

LAFR Pride Run 2022 5K Results  
 \*AG = NEW Course Age Group Record

OA	First Name	Last Name	Time		Age	AG	AG PL	Bib	Sex OA
<b>1</b>	<b>Adam</b>	<b>Lewis *AG</b>	19:26	M	16	15-19	1	958	1
<b>2</b>	Adam	Littke	20:21	M	48	45-49	1	421	2
<b>3</b>	<b>Rogelio</b>	<b>Bautista-Morales *AG</b>	21:12	M	55	55-59	1	957	3
<b>4</b>	Kevin	Shiramizu	22:04	M	48	45-49	2	949	4
<b>5</b>	Jeffrey	Mueller	22:06	M	43	40-44	1	936	5
<b>6</b>	Matt	Nelson	22:09	M	38	35-39	1	937	6
<b>7</b>	Martin	Vega	22:49	M	50	50-54	1	951	7
<b>8</b>	<b>Bill</b>	<b>Austin *AG</b>	22:58	M	65	65-69	1	901	8
<b>9</b>	Lesly	Clugston	24:41	F	31	30-34	1	689	1
<b>10</b>	Logan	Mann	25:05	M	18	15-19	2	931	9
<b>11</b>	Royce	Chang	25:22	F	45	45-49	1	1232	2
<b>12</b>	Paul	Holman	25:23	M	53	50-54	2	51	10
<b>13</b>	Joe	Yu	25:24	M	57	55-59	2	955	11
<b>14</b>	Philip	Castillo	25:47	M	45	45-49	3	909	12
<b>15</b>	Lui	Sanchez	25:50	M	61	60-64	1	947	13
<b>16</b>	Sameh	Sheikh	25:57	M	40	40-44	2	948	14
<b>17</b>	Peggy	Kennedy	26:55	F	48	45-49	2	373	3
<b>18</b>	John	Kawaharada	27:12	M	54	50-54	3	927	15
<b>19</b>	Alexis	Chenu	27:14	M	44	40-44	3	911	16
<b>20</b>	Jennifer	Marschner	27:26	F	45	45-49	3	690	4
<b>21</b>	Scott	Lasker	27:49	M	57	55-59	3	959	17
<b>22</b>	Lisa	Deng	27:53	F	30	30-34	2	403	5
<b>23</b>	Dwight	Des Lauriers	28:17	M	63	60-64	2	916	18
<b>24</b>	Richard	Hetzel	28:23	M	62	60-64	3	922	19
<b>25</b>	Brittany	Bluhm	28:35	F	36	35-39	1	374	6
<b>26</b>	Mischa	Haramia	28:40	F	56	55-59	1	1278	7
<b>27</b>	Raf	Lydon	29:05	M	52	50-54	4	930	20
<b>28</b>	Marisa	Jacoy	29:09	F	50	50-54	1	1091	8
<b>29</b>	Judi	Miller	29:13	F	56	55-59	2	677	9
<b>30</b>	Sean	O'Brien	29:27	M	59	55-59	4	940	21
<b>31</b>	Danielle	Dionisio	29:35	F	20	20-24	1	266	10
<b>32</b>	Lauren	Nguyen	29:45	F	56	55-59	3	679	11
<b>33</b>	Jeff	Beachnau	29:55	M	36	35-39	2	903	22
<b>34</b>	Judith	Rodenbeck	30:18	F	61	60-64	1	1297	12
<b>35</b>	Jody	Morton-Newman	30:21	M	49	45-49	4	422	23
<b>36</b>	Wayne	Bayan	30:31	M	46	45-49	5	902	24
<b>37</b>	Jim	Martinez	31:24	M	68	65-69	2	932	25
<b>38</b>	Evelyn	Gould	31:25	F	43	40-44	1	429	13
<b>39</b>	Thomas	Huang	31:30	M	25	25-29	1	923	26
<b>40</b>	Emma	Chanen	31:32	F	25	25-29	1	264	14
<b>41</b>	Nicholas	Burnett	31:40	M	40	40-44	4	906	27
<b>42</b>	Ryan	McGinty	31:59	M	46	45-49	6	933	28
<b>43</b>	Kristen	Dugger	32:07	F	43	40-44	2	487	15
<b>44</b>	Michael	Klyde	32:13	M	59	55-59	5	928	29
<b>45</b>	Ellen	Evans	32:28	F	57	55-59	4	267	16
<b>46</b>	Anthony	Martinez	32:30	M	23	20-24	1	960	30
<b>47</b>	Marian	Watson	33:02	F	19	15-19	1	681	17
<b>48</b>	Allison	Willits	33:04	F	29	25-29	2	684	18

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49	Bill	Winkelmann	33:18	M	69	65-69	3	954	31
50	Joel	Beder	33:27	M	62	60-64	4	904	32
51	Michael	Carbuto	34:21	M	69	65-69	4	907	33
52	<b>Allyne</b>	<b>Winderman *AG</b>	34:35	F	70	70-74	1	685	19
53	Christian	Wheeler	34:44	M	25	25-29	2	961	34
54	Laura	Brill	34:55	F	56	55-59	5	263	20
55	Michael	Joslin	35:19	M	55	55-59	6	926	35
56	Patrick	Conner	35:20	M	40	40-44	5	913	36
57	Ian	Joslin	35:22	M	23	20-24	2	925	37
58	Bobby	Rose	35:40	M	62	60-64	5	943	38
59	Vincent	Sanchez	35:54	M	52	50-54	5	946	39
60	Rosemary	Joslin	35:59	F	53	50-54	2	347	21
61	Richard	Held	36:18	M	74	70-74	1	921	40
62	Rachel	Mann	36:21	F	48	45-49	4	461	22
63	Susan	Requa	37:06	F	37	35-39	2	375	23
64	Milton	Carrillo	37:07	M	40	40-44	6	908	41
65	James	Miraglia	37:34	M	39	35-39	3	934	42
66	Claire	Shea	39:10		26	25-29		246	
67	Yumi	Afrento	42:07	F	58	55-59	6	371	24
68	<b>Catherine</b>	<b>Des Lauriers *AG</b>	42:15	F	76	75-79	1	265	25
69	Don	Norte	42:16	M	60	60-64	6	939	43
70	Kevin	Norte	42:17	M	60	60-64	7	938	44
71	Myrna	Nance	43:32	F	59	55-59	7	1293	26
72	John	Batista	44:20	M	33	30-34	1	48	45
73	Leo	Foti	44:20	M	37	35-39	4	316	46
74	Jennifer	Case	45:39	F	51	50-54	3	433	27
75	Margie	Gonzales	46:54	F	68	65-69	1	268	28
76	Christin	Pankonin	47:19	F	48	45-49	5	481	29
77	Nancy	Yearing	47:55	F	42	40-44	3	425	30
78	Bill	Walsky	49:15	M	71	70-74	2	952	47
79	Isabel	King	50:20	F	9	10-U	1	675	31
80	Elizabeth	Navarrete	51:56	F	29	25-29	3	678	32
81	William	Cullen	52:05	M	70	70-74	3	914	48
82	Keeley	Webster	53:57	F	53	50-54	4	682	33
83	Amy	Ross	53:57	F	69	65-69	2	680	34
84	Cat	White	53:57	F	51	50-54	5	683	35
85	Connie	Hammen	56:35	F	77	75-79	2	346	36
86	Timothy	Chung	56:35	M	59	55-59	7	912	49
87	Christian	Eimer	57:21	M	48	45-49	7	917	50
88	Edward	Krumer	57:37	M	61	60-64	8	929	51
89	Orit	Malkis	58:48	F	58	55-59	8	676	37
90	Jonathan	Qua	60:31	M	52	50-54	6	941	52
91	Michele	Brennan	60:32	F	53	50-54	6	424	38
92	David	Dassey	60:52	M	71	70-74	4	915	53
93	Richard	West	63:32	M	73	70-74	5	953	54
94	Eric	Fischer	63:32	M	73	70-74	6	919	55
95	Sofia	King	69:55	F	6	10-U	2	348	39
96	Daniela	Morato	69:55	F	41	40-44	4	422	40