

2010 LAFR Pride Run 10K Female Age Group							
Div P	Time	First	Last	Sex	Age	Bib	OA
<b>Female 20-24</b>							
1	60:35	ANDREA	ZAGATA	F	22	741	128
2	60:35	ERIKA	KORNDORZER	F	24	566	129
3	63:43	CARMEN	YU	F	24	564	143
4	65:20	KATHERINE	LLINAS	F	22	706	152
<b>Female 25-29</b>							
1	54:00	JAMIE	CHUNG	F	27	381	96
2	55:21	MICHELLE	WEISBAUM	F	26	738	107
3	57:39	CAITLYN	PRUIKSMA	F	27	731	117
4	58:20	BROOKE	UEABLE	F	26	735	120
5	58:20	KRISTINE	CAPELL	F	29	713	121
6	58:37	TOMOKO	MIYAZAWA	F	25	707	122
7	58:44	CHRISTINA	SCHAEFER	F	27	575	124
8	59:23	MEGAN	HOLLIDAY	F	26	725	126
9	60:53	SHADIE	DAZA	F	28	576	131
10	61:28	MARIAM	HATAM	F	29	533	135
11	61:52	LAURIE	CHOW	F	26	714	137
12	62:53	HEATHER	HOLYAN	F	26	590	138
13	64:21	ELEANOR	WEIGERT	F	25	737	146
14	65:00	JULIA	VASQUEZ	F	29	573	149
15	68:59	DONISHA	STARKS	F	29	734	163
<b>Female 30-34</b>							
1	54:43	STACEY	PRICE	F	34	588	103
2	54:54	BROOKE	DONBERG	F	30	703	104
3	54:57	KIRSTYN	CHUN	F	34	715	105
4	60:40	KIMBERLY	LEPAGE	F	32	705	130
5	61:27	MARY	COLLERAN	F	31	519	134
6	61:28	AMY	MATTHEWS	F	30	542	136
7	63:24	RACHAEL	MCAFEE	F	34	727	142
8	63:47	AUDREY	HILL	F	34	724	144

9	64:02	MARISA	CONRIGHT	F	30	718	145
10	65:37	NICOLE	DEMASI	F	32	719	154
11	66:31	DEANNA	STEIGER	F	30	380	158
12	72:48	CECILIA	FANNING	F	30	721	167
13	85:47	CORAZON	RIOS	F	30	579	175
<b>Female 35-39</b>							
1	44:19	KARINE	CHUNG	F	38	716	29
2	44:37	PATRICIA	ANGLANO	F	38	382	34
3	51:13	SUSAN	BAKEN	F	38	587	80
4	57:38	SABINE	THIER	F	35	709	116
5	58:54	BECKY	ZOLOT	F	37	580	125
6	66:53	RHODALYN	TOLENTINO	F	38	577	159
7	85:42	MICHELLE	PHIPPS	F	35	578	172
8	85:46	JACQUELYN	HAWKINS	F	37	723	174
<b>Female 40-44</b>							
1	48:06	MARLA	ADAMS	F	40	701	59
2	54:07	MELISSA	COLEMAN	F	42	702	98
3	63:20	INGRID	MILKES	F	41	728	141
4	64:56	GEANINE	LABRADOR	F	40	704	148
5	65:08	KIMBERLY	WALKER	F	42	572	150
6	68:52	ANNA	RODRIGUEZ	F	40	732	161
7	78:18	ANGELA	LARK LANDY	F	41	726	169
<b>Female 45-49</b>							
1	51:59	DAVIDA	HAGAN	F	49	597	85
2	53:36	ELLEN	EVANS	F	45	569	93
3	69:17	AMELIA	ISASIS	F	46	379	166
<b>Female 50-54</b>							
1	61:07	STEPHANIE	STONE	F	51	708	132
2	69:00	DIANE	CRISWELL	F	51	521	164
3	69:11	VIKKI	GAGNON	F	53	722	165

<b>Female 55-59</b>							
1	54:29	SUE	SLATER	F	55	733	101
2	56:58	DIANE	ABATO	F	56	710	112
<b>Female 60-64</b>							
1	52:00	PATRICIA	BATES	F	61	711	86
<b>2010 LAFR Pride Run 10K Male Age Group</b>							
<b>Div P</b>	<b>Time</b>	<b>First</b>	<b>Last</b>	<b>Sex</b>	<b>Age</b>	<b>Bib</b>	<b>OA</b>
<b>Male 20-24</b>							
1	42:58	RUBEN	MORENO III	M	21	230	20
2	48:26	JOSE	SANCHEZ	M	24	335	61
<b>Male 25-29</b>							
1	39:00	JONATHAN	SMITH	M	27	237	3
2	39:18	THOMAS	ADER	M	25	372	4
3	39:44	HAL	CROWE	M	29	209	8
4	42:31	JOSE	SALGADO	M	27	284	15
5	43:19	JOSHUA	WHITAKER	M	27	370	23
6	43:57	KEVIN	EAGAN	M	28	212	27
7	45:29	LEVI	PETREE	M	27	327	40
8	45:42	LUIS	PENA	M	26	279	42
9	46:34	JUSTIN	MORONG	M	29	276	50
10	47:09	RYAN	KIRBY	M	27	22	53
11	47:52	FREDDIE	DIAZ	M	28	51	56
12	48:07	TODD	JOHNSON	M	27	271	60
13	49:40	ADRIAN	CAPRARELLA	M	26	360	74
14	50:15	CHRISTOPHE	CARRINGTON	M	27	252	78
15	53:10	DANIEL	SHIRK	M	29	366	89
16	55:15	HIU CHUNG	SO	M	27	291	106
17	58:43	MICHAEL	ZUNIGA	M	28	304	123
18	66:24	HENRY	PADGETT	M	29	345	157

Male 30-34							
1	35:20	BRANDON	DEL CAMPO	M	33	328	1
2	39:19	WADLEY	WADLEY	M	30	338	5
3	42:29	MIKE	KERKMAN	M	31	221	14
4	42:39	BRANDON	BOLIN	M	34	247	17
5	42:43	RYAN	DUNN	M	30	211	18
6	42:55	JORGE	SANTANA CORO	M	30	285	19
7	43:44	DAVID	GONZALEZ	M	30	265	24
8	44:16	MICHAEL	WHITLEY	M	30	300	28
9	44:24	BARRY	HAMAGUCHI	M	30	307	32
10	45:22	JASON	BAUTISTA	M	30	245	38
11	46:02	MATT	GLOIN	M	34	357	45
12	46:09	DANIEL	TAYLOR	M	33	295	47
13	47:50	ALVIN	MAGPANTAY	M	33	273	55
14	47:55	RAUL	BORJA	M	33	205	57
15	49:08	DAN	VU	M	34	297	67
16	49:15	RICHARD	HERMANN	M	30	326	71
17	49:47	RUSSELL	BROWN	M	33	207	76
18	50:21	CHRISTOPHE	LANE	M	32	225	79
19	51:15	JOSE	CASTILLO	M	31	350	81
20	53:21	COLIN	DUSENBURY	M	32	258	92
21	53:47	ERIC	STEIGER	M	31	364	94
22	58:11	MILTON	HERDOIZA	M	32	215	119
23	62:59	JAMES	CONNELLY	M	30	208	139
24	63:19	RICHARD	FANNING	M	31	261	140
25	65:37	JAMES	WELBY	M	32	298	153
26	65:45	BRIAN	POTTER	M	33	282	155
27	78:17	ARMAND	ESCANILLA	M	34	259	168
Male 35-39							
1	37:22	NAOKI	KATO	M	38	218	2
2	39:27	KIRK	ACEVEDO	M	38	201	6
3	40:17	JOHN	MCGUINNESS	M	36	274	9

4	42:22	CHRIS	PHILLIPS	M	35	281	12
5	44:22	VINCENT	SMETANA	M	36	236	31
6	44:25	ANDREW	CAMP	M	35	312	33
7	45:14	JASON	QUA	M	38	234	37
8	46:24	MICHAEL	GIFFORD	M	39	213	48
9	46:41	PAUL	WINTNER	M	35	242	51
10	48:31	RICHARD	PENG	M	38	280	62
11	48:42	NELSON	WHITE	M	35	299	64
12	48:51	GRANT	MEYERS	M	38	362	66
13	49:09	KEVIN	SHIRAMIZU	M	36	289	68
14	49:10	STEVE	CAINAS	M	38	251	69
15	50:11	JAMES	BARTLETT	M	37	202	77
16	53:12	MICHAEL	DOMINO-CHRIS	M	36	210	90
17	54:43	COLE	MECRAY	M	38	358	102
18	56:09	MICHAEL	FERRETTI	M	38	262	109
19	60:34	BAHMAN	GHAHREMANI	M	37	264	127
20	85:43	JEREMY	WEBSTER	M	35	323	173
<b>Male 40-44</b>							
1	39:29	GERRY	GOROSPE	M	43	308	7
2	41:11	JAKE	TAYLOR	M	40	333	10
3	43:10	BRIAN	SHARP	M	40	288	21
4	43:15	DON	HAISCH	M	40	268	22
5	44:21	TORR	MELLING	M	43	368	30
6	45:05	DAVID	DINIELLI	M	41	257	36
7	45:39	BERNIE	TAN	M	42	238	41
8	45:54	KEITH	BRENNAN	M	42	206	44
9	46:25	RICHARD	BELTRAN	M	41	246	49
10	46:44	GARDENER	DELANO	M	42	256	52
11	47:12	STEVE	NOBLE	M	44	278	54
12	47:58	ELY	YARON	M	40	303	58
13	48:40	TONY	MADRIL	M	40	305	63
14	48:43	RICH	CROOK	M	44	254	65

15	52:20	WILLIAM	SCHENCK	M	42	287	87
16	54:09	REX	BOONE	M	43	204	99
17	54:28	BIBI	SILVAS	M	42	290	100
18	55:54	PHIL	GO	M	44	319	108
19	56:10	EDWARD	STANLEY	M	42	293	110
20	57:14	OLIVIER	GOUEDARD	M	40	361	114
21	57:59	RICHARD	STILES	M	43	294	118
22	61:18	JIM	HALTERMAN	M	43	269	133
23	80:00	CHARLES	LIVINGSTON	M	44	226	170
24	82:19	STEPHEN	GERMAIN	M	40	263	171
<b>Male 45-49</b>							
1	42:07	JUAN	GONZALEZ	M	47	266	11
2	49:14	PETER	WOWKOWYCH	M	47	302	70
3	49:27	MONG	NOIBOONSOOK	M	47	365	72
4	49:45	DEO	JARAVATA	M	45	216	75
5	51:27	ANDY	GUTIERREZ	M	47	310	83
6	51:46	GARRETT	HICKS	M	46	309	84
7	56:56	HANS	KOWOLL	M	48	223	111
8	57:00	TODD	MILLER	M	46	275	113
9	64:21	DUANE	ESPINOSA	M	46	260	147
10	65:08	CHRISTOPHE	LEE	M	45	316	151
11	67:03	JUAN	MORENO	M	45	229	160
<b>Male 50-54</b>							
1	42:27	MATTHEW	BRIGHAM	M	54	249	13
2	42:32	REG	WILLSON	M	51	240	16
3	43:50	ALEXANDER	LAMB	M	51	224	25
4	44:52	WILLIAM	KENNEDY	M	51	220	35
5	49:35	DAVID	BOHNETT	M	54	203	73
<b>Male 55-59</b>							
1	45:28	ANDREW	WISMILLER	M	57	301	39
2	45:53	DAVID	DASSEY	M	59	255	43
3	46:06	MANUEL	DIZON	M	56	311	46

4	51:18	BILL	WINKELMANN	M	57	241	82
5	52:50	DAN	GRAHAM	M	55	214	88
6	53:19	JIM	MARTINEZ	M	56	227	91
7	53:50	PHIL	AMATO	M	56	243	95
8	57:20	JOHN	BOSMA	M	57	248	115
9	66:23	GEOFF	BUCK	M	56	250	156
<b>Male 60-64</b>							
1	43:53	RICHARD	NELSON	M	63	232	26
<b>Male 65-69</b>							
1	54:05	WARREN	MULLISEN	M	66	277	97
<b>Male 70+</b>							
1	68:55	ED	KARAS	M	75	217	162
2	95:00	JOHN	MERRIAM	M	70	28	176