkey 5K	37:46	48.01	
	Reindeer 10K	1:20:53	45.77	
	Cascade Half	3:05:56	45.53	
	<i>Rockin Summer 10K</i>	1:20:22	45.48	
	<i>LAFR Pride 5K</i>	41:16	43.32	
			<b>238.95</b>	<b>47.79</b>
<b>4 Races</b>				
<b>14</b>	<b>Carlos Vizcarra</b>			
	Catalina 10K	40:13	75.14	
	L Balboa Turkey 5K	19:07	77.65	
	SRLA 10K	40:28	74.68	
	Trials of Miles 5000	18:47	77.39	
			<b>304.86</b>	<b>76.22</b>
<b>15</b>	<b>Jeremy Yoder</b>			
	River Half	1:32:39	68.73	
	Boston Full	3:36:40	63.65	
	LB Pride 10K	42:39	65.25	
	Cascade Full	3:19:38	69.66	
			<b>267.29</b>	<b>66.82</b>
<b>16</b>	<b>Jack Schaedel</b>			
	RB Half	1:57:29	60.13	
	VB Half	1:54:04	61.94	
	Skinny Raven 10K	48:40	63.74	
	90s Remix 10K	46:07	67.26	
			<b>253.07</b>	<b>63.27</b>

## LAFR Champions Race Detail 2025 FINAL

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<b>17</b>	<b>Mark DeAngelis</b>			
	LB Pride 5K	23:31	67.49	
	LAFR Pride 10K	48:14	67.90	
	Tram 6K	51:06	37.82	
	PS Pride 5K	23:00	69.61	
	<i>RB Turkey 5K</i>	23:55	66.94	
			<b>242.82</b>	<b>60.71</b>
<b>18</b>	<b>Norbert Hetzel</b>			
	LB Pride 5K	29:07	56.98	
	Wrigley 10 Mile	1:35:50	61.39	
	Haunted 15K	1:34:01	58.20	
	Reindeer 10K	59:01	57.64	
			<b>234.21</b>	<b>58.55</b>
<b>19</b>	<b>Jonathan Toker</b>			
	Pt Mugu Half	1:36:42	70.49	
	Holcomb Valley 14 Mile	1:52:46	64.62	
	Matterhorn 49K	6:02:54	50.77	
	Infemo Half	2:31:56	44.87	
	<i>Mt. Baldy Run Top 7 mi</i>	1:16:45	43.76	
			<b>230.75</b>	<b>57.69</b>
<b>20</b>	<b>Mark Planas</b>			
	LB Pride 10K	43:17	63.30	
	PS Pride 5K	21:29	62.96	
	GuideDogs 5K	21:05	64.16	
	Tram 6K	43:08	37.76	
			<b>228.18</b>	<b>57.05</b>
<b>21</b>	<b>Henry Jung</b>			
	LB Pride 10K	54:46	59.25	
	PS Pride 5K	25:46	62.13	
	RB Turkey 5K	25:22	63.11	
	Tram 6K	52:25	36.87	
			<b>221.36</b>	<b>55.34</b>
<b>22</b>	<b>Jonathan Whitfield</b>			
	LB Pride 10K	56:09	54.76	
	LAFR Pride 10K	56:25	54.50	
	Catalina Half	2:12:18	53.40	
	Doggie Pups 5K	33:25	45.15	
			<b>207.81</b>	<b>51.95</b>
<b>23</b>	<b>David Grudzien</b>			
	ATC Mercedes-Benz 5K	30:34	55.28	
	ATL Tday 5K	38:09	44.71	
	ATC Grand Prix 1-Miler	9:51	51.79	
	New Year's 10K	1:11:00	49.34	
	<i>Ugly Pajama 5K</i>	31:07	54.82	
	<i>Fall Fest Freaky 5K</i>	32:21	52.23	
	<i>Leprechaun 5K</i>	32:25	52.12	
	<i>Sunshine Santa 5K</i>	33:17	51.25	
	<i>ATC Hawks 5K</i>	33:02	51.15	
	<i>Run the River 5K</i>	33:10	50.94	
	<i>Monster Dash 5K</i>	33:14	50.84	
	<i>Cypress Cove 5K</i>	33:16	50.79	
	<i>Pride Run ATL 5K</i>	33:25	50.56	
	<i>Dekalb 5K</i>	33:28	50.49	
	<i>ATC Braves Country 5K</i>	33:38	50.24	
	<i>Little Rock 5K</i>	33:44	50.08	

## LAFR Champions Race Detail 2025 FINAL

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	<i>Saints Kickoff Run 4K</i>	34:37	48.81		
	<i>Southside 5 Mile</i>	57:01	48.57		
	<i>Beltline 10K</i>	1:12:48	47.65		
	<i>Peachtree 10K</i>	1:14:13	46.74		
	<i>Members 10K</i>	1:14:43	46.42		
	<i>Freedom Fest 5K</i>	36:29	46.31		
	<i>Mainly Marathons Ind 5K</i>	36:30	46.29		
	<i>Early Bird Turkey 5K</i>	37:28	45.10		
	<i>Run Santa Run 5K</i>	38:38	44.15		
	<i>Stephenson Half</i>	3:02:14	43.96		
	<i>Buck Creek Streak 5K</i>	38:33	43.83		
	<i>Juneteenth Atlanta 5K</i>	38:33	43.83		
	<i>Bare Buns 5K</i>	38:44	43.62		
	<i>ATL Santa Speedo Run</i>	12:10	42.34		
	<i>Burn Your Half Off Half</i>	3:11:31	41.83		
	<i>Hwd Bch Half</i>	3:22:42	39.54		
	<i>Mainly Marathons Ind 50K</i>	9:28:48	39.26		
	<i>State Line Streak 5K</i>	43:08	39.17		
			<b>201.12</b>	<b>50.28</b>	
<b>24</b>	<b>Michael Janovici</b>				
	LAFR Pride 5K	35:58	40.29		
	LAFR Pride 10K	1:07:53	43.40		
	Catalina Half	3:08:31	35.84		
	RDR Turkey 5K	30:08	48.09		
			<b>167.62</b>	<b>41.90</b>	
<b>25</b>	<b>Jason Coleman</b>				
	Ocean 15K	1:55:27	40.91		
	LA Full	5:59:29	40.80		
	Disney Dopey 5K	35:39	40.65		
	Disney Dopey 10K	1:13:41	39.98		
	<i>Tokyo Full</i>	6:29:00	38.23		
	<i>Disney Dumbo 10K</i>	1:18:04	37.74		
	<i>Disney Dumbo Half</i>	2:59:28	37.65		
	<i>Disney Dopey Half</i>	3:00:10	37.51		
	<i>Disney Spring 10 Mile</i>	2:16:47	37.11		
	<i>Disney Spring 10K</i>	1:22:49	35.57		
	<i>Disney Dopey Full</i>	6:50:11	35.25		
			<b>162.34</b>	<b>40.59</b>	
<b>3 Races</b>					
<b>26</b>	<b>Jose Hernandez</b>				
	Tracksmith 5000	19:03	64.47		
	Bimbo 10K	40:30	66.74		
	CIM Full	3:04:35	72.34		
			<b>203.55</b>	<b>67.85</b>	
<b>27</b>	<b>Steve Gerschultz</b>				
	Avalon 50	11:50:19	56.17		
	London Full	4:19:37	64.03		
	Chicago Full	4:01:03	68.97		
			<b>189.17</b>	<b>63.06</b>	
<b>28</b>	<b>Scott Sugino</b>				
	Tracksmith 5000	23:29	62.70		
	SaMo 10K	50:20	59.53		
	M2B Full	3:52:02	64.37		
			<b>186.60</b>	<b>62.20</b>	

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<b>29</b>	<b>Andrew Cunningham</b>			
	PS Pride 5K	23:29	61.22	
	RDR Turkey 5K	23:10	62.06	
	Doggie Humans 5K	22:56	62.60	
			<b>185.88</b>	<b>61.96</b>
<b>30</b>	<b>Justin Hang</b>			
	LAFR Pride 5K	21:33	59.47	
	LAFR Pride 10K	43:21	60.90	
	Tracksmith 5000	19:53	64.47	
			<b>184.84</b>	<b>61.61</b>
<b>31</b>	<b>Jim Martinez</b>			
	Aut2Run 5K	28:18	62.34	
	OneLegacy 5K	28:08	62.71	
	Wrigley 10K	64:17	56.20	
	<i>LB Pride 5K</i>	<i>30:32</i>	<i>57.78</i>	
	<i>LAFR Pride 5K</i>	<i>31:08</i>	<i>56.67</i>	
			<b>181.25</b>	<b>60.42</b>
<b>32</b>	<b>Kyle Schmitz</b>			
	LA Full	3:28:48	64.39	
	RB Half	1:36:54	64.67	
	Big Bear Turkey 5K	29:16	47.85	
			<b>176.91</b>	<b>58.97</b>
<b>33</b>	<b>Mark Johnson</b>			
	SOB 50K	7:09:32	47.38	
	Las Virgenes 30K	3:12:41	57.28	
	LAFR Pride 5K	21:51	71.40	
			<b>176.06</b>	<b>58.69</b>
<b>34</b>	<b>Scott Swiontek</b>			
	LB Pride 10K	46:07	60.35	
	LAFR Pride 10K	46:29	59.87	
	Catalina Half	2:00:30	52.85	
			<b>173.07</b>	<b>57.69</b>
<b>35</b>	<b>Martin Carlson</b>			
	RDR Turkey 5K	26:57	61.56	
	LAFR Pride 5K	29:46	55.74	
	LAFR Pride 10K	1:01:11	55.60	
	<i>Doggie Pups 5K</i>	<i>30:39</i>	<i>54.13</i>	
			<b>172.90</b>	<b>57.63</b>
<b>36</b>	<b>Mario Mota</b>			
	SOB 30K	4:56:20	37.60	
	Sydney Full	3:59:10	68.11	
	Berlin Full	4:03:47	66.81	
			<b>172.52</b>	<b>57.51</b>
<b>37</b>	<b>Mitchell Miller</b>			
	Malibu Canyon 50 Mile	8:21:21	64.15	
	AC100	26:44:39	51.66	
	ANF 50K	5:20:01	52.83	
			<b>168.64</b>	<b>56.21</b>
<b>38</b>	<b>Ricardo Suarez</b>			
	LAFR Pride 10K	56:50	50.57	
	Rockin Summer 15K	1:23:46	54.97	
	Haunted Half	1:54:00	58.25	
			<b>163.79</b>	<b>54.60</b>

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<b>39</b>	<b>David Dassey</b>			
	LB Pride 5K	35:53	51.32	
	LAFR Pride 5K	33:59	54.19	
	Wrigley 10K	55:00	56.95	
			<b>162.46</b>	<b>54.15</b>
<b>40</b>	<b>Dan Vu</b>			
	LB Pride 10K	54:34	53.99	
	LAFR Pride 10K	53:29	55.09	
	Catalina Half	2:34:47	43.65	
			<b>152.73</b>	<b>50.91</b>
<b>41</b>	<b>Sean Carney</b>			
	LB Pride 10K	59:35	51.16	
	LAFR Pride 10K	58:56	51.72	
	PS Pride 5K	30:19	49.76	
			<b>152.64</b>	<b>50.88</b>
<b>42</b>	<b>Al Cortez</b>			
	LB Pride 10K	50:10	60.24	
	Catalina 10K	66:58	45.13	
	Doggie Pups 5K	33:25	44.43	
			<b>149.80</b>	<b>49.93</b>
<b>43</b>	<b>Deo Jaravata</b>			
	Edinburgh Full	5:04:59	53.41	
	Riga Full	5:06:01	53.23	
	RDR Turkey 5K	64:52	33.27	
	<i>Cayman Islands Full</i>	5:53:06	46.13	
	<i>Monument Valley Full</i>	6:14:59	43.44	
	<i>Marine Corps Full</i>	5:20:07	50.89	
	<i>Bishtek Full</i>	5:59:40	45.29	
	<i>Kazakhstan Full</i>	5:31:27	49.15	
	<i>Tonga Full</i>	5:20:36	50.81	
	<i>Vanuata Full</i>	5:41:35	47.69	
	<i>Belfast City Full</i>	5:12:55	52.05	
	<i>Tel Aviv Full</i>	5:18:47	50.59	
	<i>RnR SD Full</i>	5:25:25	50.06	
	<i>Victoria Falls Full</i>	5:29:27	49.45	
	<i>Guadeloupe Full</i>	5:49:32	46.16	
	<i>Chobe Full</i>	5:53:40	46.06	
	<i>Milo Full</i>	6:00:01	45.24	
	<i>Zambesi Full</i>	6:22:23	42.60	
	<i>Fulhadhoo Full</i>	6:09:12	43.68	
	<i>St. Vincent Full</i>	6:11:20	43.43	
	<i>St. Lucia Full</i>	6:30:21	41.32	
			<b>139.91</b>	<b>46.64</b>
<b>44</b>	<b>Viktor Toth</b>			
	SOB 30K	4:56:24	34.88	
	Catalina Full	5:16:47	47.15	
	Catalina Half	2:10:55	52.98	
			<b>135.01</b>	<b>45.00</b>
<b>45</b>	<b>Richard Peng</b>			
	SOB 30K	5:30:03	31.60	
	Chesebro Half	2:29:15	46.48	
	LB Pride 10K	57:42	52.37	
			<b>130.45</b>	<b>43.48</b>

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<b>2 Races</b>				
<b>46</b>	<b>Ken Fandell</b>			
	RB Turkey 5K	20:03	75.25	
	CIM Full	3:19:56	76.84	
			<b>152.09</b>	<b>76.05</b>
<b>47</b>	<b>Martin Leung</b>			
	Boston Full	3:03:49	72.63	
	Surfers Pt Full	2:54:58	76.32	
			<b>148.95</b>	<b>74.48</b>
<b>48</b>	<b>Matt Movahhed</b>			
	Boston Full	3:01:41	74.01	
	Oakland Half	1:27:26	71.11	
			<b>145.12</b>	<b>72.56</b>
<b>49</b>	<b>Kevin Shiramizu</b>			
	Mother's Day Half	1:49:52	62.60	
	LAFR Pride 5K	23:08	63.65	
			<b>126.25</b>	<b>63.13</b>
<b>50</b>	<b>William Alsina</b>			
	RDR Turkey 5K	20:45	61.77	
	Trials of Miles 5000	20:12	62.32	
	<i>Tracksmith 5000</i>	21:46	58.88	
	<i>Lotus 5K</i>	21:58	58.35	
	<i>LAFR Pride 5K</i>	22:23	57.26	
			<b>124.09</b>	<b>62.05</b>
<b>51</b>	<b>James Smith</b>			
	LB Pride 10K	46:31	62.29	
	LAFR Pride 10K	47:11	61.41	
			<b>123.70</b>	<b>61.85</b>
<b>52</b>	<b>Ron Perez</b>			
	VB Half	2:06:13	59.79	
	Palisades 10K	54:19	60.86	
			<b>120.65</b>	<b>60.33</b>
<b>53</b>	<b>Derek Mai</b>			
	LB Pride 10K	46:00	58.76	
	LAFR Pride 10K	44:58	60.11	
			<b>118.87</b>	<b>59.44</b>
<b>54</b>	<b>Loc Tran</b>			
	Firecracker 10K	51:56	59.21	
	CIM Full	4:20:32	59.52	
			<b>118.73</b>	<b>59.37</b>
<b>55</b>	<b>Michael Bea</b>			
	LB Pride 10K	39:13	68.54	
	Doggie Pups 5K	26:30	49.94	
			<b>118.48</b>	<b>59.24</b>
<b>56</b>	<b>Manny Camargo</b>			
	LA Full	5:04:09	54.10	
	Berlin Full	4:22:13	63.40	
			<b>117.50</b>	<b>58.75</b>
<b>57</b>	<b>Joe Farry</b>			
	Oakland 5K	25:36	60.43	
	PS Pride 5K	27:09	56.98	
	<i>LAFR Pride 5K</i>	27:01	56.78	
	<i>LB Pride 5K</i>	28:27	53.92	
			<b>117.41</b>	<b>58.71</b>

## LAFR Champions Race Detail 2025 FINAL

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<b>58</b>	<b>David Condra</b>				
	Catalina 10K	54:07	58.35		
	Catalina Half	2:09:35	56.57		
			<b>114.92</b>	<b>57.46</b>	
<b>59</b>	<b>Eric Eisenbrey</b>				
	Reindeer 5K	24:24	58.01		
	LB Pride 5K	25:16	55.59		
	<i>Doggie Pups 5K</i>	25:36	55.29		
	<i>LAFR Pride 5K</i>	26:09	54.13		
			<b>113.60</b>	<b>56.80</b>	
<b>60</b>	<b>Reg Willson</b>				
	LAFR Pride 5K	28:14	59.30		
	Doggie Pups 5K	30:50	52.85		
			<b>112.15</b>	<b>56.08</b>	
<b>61</b>	<b>Rick Freeman</b>				
	Pumpkin 5K	32:49	57.52		
	RDR Turkey 5K	31:44	54.32		
			<b>111.84</b>	<b>55.92</b>	
<b>62</b>	<b>Brian Dunbar</b>				
	LB Pride 10K	59:16	56.31		
	Catalina 10K	60:32	55.13		
	<i>LAFR Pride 10K</i>	1:02:17	53.58		
			<b>111.44</b>	<b>55.72</b>	
<b>63</b>	<b>Rono Velasquez</b>				
	Bimbo 10K	57:47	53.21		
	Pumpkin 5K	26:19	57.81		
			<b>111.02</b>	<b>55.51</b>	
<b>64</b>	<b>Charlie Heaton</b>				
	Tokyo Full	4:16:32	56.49		
	PS Pride 5K	26:50	53.16		
			<b>109.65</b>	<b>54.83</b>	
<b>65</b>	<b>Theo Tacail</b>				
	Las Virgenes 12K	60:23	53.14		
	Catalina 10K	48:10	55.31		
			<b>108.45</b>	<b>54.23</b>	
<b>66</b>	<b>David Gonzalez</b>				
	RDR Turkey 5K	26:27	53.10		
	PS Pride 5K	26:52	52.28		
	<i>Derby Day 5K</i>	27:52	50.02		
			<b>105.38</b>	<b>52.69</b>	
<b>67</b>	<b>Wadley</b>				
	Catalina Full	4:57:36	47.55		
	Catalina Half	1:59:46	54.99		
			<b>102.54</b>	<b>51.27</b>	
<b>68</b>	<b>Paul Morrell</b>				
	PS Pride 5K	32:46	51.10		
	RDR Turkey 5K	32:44	51.15		
			<b>102.25</b>	<b>51.13</b>	
<b>69</b>	<b>Mike Smith</b>				
	Friendship 30K	4:11:23	41.88		
	LA Full	6:59:20	36.29		
			<b>78.17</b>	<b>39.08</b>	

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<b>1 Race</b>				
<b>70</b>	<b>Tom Hammer</b>			
	PS Pride 5K	17:19	78.11	
			<b>78.11</b>	<b>78.11</b>
<b>71</b>	<b>Evan Bornstein</b>			
	PS Pride 5K	18:15	71.49	
			<b>71.49</b>	<b>71.49</b>
<b>72</b>	<b>Bruce Bair</b>			
	LAFR Pride 10K	44:44	71.23	
			<b>71.23</b>	<b>71.23</b>
<b>73</b>	<b>Patrick McIntyre</b>			
	LA Full	3:30:52	69.54	
			<b>69.54</b>	<b>69.54</b>
<b>74</b>	<b>Jose Yong</b>			
	Blecksmith 5K	23:06	69.31	
			<b>69.31</b>	<b>69.31</b>
<b>75</b>	<b>Sean O'Brien</b>			
	LAFR Pride 5K	24:09	66.88	
			<b>66.88</b>	<b>66.88</b>
<b>76</b>	<b>Andrew Snyder</b>			
	Seattle Pride 8K	33:38	64.89	
			<b>64.89</b>	<b>64.89</b>
<b>77</b>	<b>Jeff Maloy</b>			
	PS Pride 5K	20:36	64.24	
			<b>64.24</b>	<b>64.24</b>
<b>78</b>	<b>Andrew Gonzalez</b>			
	RnR Vegas Half	1:55:38	64.00	
			<b>64.00</b>	<b>64.00</b>
<b>79</b>	<b>Scott Lasker</b>			
	LAFR Pride 5K	25:16	62.82	
			<b>62.82</b>	<b>62.82</b>
<b>80</b>	<b>Alex Gorin</b>			
	PS Pride 5K	21:14	61.88	
			<b>61.88</b>	<b>61.88</b>
<b>81</b>	<b>Seiji Ono</b>			
	Carlsbad 1 Mile	8:09	60.88	
			<b>60.88</b>	<b>60.88</b>
<b>82</b>	<b>Barry Hamaguchi</b>			
	PS Pride 5K	23:14	60.45	
			<b>60.45</b>	<b>60.45</b>
<b>83</b>	<b>Raul Navarro</b>			
	LAFR Pride 10K	45:19	60.03	
			<b>60.03</b>	<b>60.03</b>
<b>84</b>	<b>Lui Sanchez</b>			
	LAFR Pride 5K	28:25	57.86	
			<b>57.86</b>	<b>57.86</b>
<b>85</b>	<b>Tuan Tran</b>			
	LA Full	4:04:37	56.86	
			<b>56.86</b>	<b>56.86</b>
<b>86</b>	<b>Sheehan Parker</b>			
	Haunted 5K	22:34	56.86	
			<b>56.86</b>	<b>56.86</b>
<b>87</b>	<b>Kyle Boss</b>			
	LB Pride 5K	23:16	55.15	
			<b>55.15</b>	<b>55.15</b>

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<b>88</b>	<b>John McGuinness</b>				
	Doggie Pups 5K	26:46	55.01		
			<b>55.01</b>	<b>55.01</b>	
<b>89</b>	<b>Brad Miyasato</b>				
	PS Pride 5K	33:56	50.80		
			<b>50.80</b>	<b>50.80</b>	
<b>90</b>	<b>Raul Jaramillo</b>				
	Catalina Half	2:12:22	49.75		
			<b>49.75</b>	<b>49.75</b>	
<b>91</b>	<b>Raul Borja</b>				
	Big Sur Full	5:02:38	48.03		
			<b>48.03</b>	<b>48.03</b>	
<b>92</b>	<b>Mike Kerkman</b>				
	LAFR Pride 5K	29:35	47.85		
			<b>47.85</b>	<b>47.85</b>	
<b>93</b>	<b>Benjamin Anderson</b>				
	LAFR Pride 10K	57:34	46.31		
			<b>46.31</b>	<b>46.31</b>	
<b>94</b>	<b>Allan-Michael Brown</b>				
	Catalina Half	2:13:13	46.07		
			<b>46.07</b>	<b>46.07</b>	
<b>95</b>	<b>Ryan Shiramizu</b>				
	LAFR Pride 5K	29:35	46.05		
			<b>46.05</b>	<b>46.05</b>	
<b>96</b>	<b>Jose Castillo</b>				
	RDR Turkey 5K	32:23	44.05		
			<b>44.05</b>	<b>44.05</b>	
<b>97</b>	<b>Guillermo Douglass-Jaimes</b>				
	LAFR Pride 10K	1:06:59	43.62		
			<b>43.62</b>	<b>43.62</b>	
<b>98</b>	<b>Allen Posten</b>				
	Doggie Pups 5K	39:35	41.92		
			<b>41.92</b>	<b>41.92</b>	
<b>99</b>	<b>Konrad Janus</b>				
	Tram 6K	44:34	38.57		
			<b>38.57</b>	<b>38.57</b>	
<b>100</b>	<b>Vikram Thakor</b>				
	Catalina 10K	70:59	37.87		
			<b>37.87</b>	<b>37.87</b>	