

## 2009 5K Women Age Group

Div. P	OA	Last Name	First Name	Age	Time	Bib
<b>14-under</b>						
1	197	Shallop	Madison	9	37:23	132
2	209	Mcgowan	Shane	13	42:09	85
<b>15-19</b>						
1	181	Alvarez	Nancy	19	34:40	159
2	208	Mcgowan	Megan	16	40:54	84
3	210	Almanza	Sammi	16	42:09	5
<b>20-24</b>						
1	88	Sprague	Aleta	22	25:58	135
2	115	Mertz	Leanne	23	27:33	169
3	132	Shah	Anolee	23	28:23	131
4	133	Johnson	Heather	24	28:24	56
5	136	Lopez	Joyce	23	28:38	165
6	146	Epperson	Sara	23	30:03	31
7	174	Eddleman	Ginger	24	33:41	172
8	222	Greaney	Vanessa	23	50:30	45
<b>25-29</b>						
1	27	Mulligan	Kate	27	20:50	100
2	57	Vogel	Jacqueline	27	23:40	145
3	67	Donberg	Brooke	29	24:14	199
4	78	Werner	Lillie	26	25:13	148
5	91	Severa	Megan	27	26:23	129
6	114	Kwoh	Daisy	26	27:25	63
7	134	Lo	Tiffany	25	28:30	73
8	137	Chadwick	Tara	25	28:41	167
9	151	Soyinka	Amani	27	30:31	166
10	160	Scheidegger	Tara	29	31:37	128
11	176	Kommer	Alaina	29	33:59	61
12	182	Bejar	Xenia	27	34:53	
13	183	Myers	Katherine	25	35:01	174
14	184	Murray	Kristen	25	35:10	101
15	185	Andersen	Ashley	26	35:11	6
16	186	Hernandez	Maria	26	35:13	51
17	193	Samaco	Anah	28	36:44	126
<b>30-34</b>						
1	44	Quick	Amy	33	22:09	112
2	52	Neumark	Julie	34	22:56	104
3	99	Pagan	Veronica	30	26:55	106

4	155	Mizrahie	Mariann	34	30:41	162
5	158	Mueller	Mariana	34	31:11	98
6	172	Phillips	Amber	33	33:05	109
7	203	Madsen	Jess	31	38:42	80
8	220	Thakkar	Neha	32	50:26	141
9	221	Greaney	Luci	32	50:29	44
10	228	Nisgore	Kimberly	34	54:40	
<b>35-39</b>						
1	98	Adame	Iliana	38	26:52	2
2	100	Retz	Kirsten	37	26:56	114
3	116	Labrador	Geanine	39	27:36	64
4	121	Luna	Sandra	37	27:44	78
5	125	Farr	Heather	38	27:49	33
6	140	Martinez	Christina	37	29:24	81
7	157	Westheimer	Erica	35	30:45	149
8	163	Glupczynski	Deborah	38	31:51	41
9	165	Colon	Emily	36	32:18	175
10	204	Hill	Peggy	38	38:59	52
11	215	Richard	Laila	38	47:50	117
12	217	Meacham	Mary	38	48:09	89
13	223	Squires	Sharon	38	51:20	136
14	225	Iyengar	Deepa	35	51:50	54
<b>40-44</b>						
1	59	Hartman	Jennifer	43	23:48	48
2	66	Fedyna	Marg	44	24:11	193
3	80	Evans	Ellen	44	25:18	161
4	124	Twilley	Kristi	40	27:48	143
5	147	Wilson	Renee	41	30:12	152
6	159	Fiore	Sandra	41	31:12	35
7	180	Bala	Melissa	42	34:34	10
8	207	Charles	Kristina	42	40:21	22
9	212	Kassan	Lori	44	43:45	57
10	224	Strong	Lisa	44	51:20	139
<b>45-49</b>						
1	61	Roddy	Jessica	48	23:50	119
2	62	Hagan	Davida	48	23:54	197
3	82	Jeanpierre	Rosemarie	45	25:24	195
4	94	Morena	Patti	49	26:40	96
5	118	Rhodes	Giselle	47	27:40	173
6	119	Mcnamee	Audrey	45	27:42	88

7	145	Chung	Doris	49	30:02	168
8	156	Moore	Sheila	47	30:42	95
9	161	Pelton	Denise	45	31:46	108
10	205	Pierson	Victoria	45	39:41	170
11	206	Henson	Paulette	46	40:20	50
12	211	Bankler	Debbie	48	42:13	11
13	214	Bell	Laurie	48	45:27	13
<b>50-54</b>						
1	74	Land	Abbe	53	24:55	68
2	141	Rivero	Millie	51	29:27	164
3	153	Stone	Stephanie	50	30:39	137
4	166	Aristei	Sally	54	32:32	9
5	191	Towler	Marie	50	36:18	142
6	198	Russell	Gail	50	37:27	123
7	200	Criswell	Diane	50	37:45	27
<b>55-59</b>						
1	72	Winderman	Allyne	57	24:43	171
2	154	Ross	Amy	56	30:39	121
3	189	Ramirez	Sonia	58	35:53	158
4	199	Butler	Ormonde	55	37:37	19
5	201	Menezes	Jane	56	37:45	91
<b>60-64</b>						
1	213	Hammen	Connie	64	43:45	47
<b>65-69</b>						
1	229	Roth	Sue	68	54:41	122

## 2009 5K Men Age Group

Div. P	OA	Last Name	First Name	Age	Time	Bib
<b>14-under</b>						
1	70	Wells	George	11	24:25	197
<b>15-19</b>						
1	93	Lashley	Gary	15	26:31	313
<b>20-24</b>						
1	2	Jarrett	Kyle	21	16:51	83
2	14	Chestnut	James	20	19:29	397
3	36	Frank	Adam	24	21:31	54
4	37	Sanchez	Jose	23	21:34	164
5	86	Mendez	Daniel	23	25:48	126
6	144	Cameron	Rob	24	29:49	26
7	171	Nir	Eitan	20	33:01	141
8	192	Ralph	Luke	24	36:18	157
<b>25-29</b>						
1	3	Ramos	Alberto	25	17:13	343
2	8	Wadley		29	18:40	360
3	13	Bogda	Jared	25	19:19	15
4	17	Eagan	Kevin	27	20:16	47
5	18	Dunn	Ryan	29	20:18	370
6	19	Mew	Nicholas	27	20:21	127
7	26	Taylor	Brian	25	20:49	184
8	30	Fitzmaurice	Arthur	28	21:14	51
9	32	Rangel	Augustin	28	21:18	
10	54	Kurihara	Yusuke	27	23:09	99
11	58	Bailon	Ryan	27	23:46	305
12	75	Davis	Joel	25	24:57	38
13	102	Ophelan	Ian	27	26:58	143
14	139	Zuniga	Michael	27	29:12	211
15	148	Phoue	Dawrath	25	30:12	150
16	152	Lonberger	Brad	26	30:32	110
17	190	Nguyen	Peter	27	36:15	140
18	219	Francis	Eddie	25	50:02	53
19	226	Barela	Marcus	25	51:54	324
<b>30-34</b>						
1	1	Gonzales	Philip	32	16:20	331
2	7	Korthof	William	30	18:36	220
3	12	Fang	William	33	19:13	49
4	23	Jordan	Nathan	33	20:31	89

5	25	Venable	Stephen	33	20:48	192
6	31	Heatherington	Sean	30	21:15	364
7	33	Murphy	Mike	34	21:22	227
8	41	Lundin	Matthew	32	21:58	112
9	43	Castillo	Jose	30	22:01	358
10	63	Hoang	Hieu	34	24:03	76
11	68	Webb	Jay	33	24:18	196
12	69	Thomas	Scott	33	24:24	362
13	73	Jaimes	Guillermo	32	24:46	328
14	83	Madson	Brock	32	25:36	114
15	84	Su	Julius	30	25:43	178
16	90	Tomasiak	Richard	33	26:13	186
17	101	Marchand	Taylor	30	26:57	117
18	106	Campanile	Rob	32	27:02	27
19	108	Giang	Albert	32	27:10	58
20	130	Steinberg	Dean	33	28:18	336
21	143	Bui	Khoa	34	29:41	24

**35-39**

1	4	Vizcarra	Carlos	35	17:21	320
2	5	Acevedo	Kirk	37	18:06	1
3	9	Maury	Brad	38	18:48	121
4	15	McGuinness	John	35	19:51	216
5	16	Salles	Luis	39	20:04	332
6	34	Wyder	Ted	36	21:27	206
7	39	Qua	Jason	37	21:45	154
8	50	Alvarado Brown	Justin	35	22:34	5
9	53	Formanek	Don	36	22:59	316
10	55	Sangga	Nathaniel	37	23:12	166
11	56	Schick	Casey	36	23:37	333
12	64	Shiramizu	Kevin	35	24:05	335
13	79	Baltero	Marco	39	25:16	8
14	103	Laoang	Leo	39	26:59	311
15	117	Fannin	Sean	36	27:38	50
16	129	Allison	Forrest	36	28:12	4
17	131	Squires	Todd	36	28:18	175
18	167	Smith	Mike	37	32:42	173
19	169	Kravin	Moss	35	32:45	334
20	173	Holdman	Bryan	37	33:13	78
21	177	Kommer	George	38	34:02	95
22	188	Patane	Clay	38	35:33	147

23	227	Nisgore	Mike	36	51:55	318
<b>40-44</b>						
1	35	Castelo	Xavier	40	21:30	33
2	38	Iannone	Thomas	43	21:40	81
3	40	Tan	Bernie	41	21:51	182
4	42	McInnis	Boston	43	22:00	340
5	46	Robles	Augie	43	22:24	309
6	49	Spitzer	Michael	43	22:32	174
7	51	Lee	Charles	43	22:45	104
8	71	Dake	Glen	43	24:26	36
9	89	Short	Doug	41	26:11	329
10	92	Garcia	Ray	42	26:29	319
11	95	Brabb	Drew	44	26:40	302
12	123	Makay	Andrew	42	27:46	116
13	126	Sutkowski	Richard	44	27:50	179
14	142	Hilton	Peter	43	29:29	75
15	149	Phelps	Calvin	40	30:13	148
16	168	Nguyen	Duc	40	32:44	139
17	170	Jaravata	Deo	44	32:58	224
18	178	Brown	Dwayne	44	34:04	22
19	196	Shallop	Richard	41	37:06	170
20	202	Santanna	Ricardo	40	38:41	167
21	216	Gondhalekar	Parag	42	47:51	60
<b>45-49</b>						
1	6	Maravilla	Carl	49	18:33	314
2	11	O'Brien	Sean	45	19:11	
3	22	Zepeda	Daniel	45	20:28	338
4	28	Kezsely	Michael	49	21:00	93
5	47	Jones	Mark	47	22:26	87
6	65	Tanber	Andrew	45	24:06	183
7	76	Guo	Qi	45	25:01	66
8	87	Kowoll	Hans	47	25:52	96
9	107	Re	Laurence	46	27:03	158
10	109	Dunbar	Brian	47	27:11	325
11	110	Rojas	Jim	45	27:12	160
12	111	Bejgrowicz	Robert	47	27:13	308
13	113	Triplett	Dennis	45	27:21	188
14	122	Klyde	Michael	46	27:44	372
15	138	Gottschalk	Bob	46	28:42	63
16	179	Smith	Bryan	48	34:22	337

<b>50-54</b>						
1	20	Austin	Bill	52	20:24	6
2	21	Schuette	Chris	50	20:25	323
3	29	O'Reilly	Emmett	54	21:07	327
4	45	Hill	Ron	53	22:12	368
5	48	Willette	Tim	53	22:30	199
6	77	Elliot	Jeffrey	54	25:04	330
7	104	Samaniego	John	52	27:00	366
8	127	Ayoub	Richard	50	28:02	7
9	135	Kander	Mitch	54	28:36	341
10	175	Hill	Jack	52	33:45	74
11	187	Johnson	Neil	54	35:14	85
12	194	Jones	Doug	51	36:55	215
<b>55-59</b>						
1	81	Martinez	James	55	25:23	312
2	97	Dunn	Ken	58	26:49	44
3	105	Pratt	Gary	58	27:01	322
4	162	Hayes	Sean	57	31:46	70
5	195	Walsky	Bill	58	37:05	321
<b>60-64</b>						
1	24	Nelson	Richard	62	20:46	222
2	60	Fischer	Eric	60	23:49	303
3	96	West	Richard	60	26:42	304
4	112	Goodin	William	61	27:15	62
5	120	Held	Dick	61	27:43	383
6	164	Carmichael	Tom	60	32:03	30
<b>65-69</b>						
1	128	Hecker	Ron	69	28:02	72
2	218	Lakofka	Lenard	65	48:11	101
<b>70+</b>						
1	150	Ellis	Joe	70	30:26	342
2	231	Anderson	George	80	55:32	317