

## LAFR Champions Race detail 2008 Final

\*shaded races are non-GP, races in italics do not count towards your score, please see rules for race qualification. Women's and Walker's detail follows men.

### MEN

#### 1. Richard Nelson

PS Half	1:33:49	81.92
City of Angels 1/2	1:33:38	82.87
Brentwood 10K	42:54	78.51
Victory 8K	33:43	78.87
Will Rogers	20:09	80.31
Achievable 5K	20:15	79.91
<i>Long Beach Half</i>	<i>1:35:04</i>	<i>81.62</i>
<i>CA SR Trials 1500</i>	<i>5:42:99</i>	<i>77.17</i>
<i>Kickin 5K</i>	<i>20:40</i>	<i>78.30</i>
<i>LAFR 5K</i>	<i>20:50</i>	<i>77.67</i>
<i>Reggae 10K</i>	<i>44:38</i>	<i>75.46</i>
<i>CA SR Trials 5000</i>	<i>21:16.44</i>	<i>74.39</i>
<i>CA SR Trials 400</i>	<i>78.35</i>	<i>67.90</i>
<i>Firecracker 10K</i>	<i>44:48</i>	<i>74.52</i>
		<b>482.39</b>

#### 2. Carl Maravilla

Reggae 10K	37:33	80.45
SD Turkey 10K	38:46	77.93
Will Rogers	17:39	82.23
LAFR	17:56	80.93
SM 18K	1:26:27	64.53
City of Angels 1/2	1:20:14	86.15
<i>SD Pride</i>	<i>18:05</i>	<i>80.26</i>
<i>3 Mile Trail</i>	<i>23:29</i>	<i>61.81</i>
<i>PS 5K</i>	<i>18:18</i>	<i>79.31</i>
		<b>472.22</b>

#### 3. Mark Johnson

Long Beach Full	2:52:34	82.27
City of Angels 1/2	1:20:06	81.50
SF Half	1:24:01	77.70
Brentwood 10K	37:58	75.39
Achievable 5K	17:48	77.26
SD Pride	17:54	76.83
<i>Firecracker 10K</i>	<i>37:59</i>	<i>74.80</i>
<i>PS 5K</i>	<i>18:26</i>	<i>74.61</i>
<i>Victory 8K</i>	<i>30:18</i>	<i>74.59</i>
<i>LAFR 5K</i>	<i>18:09</i>	<i>75.77</i>
<i>Legg Lake 2 mile XC</i>	<i>11:22</i>	<i>74.19</i>
<i>Shoreline 5K</i>	<i>18:19</i>	<i>75.08</i>
<i>Derby 5K</i>	<i>18:44</i>	<i>73.41</i>
		<b>470.95</b>

#### 4. Sean O'Brien

Chesebro Half	1:28:24	76.27
Shark Run 5K	18:40	75.95
LAFR	18:50	75.28
Reggae 10K	38:55	75.83
DV Marathon	3:16:14	74.82
Bulldog 50K	4:19:42	71.61
<i>AC100</i>	<i>27:07:38</i>	<i>52.33</i>
<i>Crystal Cove 15K</i>	<i>1:16:02</i>	<i>59.07</i>
<i>Mt. Dis 50 mile</i>	<i>9:07:42</i>	<i>60.13</i>
<i>Catalina Eco Marathon</i>	<i>3:48:34</i>	<i>64.24</i>
<i>LA Marathon</i>	<i>3:30:48</i>	<i>69.65</i>
<i>SM 50K</i>	<i>4:50:00</i>	<i>64.12</i>
<i>Malibu 50K</i>	<i>4:53:27</i>	<i>63.38</i>
<i>BHS 50 Mile</i>	<i>9:13:27</i>	<i>59.51</i>
<i>Old Goats 50K</i>	<i>5:13:48</i>	<i>59.26</i>
<i>Boney Mtn 21K</i>	<i>1:54:59</i>	<i>58.63</i>
<i>Catalina Marathon</i>	<i>3:32:15</i>	<i>69.18</i>
<i>Leadville 50 miler</i>	<i>10:30:09</i>	<i>51.82</i>
		<b>449.76</b>

#### 5. Patrick Owen

Cancer Challenge 10K	40:44	74.76
Brentwood 10K	42:24	71.25
Channel Islands Half	1:35:24	73.07
Kickin 5K	19:57	72.75
PS 5K	20:28	71.49
Victory 8K	33:36	70.99
<i>SD Pride</i>	<i>20:24</i>	<i>71.15</i>
<i>SF Half</i>	<i>1:42:56</i>	<i>67.16</i>
<i>Firecracker 10K</i>	<i>45:58</i>	<i>65.72</i>
<i>Will Rogers</i>	<i>20:37</i>	<i>70.4</i>
<i>CIM Marathon</i>	<i>3:43:57</i>	<i>67.89</i>
<i>Catalina Marathon</i>	<i>3:57:45</i>	<i>63.38</i>
<i>LAFR</i>	<i>20:43</i>	<i>70.62</i>
<i>Shoreline 5K</i>	<i>20:55</i>	<i>69.39</i>
<i>Derby 5K</i>	<i>21:06</i>	<i>68.79</i>
<i>Malibu Creek 14</i>	<i>2:08:02</i>	<i>57.85</i>
<i>Kids 5K</i>	<i>22:01</i>	<i>64.94</i>
<i>SM 9K</i>	<i>44:34</i>	<i>60.66</i>
<i>Bulldog 25K</i>	<i>2:34:57</i>	<i>53.31</i>
<i>3 Mile Trail</i>	<i>26:36</i>	<i>55.00</i>
<i>Pt. Mugu 18K</i>	<i>1:34:43</i>	<i>59.39</i>
		<b>434.31</b>

**6. Bruce Bair**

LAFR 5K	18:28	74.47
LA Marathon	3:19:38	71.12
SF Full	3:14:12	73.11
Chesebro Half	1:32:03	70.93
City of Angels 1/2	1:25:40	76.82
Malibu Creek 14	1:51:49	62.54
SM 30K	2:45:34	57.49
Catalina Marathon	3:37:24	65.30
	<b>428.99</b>	

**7. Reg Willson**

LAFR 5K	19:45	74.08
Pt. Mugu 18K	1:31:24	61.55
DV Marathon	3:38:36	68.94
City of Angels 1/2	1:27:06	80.03
Chesebro Half	1:36:37	71.55
Bulldog 50K	5:04:59	63.14
SM 50K	5:26:22	59.00
Mt. Dis 50K	6:01:46	53.22
BHS 50K	5:44:38	55.38
	<b>419.29</b>	

**8. Brad Maury**

Cancer 10K	37:24	74.3
Kickin 5K	18:36	71.78
LAFR	19:28	68.59
Long Beach Half	1:26:46	72.98
City of Angels 1/2	1:27:12	72.61
Pt. Mugu 18K	1:26:43	58.98
SF Half	1:32:08	68.72
SM 18K	1:27:57	58.15
Malibu Creek 14	2:24:14	46.76
	<b>419.24</b>	

**9. Angus Kennedy**

Reggae 10K	42:26	67.97
Derby 5K	20:38	67.15
Achievable 5K	20:31	67.54
Victory 8K	33:32	67.77
SF Half	1:37:34	67.45
Long Beach Half	1:33:16	70.56
City of Angels 1/2	1:37:45	67.33
SD Pride	20:52	66.40
PS 5K	20:48	66.62
Kids 5K	21:35	64.20
Firecracker 10K	45:26	63.48
3 Mile Trail	26:35	52.12
SM 18K	1:46:03	50.12
	<b>408.44</b>	

**10. David Dassey**

LAFR 5K	22:36	69.15
Miami Marathon	4:09:57	65.47
Buzz Marathon	4:09:55	65.48
Reggae 10K	46:24	70.11
Firecracker 10K	46:55	69.34
City of Angels 1/2	1:52:33	67.03
Palos Verdes Marathon	4:20:23	62.85
Boston Marathon	4:25:09	61.72
Catalina Marathon	4:42:54	57.85
Valley of Fire Marathon	5:03:47	54.40
	<b>406.58</b>	

**11. Ric Munoz**

Boston Marathon	3:22:39	75.70
CIM Marathon	3:20:52	76.37
Comrades 87K	9:20:54	71.05
Firecracker 10K	48:46	62.45
Victory 8K	37:12	65.15
SM 50K	6:40:44	48.48
Napa Marathon	3:24:01	75.19
SF Full	3:27:49	73.82
Long Beach Full	3:28:06	73.72
OC Half	1:41:02	69.00
Palos Verdes Marathon	3:47:04	68.79
Carlsbad Marathon	3:48:21	66.58
SF 24 Hr Run	19:28:49	59.22
	<b>399.20</b>	

**12. Mark Jones**

Cancer 10K	43:38	68.69
Kickin 5K	20:56	68.79
LAFR	21:22	66.87
SF Half	1:43:09	66.45
Long Beach Half	1:36:48	70.81
Pt. Mugu 18K	1:42:17	54.10
City of Angels 1/2	1:48:02	63.45
Malibu Creek 14	2:25:38	50.01
	<b>395.71</b>	

**13. John McGuiness**

Firecracker 10K	45:17	60.26
City of Angels 1/2	1:30:46	69.02
Channel Islands Half	1:31:11	68.7
SF Full	3:36:20	63.51
San Diego Rock	3:45:36	60.91
Victory 8K	34:20	62.75
Reggae 10K	45:30	59.97
Chesebro Half	1:47:45	57.94
Pt. Mugu 18K	1:40:04	50.33
LA Marathon	4:04:21	56.23
Malibu Creek 14	2:18:25	48.34
	<b>385.15</b>	

**14. Bernie Tan**

LAFR	21:50	62.52
Shark Run 5K	22:09	61.17
City of Angels 1/2	1:40:21	64.55
PS Half	1:40:56	64.18
SF Full	3:36:38	65.00
Long Beach Full	3:39:01	64.28
<i>Firecracker 10K</i>	46:41	60.86
<i>LA Marathon</i>	4:00:27	58.48
<i>Reggae 10k</i>	48:58	58.02
<i>Chesebro Half</i>	1:51:41	58.00
<i>Catalina Marathon</i>	4:35:51	51.04

**381.70****15. Juan Moreno**

Napa Marathon	3:40:28	64.93
Carlsbad Half	1:39:27	66.17
City of Angels 1/2	1:40:22	66.1
Reggae 10K	45:19	64.12
Will Rogers	21:29	64.99
SM 18K	1:47:34	49.80
<i>RnR Half AZ</i>	1:39:44	65.98
<i>3 Mile Trail</i>	28:34	48.87
<i>Long Beach Full</i>	3:59:16	60.34
<i>Disney Half</i>	1:56:40	56.86
<i>Malibu Creek 14</i>	2:25:51	47.53

**376.11****16. Robb Briggs**

Achievable 5K	20:52	64.93
Shoreline 5K	21:38	62.63
SD Turkey 10K	46:23	60.8
Firecracker 10K	44:57	62.74
Malibu 25K	2:34:49	49.56
Ave Giants Marathon	3:30:00	66.50
<i>Boney Mtn 21K</i>	2:27:09	43.67
<i>PS 5K</i>	21:50:00	62.06
<i>Shark Run 5K</i>	21:50	62.06
<i>3 Mile Trail</i>	31:07	47.43
<i>SM 30K</i>	3:31:36	43.90

**367.16****17. Jim Martinez**

City of Angels 1/2	2:00:05	61.15
Shark Run 5K	24:38	61.86
Will Rogers	25:04	61.3
Reggae 10K	53:16	59.55
Firecracker 10K	54:42	57.99
Victory 8K	41:36	60.20
<i>Shoreline 5K</i>	25:41	59.34
<i>LAFR 5K</i>	25:44	59.22
<i>Kids 5K</i>	26:42	57.08
<i>3 Mile Trail</i>	36:25	42.20

**362.05****18. Deo Jaravata**

Orange Curtin 50K	5:13:33	64.29
Hansen Dam 30K	2:38:07	67.17
Eugene Marathon	3:48:12	63.12
Will Rogers	23:00	60.70
Achievable 5K	24:06	57.93
3 Mile Trail	32:52	42.48
<i>Jersey Marathon</i>	3:51:10	62.45
<i>Rotterdam Marathon</i>	3:51:59	62.23
<i>Yakima Marathon</i>	3:52:32	62.07
<i>St George Marathon</i>	3:54:01	61.69
<i>Big Cat Marathon</i>	3:54:45	61.49
<i>Zoom Yah Yah Marathon</i>	3:58:53	59.93
<i>Long Beach Full</i>	4:02:21	59.57
<i>Birmigham HS 5000</i>	23:11	58.90
<i>Las Vegas Marathon</i>	4:05:50	58.72
<i>Santa Clarita Marathon</i>	4:06:50	58.48
<i>Marine Corps Marathon</i>	4:06:55	58.47
<i>Learning 15K</i>	1:16:54	57.48
<i>Sedona Marathon</i>	4:14:48	56.18
<i>Diamond Valley Marathon</i>	4:16:19	55.85
<i>OC Marathon</i>	4:17:41	55.55
<i>Palos Verdes Marathon</i>	4:20:52	55.33
<i>Lake Tahoe Marathon</i>	4:22:34	54.98
<i>San Diego Rock</i>	4:27:41	53.92
<i>Carlsbad Marathon</i>	4:33:45	52.29
<i>Shamrock 8K</i>	39:14	58.48
<i>Two Oceans 56K</i>	6:25:07	54.68
<i>Pattaya Marathon</i>	5:04:15	47.44
<i>Catalina Eco Marathon</i>	5:57:30	40.38

**355.69****19. Augie Robles**

LAFR 5K	25:07	55.17
Reggae 10K	49:46	57.95
Firecracker 10K	53:06	54.31
City of Angels 1/2	1:43:28	63.61
Long Beach Full	4:10:12	57.21
SF Full	4:50:20	49.30
<i>Catalina Marathon</i>	5:12:53	45.75

**337.55****20. Mike Murphy**

LA Marathon	3:34:55	63.93
Catalina Eco Marathon	4:24:20	51.99
LAFR	20:26	63.87
SM 50K	5:38:02	51.49
Crystal Cove 15K	1:21:54	50.71
Mt. Dis 50K	7:39:08	37.90
<i>Long Beach Half</i>	2:49:58	36.73

**319.89**

**21. Dan Graham**

Shark Run 5K	24:25	61.39
LAFR 5K	24:32	61.60
Firecracker 10K	50:05	63.33
PS Half	1:49:36	65.82
City of Angels 1/2	1:54:51	62.82
SF Half	1:55:45	62.33
Long Beach Half	1:56:13	62.08
Chesebro Half	2:03:55	58.22

**314.96****22. Wadley**

Boney Mtn 21K	1:45:03	59.19
Chesebro Half	1:32:31	67.21
Buffalo Half	1:41:08	61.48
Catalina Marathon	3:46:37	60.63
Malibu Creek 14	1:59:04	56.02
Catalina Eco Marathon	3:59:57	57.27

**304.53****23. Carlos Vizcarra**

Boney Mtn 21K	1:37:57	63.74
Malibu Creek 14	1:42:25	65.33
LAFR 5K	17:10	76.37
Shoreline 5K	17:17	75.85

**281.29****24. William Korthof**

St. George	3:09:31	72.50
KP Half	1:29:35	69.41
Shoreline 5K	18:51	68.50
Pride Meet 5000M	18:11	69.45
SF Full	3:24:52	67.07
Pride Meet 400M	65.05	66.38

**279.86****25. Mark Penn**

Shoreline 5K	18:02	82.45
LAFR 5K	18:15	81.47
Victory 8K	29:52	81.81
Shark Run 5K	19:15	77.24
SD Pride	18:18	80.25

**245.73****26. Ely Yaron**

SF Full	3:53:11	59.47
LA Marathon	4:13:47	54.36
City of Angels 1/2	1:37:19	65.53
Long Beach Half	1:38:24	64.81
Channel Islands Half	1:39:24	64.16
Chesebro Half	1:47:52	59.13

**244.17****27. Jose Castillo**

Kickin 5K	22:56	56.39
LA Marathon	4:27:40	51.34
City of Angels 1/2	1:46:56	58.15
San Diego Rock	4:34:30	50.06

**215.94****28. William Fang**

Chesebro Half	1:28:56	69.93
LAFR	17:50	72.91
Las Vegas Marathon	3:08:50	73.06

**215.90****29. David Scheid**

Firecracker 10K	47:49	56.42
Brentwood 10K	47:55	56.31
LA Marathon	4:44:00	48.38
City of Angels 1/2	1:55:58	53.61
Cancer 10K	48:14	55.94
SD Turkey Trot	51:36	52.29

**214.72****30. Richard Peng**

Firecracker 10K	53:11	51.58
LAFR	24:42	53.68
City of Angels 1/2	1:54:00	55.22
SF Half	1:59:12	52.80

**213.28****31. Rusty Millar**

Shark Run 5K	22:31	69.41
Kids 5K	23:02	67.85
Firecracker 10K	50:09	64.86
LAFR 5K	23:30	66.51
Shoreline 5K	23:55	65.35
Will Rogers	23:05	67.71
SD Pride	23:54	65.39

**202.12****32. Seth Huerta**

LA Marathon	3:25:17	66.94
Catalina Marathon	3:44:54	61.09
SD Pride	18:55	68.20

**196.23****33. Mike Kerkman**

Reggae 10K	42:17	63.56
LAFR	20:13	63.87
City of Angels 1/2	1:34:27	65.84

**193.27****34. Paul Williams**

Portland 5-Miler	40:50	63.30
PS 5K	24:25	64.01
LAFR	24:41	62.78
Shark Run 5K	25:17	61.29

**190.09****35. Drew Brabb**

Achievable 5K	21:38	65.03
Firecracker 10K	54:36	53.22
SF Half	1:51:37	59.43

**177.68****36. Freddie Diaz**

LA Marathon	4:09:57	54.98
SF Full	3:51:57	59.24
LAFR	20:25	63.18

**177.40**

<b>37. Seth Diamond</b>	LAFR 5K	26:04	53.97	<b>51. Andrew Gonzalez</b>	LAFR	20:16	68.37
	Reggae 10K	49:59	58.14				<b>68.37</b>
	Firecracker 10K	50:58	57.01	<b>52. Jeffrey Bennett</b>	LAFR	20:56	67.73
			<b>169.12</b>				<b>67.73</b>
<b>38. David Dinielli</b>	Malibu Creek 14	2:00:43	57.03	<b>53. Jeff Lymburner</b>	Chesebro Half	1:43:02	67.08
	SF Full	3:00:23	77.42				<b>67.08</b>
			<b>134.45</b>	<b>54. Gabor Frank</b>	LA Marathon	3:48:40	66.48
<b>39. Bill Winkelmann</b>	Shark Run 5K	26:11	58.69				<b>66.48</b>
	LAFR	25:14	60.90	<b>55. John Yong</b>	City of Angels 1/2	1:35:12	65.31
			<b>119.59</b>				<b>65.31</b>
<b>40. Jason Bautista</b>	Brentwood 10K	46:40	57.54	<b>56. Charles Lee</b>	LAFR	21:39	64.49
	Reggae 10K	50:06	53.59				<b>64.49</b>
			<b>111.13</b>	<b>57. Henry Warren</b>	LAFR	22:29	64.05
<b>41. Neal Weisenberg</b>	Cancer 10K	49:39	56.80				<b>64.05</b>
	City of Angels 1/2	2:08:26	50.05	<b>58. Ben Brown</b>	LAFR	22:33	63.86
			<b>106.85</b>				<b>63.86</b>
<b>42. Henri Faucher</b>	LAFR	27:23	53.43	<b>59. Ken Dunn</b>	LAFR	25:37	61.01
	SD Pride	27:33	52.68				<b>61.01</b>
			<b>106.11</b>	<b>60. Michael Dean</b>	Kickin 5K	22:05	58.42
<b>43. Brian Dunbar</b>	LA Marathon	4:57:05	49.42				<b>58.42</b>
	Catalina Marathon	4:43:56	51.71	<b>61. Kirk Vaughn</b>	Firecracker 10K	52:48	54.62
			<b>101.13</b>				<b>54.62</b>
<b>44. Geoff Buck</b>	Reggae 10K	1:01:48	51.32	<b>62. Bill Austin</b>	LAFR	27:22	54.33
	City of Angels 1/2	2:34:44	47.46				<b>54.33</b>
			<b>98.78</b>	<b>63. Albert Brecht</b>	LAFR	30:14	53.52
<b>45. Bryan Prado</b>	Achievable 5K	26:20	48.99				<b>53.52</b>
	Cancer 10K	59:11	45.37	<b>64. Tom Carmichael</b>	LAFR	29:55	53.15
			<b>94.36</b>				<b>53.15</b>
<b>46. Nelson Miranda</b>	LA Marathon	4:46:44	47.93	<b>65. Rex Boone</b>	City of Angels 1/2	2:05:23	52.49
	Long Beach Full	5:06:53	44.77				<b>52.49</b>
			<b>92.70</b>	<b>66. Steve Jimenez</b>	Firecracker 10K	58:12	52.32
<b>47. Mike Smith</b>	Long Beach Half	2:19:51	45.01				<b>52.32</b>
	City of Angels 1/2	2:12:03	47.67	<b>67. Howard Hamburger</b>	LAFR	26:32	51.83
			<b>92.68</b>				<b>51.83</b>
<b>48. Clayton Bullock</b>	City of Angels 1/2	1:17:44	84.66	<b>68. Arturo Salgado</b>	LAFR	27:48	49.47
			<b>84.66</b>				<b>49.47</b>
<b>49. Charles Holmes</b>	City of Angels 1/2	1:44:21	70.37	<b>69. Victor Kang</b>	Long Beach Full	5:19:52	42.98
			<b>70.37</b>				<b>42.98</b>
<b>50. Riley Turcott</b>	City of Angels 1/2	1:30:37	68.62				
			<b>68.62</b>				

**WOMEN****1. Patricia Bates**

PS Half	1:52:30	80.78
Pt. Mugu Half	1:51:30	81.50
LA Marathon	4:10:01	79.56
Cancer 10K	50:24	77.50
Optimists 10K	50:46	76.94
SD Pride 5K	24:35	77.52
<i>Free to Breathe 5K</i>	24:48	76.84
<i>Shoreline 5K</i>	25:20	75.23
<i>LAFR</i>	25:33	74.59
<i>Victory 8K</i>	41:37	74.52
<i>Reggae 10K</i>	53:36	72.87
<i>Brentwood 10K</i>	51:01	76.56

**473.80****2. Margie Gonzales**

Inland Half	2:32:12	55.71
Pt. Mugu Half	2:26:06	58.04
LA Marathon	5:50:57	52.83
Long Beach Full	5:51:49	52.71
Rosanna 5K	32:56	54.07
Optimists 10K	73:50	49.43
<i>Victory 8K</i>	58:42	49.37
<i>Bulldog 25K</i>	3:51:56	43.76
<i>City of Angels Half</i>	2:44:38	51.5
<i>Channel Islands Half</i>	2:37:12	53.94
<i>Surf City Half</i>	2:38:09	53.61
<i>YMCA Half</i>	2:39:22	53.20
<i>SM 9K</i>	1:18:09	41.87
<i>Malibu 14</i>	3:49:42	39.57

**322.79****3. Amy Ross**

Cancer 10K	1:05:26	56.52
Reggae 10K	1:04:33	56.54
Kickin 5K	29:12	61.73
LAFR	30:28	59.23
City of Angels Half	2:26:24	58.71
<i>Shoreline 5K</i>	31:55	56.54
<i>Firecracker 10K</i>	1:07:10	54.34

**292.73****4. Kim Fairchild**

Shark Run 5K	26:55	57.35
Will Rogers	27:28	56.20
Firecracker 10K	58:59	53.64
City of Angels Half	2:11:37	55.70

**222.89****5. Doris Chung**

Shark Run 5K	31:42	52.08
SD Pride	34:29	48.46
Firecracker 10K	1:14:42	45.29
Victory 8K	62:40	42.87
<i>Kickin 5K</i>	37:43	44.31
<i>Will Rogers</i>	35:31	47.05
<i>Shoreline 5K</i>	34:45	47.51
<i>LAFR</i>	35:39	46.31
<i>Kids 5K</i>	36:01	45.84
<i>3 Mile Trail</i>	48:08	30.40

**188.70****6. Cat White**

Shark Run 5K	31:17	48.20
Firecracker 10K	1:16:17	40.51
Reggae 10K	1:11:13	43.60
LAFR	35:48	42.12
<i>Will Rogers</i>	36:24	41.42

**174.43****7. Keeley Webster**

Shark Run 5K	33:35	45.37
Firecracker 10K	1:14:35	41.87
Reggae 10K	1:17:05	40.51
LAFR	35:46	42.60
<i>Will Rogers</i>	36:24	41.86

**170.35****8. Kristi Twilley**

Shoreline 5K	27:32	55.34
LAFR	27:54	54.61
City of Angels Half	2:31:09	47.33

**157.28****9. Regina Robinson**

Kickin 5K	30:55	49.59
Long Beach Half	2:40:56	44.79
City of Angels Half	2:31:38	47.53

**141.91****10. Tanya Haney**

Free to Breathe 5K	27:45	54.39
Rosanna 5K	26:47	56.05
<i>Will Rogers</i>	28:24	52.86

**110.44****11. Christine Curtin**

LAFR	30:36	52.20
Channel Islands Half	2:38:48	47.66

**99.86****12. Jacqueline Vogel**

LAFR	24:35	60.20
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**60.20****13. Ruthanne Salido**

Firecracker 10K	1:01:14	55.26
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**55.26****14. Julia Passwater**

Kids 5K	30:29	48.55
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**48.55**

**WALKER****1. Deo Jaravata**

Mardi Gras Marathon	5:22:47	62.58
LA Marathon	5:33:31	60.21
Shamrock Marathon	5:21:20	62.87
Birmingham HS 1600	9:36	62.47
Birmingham HS 1600	9:38	62.25
Birmingham HS 1600	9:55	60.47
<i>LAFR</i>	<i>34:28</i>	<i>56.18</i>

**370.85****2. Doug Jones**

City of Angels Half	2:52:28	56.22
Channel Islands Half	2:54:01	55.71
SD R n R	6:23:11	55.47
LA Marathon	6:36:34	54.01
LAFR 10K	1:19:10	53.26
Victory 8K	1:08:21	49.37
<i>Chesebro</i>	<i>3:19:09</i>	<i>48.29</i>
<i>Firecracker 10K</i>	<i>1:29:05</i>	<i>47.33</i>
<i>Pt. Mugu 18K</i>	<i>1:57:04</i>	<i>36.02</i>
<i>Reggae 10K</i>	<i>1:30:00</i>	<i>47.24</i>
<i>Malibu Creek 14</i>	<i>4:31:42</i>	<i>27.73</i>

**324.04****3. Juan Moreno**

SD R n R	5:06:36	65.89
LAFR	33:02	58.62
SD Pride	31:51	60.80
PS 5K	32:04	60.39
Rose Bowl Half	2:22:13	64.02

**309.72****4. Lee Lightfoot**

LA County 5K	35:31	66.54
Long Beach Marathon	6:23:22	62.91
LA Marathon	6:22:32	62.41
City of Angels Half	3:16:46	56.03
Great Wall Marathon	7:32:08	52.80

**300.69****5. Connie Hammen**

Kickin 5K	43:24	59.02
Firecracker 5K	43:57	58.28
Reggae 5K	48:09	53.20
Shoreline 5K	45:08	56.76
LAFR	44:18	57.82

**285.08****6. Anne Vasquez**

Super Bowl 5K	54:10	53.64
Reggae 5K	49:51	55.26
LAFR	49:33	58.64
SD Pride	49:49	59.26

**226.8****7. Sue Roth**

Victory 5K	58:04	46.49
LAFR	57:44	46.76
SD Pride	54:21	49.67

**142.92****8. David Dassey**

SF Half	2:47:05	61.00
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**61.00****9. Doris Chung**

Reggae 5K	48:09	45.54
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**45.54**