LOS ANGELES
FRONTRUNNERS

LAFR Grand Prix Series Race Schedule 2025

All races count for all divisions. Trail races are marked TM.
Schedule subject to change.

AUGUST

Date	Event/Distance	Website	Location
8/24	BRA Run	www.runsignup.com/Race/CA/PlayaDelRey/BRARunLA	LA
8/31	Sydney Marathon	www.tcssydneymarathon.com	Sydney

SEPTEMBER

Date	Event/Distance	Website	Location
9/6	Cascade Express Half/Full	www.cascadeexpressmarathon.com	WA
9/21	Berlin Marathon	www.bmw-berlin-marathon.com/en/	Berlin
9/28	P Verdes Trail 5K **TM**	www.stridesinrecovery.org/palos-verdes-trails-5k	PV

OCTOBER

Date	Event/Distance	Website	Location
10/5	Long Beach	www.runlongbeach.com	LB

10/11	Haunted Heroes 5K/10K/15K/Half	www.abetterworldrunning.com	Griffith Park
10/18	Palm Springs Tram Road Challenge	www.runsignup.com/Race/CA/PalmSprings/PalmSpringsTramRoadChallenge	Palm Springs
10/26	Doggie Dash 5K **TM**	www.lafrontrunners.com	Griffith Park

NOVEMBER

Date	Event/Distance	Website	Location
11/8	Catalina Half Marathon/10K **TM**	www.runcatalina.com	Avalon
11/8	PS Pride Run 5K	www.psfr.org	P Springs
11/30	Run Deo Run Turkey Trot **TM**	www.lafrontrunners.com	Griffith Park
11/26-11/30	Turkey Trot-tacular	see below	anywhere

DECEMBER

Date	Event/Distance	Website	Location
12/7	Santa 5K/10K **TM**	www.rayenduranceevents.com	Griffith Park
12/14	Holiday Fun 5K/10K/15K/Half	www.abetterworldrunning.com	Griffith Park
12/21	Reindeer Run 5K/10K/15K/Half	www.abetterworldrunning.com	Riverside

TURKEY TROT-TACULAR

Do you want an excuse to gorge yourself silly on Thanksgiving? Then run a Turkey Trot Thanksgiving weekend! So run a Turkey Trot, any Turkey Trot, any location, any distance, from Thursday through Sunday. They will be treated as one race for the Grand Prix. All runners will be ranked by age grade score regardless of which race you run.

11/26-11/30	A Better World Running	Any Turkey Trot anywhere qualifies; locally, ABWR has a bunch over the holiday weekend www.abetterworldrunning.com	various

JANUARY

Date	Event/Distance	Website	Location
1/5	Resolution Run **TM**	www.rayenduranceevents.com	LA
1/11	Avalon 50K/50M **TM**	www.runcatalina.com	Avalon

FEBRUARY

Date	Event/Distance	Website	Location
2/9	Ocean Breeze 5K/10K/15K/Half	www.abetterworldrunning.com	SaMo
2/16	SRLA Friendship Run	www.srla.org/events	Hansen Dam
2/16	Palm Desert Half	www.palmdeserthalfmarathon.com	PD
2/22	SOB Trail **TM**	www.khraces.com	LA

MARCH

Date	Event/Distance	Website	Location
3/1	SoCal River Half	www.onhillevents.com	Irvine
3/8	Catalina 5K/10K/Full **TM**	www.runcatalina.com	Avalon
3/9	Firecracker 5K/10K	www.firecracker10k.org	LA
3/16	LA Marathon/5K	www.lamarathon.com	LA

APRIL

Date	Event/Distance	Website	Location
4/5	Pt. Mugu **TM**	www.socaltrail.events	LA
4/5	Derby Day 5K	www.derbyday5k.com	LA
4/5	Chesebro Races	www.greatrace.run	A Hills
4/6	Carlsbad 5K	www.carlsbad5000.com	Carlsbad
4/12	Leona Divide **TM**	www.khraces.com	LA
4/13	Mntns 2 Beach	www.mountains2beachmarathon.com	Ventura
4/21	Boston Marathon	www.baa.org	Boston
4/26	Las Virgenes Trail **TM**	www.ultrasignup.com/register.aspx?did=111210	West Hills
4/27	Rose Bowl Half	www.mccourtfoundation.org	LA

MAY

Date	Event/Distance	Website	Location
5/4	SRLA Spring 5K	www.srla.org/events	LA
5/11	Mother's Day 5K/10K/15K/Half	www.abetterworldrunning.com	Van Nuys
5/18	LB Pride Run	www.sfrlb.com	LB
5/31	Finish the Run **TM**	www.streetsareforeveryone.org	GP

5/31	Wrigley River Run	www.wrigleyriverrun.com	LB

JUNE			
Date	Event/Distance	Website	Location
6/15	LAFR Pride Run **TM**	www.lafrontrunners.com	GP
6/22	Old Zoo 12K/Half **TM**	www.rayenduranceevents.com	LA

JULY			
Date	Event/Distance	Website	Location
7/4	Palisades 5K	www.runsignup.com/Race/CA/PacificPalisades/PalisadesWillRogers5K10KRun	Venice Bch
7/19	San Diego Pride Run	www.frwsd.org	San Diego
7/20	Rockin Summer 5K/10K/15K/Half	www.abetterworldrunning.com	Hansen Dam
7/30	Tracksmith 5000	www.tracksmith.com/pages/twilight-5000	OXY

*For races with more than distance, *runners/walkers may choose any distance for these events.* Runners/walkers will be ranked within their age groups by their age grade score.