

LAFR Pride Run 2019  
5K Age Group Results

AG PL	First Name	Last Name	Time		Age	AG	OA	Bib	Sex	OA
<b>8-10 Female</b>										
1	Tori	Vaca	42:47	F	10	8-10	<b>164</b>	625		73
<b>8-10 Male</b>										
1	FJ	Vaca	42:50	M	8	8-10	<b>166</b>	624		92
2	Jojo	Mota	47:05	M	10	8-10	<b>182</b>	558		103
<b>11-12 Female</b>										
1	Eva	Blakely	42:48	F	11	11-12	<b>165</b>	626		74
<b>11-12 Male</b>										
1	Liam	Carrig-Braun	25:53	M	11	11-12	<b>64</b>	498		50
2	Victor	Smith	53:16	M	12	11-12	<b>195</b>	586		107
<b>13-15 Female</b>										
1	Atalanta	Carrig-Braun	31:06	F	14	13-15	<b>104</b>	381		33
2	Samantha	Hahn	49:55	F	14	13-15	<b>186</b>	412		82
3	Vayda	Smith	60:30	F	13	13-15	<b>205</b>	468		94
<b>13-15 Male</b>										
1	Max	Falk	22:44	M	15	13-15	<b>32</b>	517		28
2	Jordan	Falk	43:18	M	13	13-15	<b>170</b>	516		96
3	Martin	Ledesma	54:19	M	15	13-15	<b>197</b>	545		108
<b>16-19 Female</b>										
1	Elisa	Omalley	54:20	F	16	16-19	<b>198</b>	447		90
<b>20-24 Female</b>										
1	Stephanie	Bernal	19:37	F	20	20-24	<b>7</b>	376		2
2	Michelle	Lavner	30:13	F	24	20-24	<b>98</b>	426		30
3	Kiara	Frey	34:03	F	20	20-24	<b>132</b>	400		46
<b>20-24 Male</b>										
1	Brian	Roth	20:17	M	24	20-24	<b>10</b>	577		8
2	Christopher	Nolan	22:35	M	24	20-24	<b>28</b>	92		24
<b>25-29 Female</b>										
1	Jenna	Crawford	24:05	F	28	25-29	<b>47</b>	391		9
2	Gloria	Lopez	24:21	F	29	25-29	<b>51</b>	430		10
3	Danielle	Mustarde	24:58	F	29	25-29	<b>57</b>	441		12
4	Jessica	Vung	27:09	F	26	25-29	<b>75</b>	476		21
5	Ani	Vosganian	29:24	F	26	25-29	<b>91</b>	475		26
6	Caroline	Head	31:50	F	25	25-29	<b>114</b>	414		38
7	Joselyn	Valle	32:34	F	29	25-29	<b>117</b>	473		40
8	Kelly	Nguyen	34:10	F	28	25-29	<b>133</b>	445		47
9	Sarah	Huck	35:02	F	25	25-29	<b>136</b>	417		49
10	Jacqueline	Sly	35:31	F	27	25-29	<b>137</b>	465		50
11	Naomie	Pienkowski	35:49	F	26	25-29	<b>142</b>	454		54
12	Megan	Gingras	36:18	F	25	25-29	<b>144</b>	404		56
13	Shannon	O'Connor	36:19	F	25	25-29	<b>145</b>	446		57
14	Elizabeth	Navarrete	37:08	F	26	25-29	<b>150</b>	442		61
15	T'airrashay	Minnitee	39:47	F	25	25-29	<b>160</b>	435		69
16	Arielle	Mota	47:05	F	28	25-29	<b>181</b>	439		79

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<b>25-29 Male</b>										
1	Blake	Owens	19:16	M	27	25-29	<b>5</b>	566		5
2	Solomon	Leung	20:25	M	29	25-29	<b>11</b>	74		9
3	Grivan	Thapar	21:11	M	29	25-29	<b>18</b>	589		16
4	Ben	Hoagland	25:50	M	28	25-29	<b>63</b>	531		49
5	Jimmie	Summers	28:53	M	28	25-29	<b>83</b>	306		62
6	Armeen	Neshat	33:35	M	28	25-29	<b>129</b>	562		85
<b>30-34 Female</b>										
1	Alexis	Kling	22:08	F	34	30-34	<b>24</b>	1236		3
2	Charlotte	Lowey	22:13	F	31	30-34	<b>25</b>	1238		4
3	Lauri	McCallister-Vining	25:03	F	32	30-34	<b>58</b>	1242		13
4	Carrie	Goggans	29:16	F	31	30-34	<b>87</b>	406		23
5	Krystal	Robles	33:15	F	31	30-34	<b>122</b>	459		42
6	Lizzie	Donaldson	33:58	F	33	30-34	<b>130</b>	394		45
7	Jingyi	Zhang	34:24	F	32	30-34	<b>134</b>	486		48
8	Charlotte	Gleason	35:48	F	33	30-34	<b>140</b>	405		52
9	Daisy	Castro	36:05	F	33	30-34	<b>143</b>	627		55
10	Nancy	Quintanilla	36:23	F	31	30-34	<b>146</b>	455		58
11	Analicia	Mota	40:13	F	32	30-34	<b>161</b>	438		70
<b>30-34 Male</b>										
1	Nicholas	Oehlberg	17:53	M	31	30-34	<b>2</b>	94		2
2	Pat	Bishop	19:13	M	31	30-34	<b>4</b>	54		4
3	Harry	Gamsu	19:56	M	30	30-34	<b>9</b>	524		7
4	Oliver	Klaassen	20:59	M	30	30-34	<b>16</b>	543		14
5	Sean	Morris	30:19	M	34	30-34	<b>99</b>	557		69
6	Kyle	McKinney	35:48	M	34	30-34	<b>139</b>	551		88
<b>35-39 Female</b>										
1	Sarah	Syed	22:53	F	38	35-39	<b>34</b>	1284		5
2	Nicole	Casillas	24:03	F	38	35-39	<b>46</b>	1228		8
3	Jennifer	Ishii	26:33	F	37	35-39	<b>68</b>	1234		16
4	Lisa	Van Lenner	29:07	F	36	35-39	<b>86</b>	474		22
5	Kerri	Seeger	29:21	F	36	35-39	<b>89</b>	463		24
6	Sharla	Cipicchio	29:50	F	36	35-39	<b>93</b>	387		27
7	Chantal	Pershing	33:10	F	38	35-39	<b>121</b>	452		41
8	Louise	Linton	35:49	F	38	35-39	<b>141</b>	428		53
9	Maysaa	Mohammad	36:33	F	37	35-39	<b>147</b>	437		59
10	Erin	Coleman	36:49	F	37	35-39	<b>148</b>	390		60
11	Edwina	Robinson	37:24	F	39	35-39	<b>151</b>	623		62
12	Traci	Kempa	38:38	F	39	35-39	<b>156</b>	613		65
13	Yacira	Vega	47:20	F	39	35-39	<b>185</b>	615		81
14	Danielle	Perez-St Antoine	53:08	F	38	35-39	<b>194</b>	451		88

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<b>35-39 Male</b>									
1	Duane	Howard	21:23	M	38	35-39	<b>21</b>	534	19
2	Thom	Wickes	22:29	M	37	35-39	<b>27</b>	630	23
3	Andrew	Evans	22:52	M	36	35-39	<b>33</b>	514	29
4	Austin	Mendez	26:46	M	35	35-39	<b>70</b>	553	53
5	Rene	Vega	29:00	M	36	35-39	<b>85</b>	607	64
6	Sameh	Sheikh	31:42	M	37	35-39	<b>112</b>	580	75
7	John	Houser	31:48	M	36	35-39	<b>113</b>	533	76
8	Jared	Vincenti	34:43	M	37	35-39	<b>135</b>	594	87
9	Chris	Penner	47:09	M	39	35-39	<b>183</b>	567	104
<b>40-44 Female</b>									
1	Erika	Aklufi	19:17	F	43	40-44	<b>6</b>	1224	1
2	Meili	Mathuren	24:38	F	44	40-44	<b>54</b>	1240	11
3	Katherine	Stowers	25:49	F	41	40-44	<b>62</b>	470	14
4	Sheller	Clark	31:11	F	43	40-44	<b>106</b>	389	35
5	Marlen	Rodriguez	47:20	F	40	40-44	<b>184</b>	614	80
6	Cassandra	Perez-St Antoine	53:08	F	41	40-44	<b>193</b>	450	87
7	Jenny	Omalley	54:20	F	43	40-44	<b>199</b>	448	91
8	Shannon	Wasley	61:42	F	43	40-44	<b>207</b>	477	96
<b>40-44 Male</b>									
1	Mike	Kerkman	17:41	M	40	40-44	<b>1</b>	542	1
2	Patrice	Salome	21:05	M	43	40-44	<b>17</b>	304	15
3	Grant	Barnett	21:18	M	42	40-44	<b>20</b>	8	18
4	Robert	Chen	23:14	M	41	40-44	<b>38</b>	504	32
5	Dan	Vu	23:47	M	43	40-44	<b>43</b>	596	36
6	Ned	Wilson	24:11	M	40	40-44	<b>50</b>	601	41
7	Armando	Abogado	25:05	M	44	40-44	<b>59</b>	488	46
8	Jeffrey	Mueller	25:06	M	40	40-44	<b>60</b>	561	47
9	Ian	Stinnot	25:20	M	40	40-44	<b>61</b>	609	48
10	Scott	Thomas	27:28	M	43	40-44	<b>77</b>	590	56
11	Wayne	Bayan	33:31	M	43	40-44	<b>126</b>	493	83
12	Jason	Coleman	42:50	M	43	40-44	<b>167</b>	505	93

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<b>45-49 Female</b>									
1	Kirsten	Retz	22:56	F	47	45-49	<b>35</b>	456	6
2	Karine	Chung	23:21	F	47	45-49	<b>39</b>	385	7
3	Peggy	Kennedy	26:54	F	45	45-49	<b>72</b>	421	18
4	Maria	Poso	27:05	F	47	45-49	<b>73</b>	1244	19
5	Crystal	Neuhaus	27:06	F	48	45-49	<b>74</b>	444	20
6	Melissa	Carrig	30:12	F	46	45-49	<b>97</b>	380	29
7	Rachel	Mann	31:17	F	45	45-49	<b>107</b>	431	36
8	Laura	Ricci	33:24	F	46	45-49	<b>123</b>	458	43
9	Danielle	Pershing	38:05	F	45	45-49	<b>153</b>	453	63
10	Stephanie	Burden	38:17	F	45	45-49	<b>154</b>	378	64
11	Gladys	Yamane	39:06	F	47	45-49	<b>159</b>	484	68
12	Maribel	Garcia	42:34	F	48	45-49	<b>163</b>	401	72
13	Catrina	White	50:31	F	48	45-49	<b>190</b>	479	86
14	Kricket	Morton	61:42	F	47	45-49	<b>208</b>	606	97
<b>45-49 Male</b>									
1	Amado	Kurutz-Ulloa	20:54	M	47	45-49	<b>15</b>	325	13
2	John	McGuinness	21:51	M	45	45-49	<b>23</b>	78	21
3	Marcelino	Goncalves	22:18	M	49	45-49	<b>26</b>	70	22
4	Alex	Soejarto	23:09	M	49	45-49	<b>37</b>	587	31
5	Daniel	Formanek	23:22	M	46	45-49	<b>40</b>	521	33
6	John	Sahas	24:10	M	47	45-49	<b>49</b>	323	40
7	Richard	Peng	24:26	M	47	45-49	<b>52</b>	300	42
8	Greg	Braun	25:54	M	49	45-49	<b>65</b>	58	51
9	Christian	Eimer	28:37	M	48	45-49	<b>80</b>	513	59
10	Ron	Milkes	29:51	M	47	45-49	<b>94</b>	554	67
11	David	Herrin	33:26	M	47	45-49	<b>124</b>	530	81
12	Brendan	Oneill	33:34	M	48	45-49	<b>128</b>	622	84
13	Anthony	Chan	37:07	M	47	45-49	<b>149</b>	503	89
14	William	Cunningham	38:18	M	49	45-49	<b>155</b>	510	91
15	Jeremy	Falk	43:20	M	47	45-49	<b>171</b>	515	97
<b>50-54 Female</b>									
1	Rachel	Griffin	26:33	F	52	50-54	<b>67</b>	1230	15
2	Tina	Wubben	29:56	F	52	50-54	<b>95</b>	483	28
3	Seungeun	Chung	30:59	F	51	50-54	<b>103</b>	386	32
4	KC	Curley	31:10	F	50	50-54	<b>105</b>	393	34
5	Ingrid	Milkes	32:31	F	50	50-54	<b>116</b>	434	39
6	Lisa	Moeller	38:51	F	53	50-54	<b>158</b>	436	67
7	Patricia	Felix	41:46	F	52	50-54	<b>162</b>	395	71
8	Mary K	Balding	46:26	F	53	50-54	<b>177</b>	372	77
9	Keeley	Webster	50:30	F	50	50-54	<b>189</b>	478	85
10	Barbara	Fish	53:17	F	52	50-54	<b>196</b>	396	89
11	Margie	Mota	55:19	F	54	50-54	<b>200</b>	608	92
12	Marianne	Krawczyk	56:25	F	54	50-54	<b>202</b>	423	93
13	Cyrani	Ackerman	61:42	F	50	50-54	<b>206</b>	368	95

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<b>50-54 Male</b>									
1	Brian	Jett	19:09	M	53	50-54	<b>3</b>	538	3
2	Eric	Akin	19:42	M	52	50-54	<b>8</b>	6	6
3	Andrew	Gonzalez	20:32	M	53	50-54	<b>12</b>	525	10
4	Joseph	Umana-Walker	20:38	M	51	50-54	<b>13</b>	310	11
5	Ed	Ornelas	20:47	M	50	50-54	<b>14</b>	100	12
6	Eddie	Hahn	21:33	M	53	50-54	<b>22</b>	72	20
7	James	Cameron	22:37	M	54	50-54	<b>29</b>	496	25
8	Colin	Gallagher	22:43	M	50	50-54	<b>31</b>	523	27
9	Mark	DeAngelis	23:54	M	54	50-54	<b>44</b>	619	37
10	John	Miles	24:36	M	54	50-54	<b>53</b>	84	43
11	Henry	Jung	26:08	M	54	50-54	<b>66</b>	618	52
12	Richard	Courtney	27:13	M	54	50-54	<b>76</b>	621	55
13	David	Tarica	28:00	M	54	50-54	<b>79</b>	588	58
14	Don	Reddin	30:31	M	52	50-54	<b>101</b>	570	71
15	Miles	Millar	31:35	M	51	50-54	<b>110</b>	620	73
16	Patrick	Riley	31:40	M	50	50-54	<b>111</b>	571	74
17	Michael	Forbes	33:02	M	50	50-54	<b>120</b>	68	80
18	Jeffrey	Kalowes	37:39	M	54	50-54	<b>152</b>	319	90
19	Tom	Tiangco	43:01	M	52	50-54	<b>168</b>	653	94
20	John	Kawaharada	57:07	M	51	50-54	<b>203</b>	541	110
<b>55-59 Female</b>									
1	Lida	Frankel	26:40	F	58	55-59	<b>69</b>	398	17
2	Annette	Gerosa	33:32	F	57	55-59	<b>127</b>	1288	44
3	Evie	Bonic	38:41	F	57	55-59	<b>157</b>	1226	66
4	Deb	Fort	46:26	F	59	55-59	<b>178</b>	397	78
<b>55-59 Male</b>									
1	Ken	Lewis	23:02	M	56	55-59	<b>36</b>	76	30
2	Martin	Carlson	23:25	M	59	55-59	<b>41</b>	62	34
3	Tommy	Rubalcava	23:32	M	56	55-59	<b>42</b>	578	35
4	Martin	Vega	24:55	M	57	55-59	<b>56</b>	312	45
5	Rick	Hetzel	28:38	M	59	55-59	<b>81</b>	612	60
6	Fernando	Bonilla	28:53	M	58	55-59	<b>84</b>	495	63
7	Lui	Sanchez	29:20	M	58	55-59	<b>88</b>	579	65
8	Tom	Iannucci	31:53	M	59	55-59	<b>115</b>	537	77
9	Brian	Dunbar	32:54	M	57	55-59	<b>118</b>	511	78
10	Bobby	Rose	32:54	M	59	55-59	<b>119</b>	575	79
11	Richard	Greer	43:01	M	59	55-59	<b>169</b>	527	95
12	Don	Norte	46:50	M	57	55-59	<b>179</b>	563	101
13	Kevin	Norte	46:51	M	57	55-59	<b>180</b>	564	102
14	Tim	Chung	51:32	M	55	55-59	<b>192</b>	650	106
15	Richard	Smith	60:30	M	57	55-59	<b>204</b>	585	111

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<b>60-64 Female</b>										
1	Ada	Anderson	29:22	F	60	60-64	<b>90</b>	369		25
2	Julie	Frey	30:48	F	61	60-64	<b>102</b>	399		31
3	Sally	Aristei	35:47	F	64	60-64	<b>138</b>	370		51
4	Nicole	Oouvray	46:01	F	60	60-64	<b>174</b>	652		76
<b>60-64 Male</b>										
1	David	Romano	21:12	M	61	60-64	<b>19</b>	302		17
2	Bill	Austin	22:39	M	62	60-64	<b>30</b>	492		26
3	Emmett	Oreilly	24:44	M	64	60-64	<b>55</b>	98		44
4	Johnny	Mendez	28:42	M	61	60-64	<b>82</b>	616		61
5	Paul	Morrell	29:31	M	60	60-64	<b>92</b>	86		66
6	Robert	Berman	31:23	M	63	60-64	<b>109</b>	10		72
7	Barry	Morrill	33:27	M	64	60-64	<b>125</b>	88		82
8	Rand	Smith	34:01	M	62	60-64	<b>131</b>	584		86
<b>65-69 Female</b>										
1	Allyne	Winderman	31:22	F	67	65-69	<b>108</b>	1286		37
2	Margie	Gonzales	45:12	F	65	65-69	<b>173</b>	408		75
3	Amy	Ross	50:29	F	66	65-69	<b>188</b>	460		84
<b>65-69 Male</b>										
1	David	Dassey	23:55	M	68	65-69	<b>45</b>	66		38
2	Francisco	Rosito	24:06	M	69	65-69	<b>48</b>	576		39
3	John	McKean	27:35	M	67	65-69	<b>78</b>	80		57
4	Jim	Martinez	30:04	M	65	65-69	<b>96</b>	560		68
5	Michael	Carbuto	30:24	M	66	65-69	<b>100</b>	497		70
6	William	Winkelmann	46:10	M	66	65-69	<b>175</b>	602		99
7	Will	Cullen	46:15	M	67	65-69	<b>176</b>	508		100
8	Bill	Walsky	51:32	M	68	65-69	<b>191</b>	597		105
<b>70-74 Female</b>										
1	Maggie	Williams	49:59	F	72	70-74	<b>187</b>	480		83
<b>70-74 Male</b>										
1	Richard	Nelson	26:51	M	72	70-74	<b>71</b>	90		54
2	Brian	Eggert	56:07	M	71	70-74	<b>201</b>	512		109
<b>75-79 Male</b>										
1	John	Merriam	44:16	M	79	75-79	<b>172</b>	82		98