

# LOS ANGELES FRONT RUNNERS



## LAFR Grand Prix Series Race Schedule 2025

*All races count for all divisions. Trail races are marked TM.  
June-December races will be added as dates are announced.*

JANUARY			
Date	Event/Distance	Website	Location
1/5	Resolution Run <b>TM</b>	<a href="http://www.rayenduranceevents.com">www.rayenduranceevents.com</a>	LA
1/11	Avalon 50K/50M <b>TM</b>	<a href="http://www.runcatalina.com">www.runcatalina.com</a>	Avalon
FEBRUARY			
Date	Event/Distance	Website	Location
2/9	Ocean Breeze 5K/10K/15K/Half	<a href="http://www.abetterworldrunning.com">www.abetterworldrunning.com</a>	SaMo
2/16	SRLA Friendship Run	<a href="http://www.srla.org/events">www.srla.org/events</a>	Hansen Dam
2/16	Palm Desert Half	<a href="http://www.palmdeserthalfmarathon.com">www.palmdeserthalfmarathon.com</a>	PD
2/22	SOB Trail <b>TM</b>	<a href="http://www.khraces.com">www.khraces.com</a>	LA

# MARCH

Date	Event/Distance	Website	Location
3/1	SoCal River Half	<a href="http://www.onhillevents.com">www.onhillevents.com</a>	Irvine
3/8	Catalina 5K/10K/Full <b>TM</b>	<a href="http://www.runcatalina.com">www.runcatalina.com</a>	Avalon
3/9	Firecracker 5K/10K	<a href="http://www.firecracker10k.org">www.firecracker10k.org</a>	LA
3/16	LA Marathon/5K	<a href="http://www.lamarathon.com">www.lamarathon.com</a>	LA

# APRIL

Date	Event/Distance	Website	Location
4/5	Pt. Mugu <b>TM</b>	<a href="http://www.socaltrail.events">www.socaltrail.events</a>	LA
4/5	Derby Day 5K	<a href="http://www.derbyday5k.com">www.derbyday5k.com</a>	LA
4/5	Chesebro Races	<a href="http://www.greatrace.run">www.greatrace.run</a>	A Hills
4/6	Carlsbad 5K	<a href="http://www.carlsbad5000.com">www.carlsbad5000.com</a>	Carlsbad
4/12	Leona Divide <b>TM</b>	<a href="http://www.khraces.com">www.khraces.com</a>	LA
4/13	Mntns 2 Beach	<a href="http://www.mountains2beachmarathon.com">www.mountains2beachmarathon.com</a>	Ventura
4/21	Boston Marathon	<a href="http://www.baa.org">www.baa.org</a>	Boston
4/26	Las Virgenes Trail <b>TM</b>	<a href="http://www.ultrasignup.com/register.aspx?did=111210">www.ultrasignup.com/register.aspx?did=111210</a>	West Hills
4/27	Rose Bowl Half	<a href="http://www.mccourtfoundation.org">www.mccourtfoundation.org</a>	LA

## MAY

Date	Event/Distance	Website	Location
5/4	SRLA Spring 5K	<a href="http://www.srla.org/events">www.srla.org/events</a>	LA
5/11	Mother's Day 5K/10K/15K/Half	<a href="http://www.abetterworldrunning.com">www.abetterworldrunning.com</a>	Van Nuys
5/18	LB Pride Run	<a href="http://www.sfrlb.com">www.sfrlb.com</a>	LB
5/31	Finish the Run <b>TM</b>	<a href="http://www.streetsareforeveryone.org">www.streetsareforeveryone.org</a>	GP
5/31	Wrigley River Run	<a href="http://www.wrigleyriverrun.com">www.wrigleyriverrun.com</a>	LB

## JUNE

Date	Event/Distance	Website	Location
6/15	LAFR Pride Run <b>TM</b>	<a href="http://www.lafronrunners.com">www.lafronrunners.com</a>	GP
6/22	Old Zoo 12K/Half <b>TM</b>	<a href="http://www.rayenduranceevents.com">www.rayenduranceevents.com</a>	LA

## JULY

Date	Event/Distance	Website	Location
7/19	San Diego Pride Run	<a href="http://www.frwsd.org">www.frwsd.org</a>	San Diego
7/30	Tracksmith 5000	<a href="http://www.tracksmith.com/pages/twilight-5000">www.tracksmith.com/pages/twilight-5000</a>	OXY

## AUGUST

Date	Event/Distance	Website	Location
8/3	Run LA 10 Miler <b>TM</b>	<a href="http://www.rayenduranceevents.com">www.rayenduranceevents.com</a>	LA
8/24	Sunset Trail Relay <b>TM</b>		GP

## SEPTEMBER

Date	Event/Distance	Website	Location
<b>OCTOBER</b>			
Date	Event/Distance	Website	Location
10/5	Long Beach	<a href="http://www.runlongbeach.com">www.runlongbeach.com</a>	LB
10/26	Doggie Dash 5K <b>TM</b>	<a href="http://www.lafronrunners.com">www.lafronrunners.com</a>	LA

## NOVEMBER

Date	Event/Distance	Website	Location
11/8	Catalina Half Marathon/10K <b>TM</b>	<a href="http://www.runcatalina.com">www.runcatalina.com</a>	Avalon
11/8	PS Pride Run 5K	<a href="http://www.psfr.org">www.psfr.org</a>	P Springs
11/30	Run Deo Run Turkey Trot <b>TM</b>	<a href="http://www.lafronrunners.com">www.lafronrunners.com</a>	LA
11/26-11/30	Turkey Trot-tacular	see below	anywhere

## DECEMBER

Date	Event/Distance	Website	Location
12/7	Santa 5K/10K <b>TM</b>	<a href="http://www.rayenduranceevents.com">www.rayenduranceevents.com</a>	LA

## TURKEY TROT-TACULAR

Do you want an excuse to gorge yourself silly on Thanksgiving? Then run a Turkey Trot Thanksgiving weekend! So run a Turkey Trot, any Turkey Trot, any location, any distance, from Thursday through Sunday. They will be treated as one race for the Grand Prix. All runners will be ranked by age grade score regardless of which race you run.

11/26-11/30	A Better World Running	Any Turkey Trot anywhere qualifies; locally, ABWR has a bunch over the holiday weekend	various
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\*For races with more than distance, *runners/walkers may choose any distance for these events*. Runners/walkers will be ranked within their age groups by their age grade score.