

LAFR Grand Prix & Trail Master Race Results 2024 (Trail Master Results Follow)

Race					Avalon					50 Mile							
Location/Date					Avalon					7-Jan							
Finishers					322												
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
93	7	M5054	Viktor Toth	50	M5054	10:08:15	49.38	59.26	1	100		10	30				140
202	7	F5054	Peachy Poso	51	F5059	11:42:56	48.07	57.68	1	100			30				130
206	7	M6064	Steve Gerschultz	60	M6064	11:44:33	46.71	56.05	1	100			30				130

Race					Rose Bowl					Half							
Location/Date					Pasadena					21-Jan							
Finishers					9208												
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
29	6	M2029	Mitchell Miller	27	M2029	1:21:18	71.36	74.93	1	100			10				110
39	8	M3539	Michael Bea	35	M3539	1:22:45	70.50	74.03	1	100			10				110
250	39	M3539	Martin Leung	37	M3539	1:33:49	62.65	65.78	2	90			10				100
304	48	M3539	Kyle Schmitz	38	M3539	1:36:04	61.50	64.58	3	80			10				90
461	70	M3539	Mark Planas	38	M3539	1:39:52	59.16	62.12	4	70			10				80
5174	423	M3539	Leonard Hyman	39	M3539	2:33:02	38.84	40.78	5	60			10				70
6308	211	M5054	Mike Smith	51	M5054	2:45:54	39.54	41.52	1	100			10				110
6826	307	F4044	Franziska Reff	41	F4049	2:52:21	38.92	40.87	1	100			10				110

Race					SOB					50K							
Location/Date					Malibu					27-Jan							
Finishers					91												
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			50K														
53	3	M5559	John Miles	59	M5559	8:44:13	34.69	39.89	1	100		10	20		15		145

Race					Doggie Dash					5K							
Location/Date					Griffith Park					27-Jan							
Finishers					5K-43, Pups-38												
OA	DP	Div	Name	Age	GPDIV	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			5K Humans														
1	1	M4044	Jeremy Yoder	41	M4044	19:28	70.03	na	1	100		10		10	15	25	160
4	1	M5559	Bruce Bair	57	M5559	20:12	76.58	na	1	100				10	15		125
6	1	M3539	Joey Lan	38	M3539	22:42	58.74	na	1	100				10	15		125
21	1	F5054	Peachy Poso	51	F5059	28:20	58.82	na	1	100		10		10	15		135
30	1	M7074	Jim Martinez	70	M7074	31:10	55.95	na	1	100		10		10	15		135
40	1	F7074	Margie Gonzales RW	70	F7079	55:44	48.30	na	1	100				10	15		125
41	2	F7074	Amy Ross RW	70	F7079	55:45	48.28	na	2	90		10		10	15		125
42	2	F5054	Cat White RW	53	F5059	55:50	41.07	na	1	100				10	15		125
42	2	F5559	Keeley Webster RW	55	F5059	55:50	41.86	na	1	100				10	15		125

Race		Doggie Dash continued								5K							
Location/Date		Griffith Park								27-Jan							
Finishers		5K-43, Pups-38															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			5K Pups														
7	2	M5054	John McGuinness & Kylie	50	M5054	24:09	60.49	na	1	100				10	15		125
8	3	M4044	Vikash Reddy & Lucky	40	M4044	25:38	52.79	na	1	100		10		10	15		135
10	4	M6064	Martin Carlson & Zazie	63	M6064	27:25	59.43	na	1	100		10		10			120
11	5	M3539	Gabriel Cooper & Oliver	35	M3539	27:43	47.11	na	1	100		10		10			120
18	7	M5054	Al Cortez & Zoey	50	M5054	30:55	47.25	na	2	90		10		10			110
20	6	M6064	Reg Willson & Oslo	64	M6064	35:11	46.73	na	1	100		10		10			120
25	9	M7074	Mike Carbutto & Mike	71	M7074	41:52	42.17	na	1	100		10		10			120

Race		Friendship Run								30K							
Location/Date		Hansen Dam								18-Feb							
Finishers		1639															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			30K														
13	NA	M5054	Carlos Vizcarra	50	M5054	2:08:14	73.86	81.25	1	100			15				115
21	2	M3539	Kyle Schmitz	38	M3539	2:21:25	60.85	66.94	1	100			15		15		130
1018	NA	M5054	Mike Smith	52	M5054	4:02:03	39.82	43.80	2	90			15				105

Race		Leap Day								2.67/5.34							
Location/Date		Long Beach								29-Feb							
Finishers		2.67-99, 5.34-33															
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			2.67														
11	2	M5054	Kevin Shiramizu	50	M5054	19:16	64.71	na	1	100					15		115
17	1	M5559	Angus Kennedy	58	M5559	21:14	62.69	na	1	100		10			15		125
18	2	M5559	John Miles	59	M5559	21:21	62.88	na	2	90		10			15		115
20	1	M6569	Bill Austin	66	M6569	21:40	65.90	na	1	100		10			15		125
22	2	M4549	Albert Giang	46	M4549	23:11	52.12	na	1	100					15		115
			5.34														
25	1	M7074	Bill Winkelmann	70	M7074	66:33	46.42	na	1	100		10			15		125

Race				LA Marathon						Full							
Location/Date				Los Angeles						17-Mar							
Finishers				####													
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
157	28	M3539	Martin Leung	37	M3539	2:58:06	69.20	76.12	1	100			20	20			140
576	8	M5559	Greg Ziencina	57	M5559	3:18:24	73.19	80.51	1	100			20	20			140
936	130	M3539	Kyle Schmitz	38	M3539	3:27:21	59.75	65.73	2	90			20				110
1253	228	M3034	Trevor Tivenan	33	M3034	3:33:15	57.12	62.83	1	100			20				120
2668	316	M3539	Mark Planas	38	M3539	3:54:28	52.84	58.12	3	80			20				100
2847	490	M3034	Francis Felix	32	M3034	3:56:20	51.48	56.63	2	90			20				110
5066	103	F4044	April Selvage	44	F4049	4:21:52	53.99	59.39	1	100			20				120
10197	569	M4549	Charlie Heaton-Lee	45	M4549	5:14:29	41.54	45.69	1	100			20				120
11320	89	F5559	Emily Cox	56	F5059	5:26:52	49.97	54.97	1	100			20				120
14398	356	M5559	Deo Jaravata RW	59	M5559	6:00:48	58.92	64.81	2	90		10	20				120
18364	741	M5054	Mike Smith	52	M5054	7:08:41	32.37	35.61	1	100		10	20				130
19735	576	F4549	Lisa Zajkowski	47	F4049	7:47:18	31.18	34.30	2	90			20				110

Race				GP Trails						Full/50K							
Location/Date				Griffith Park						23-Mar							
Finishers				Marathon-34, 50K-90													
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
60	1	F5054	Peachy Poso 50K	52	F5059	6:46:15	46.38	53.34	1	100			20		15		135
22	5	M5559	Deo Jaravata FULL	59	M5559	6:45:39	36.47	40.12	1	100			20				120

Race				Pasadena Trail Challenge						5.1/10.4							
Location/Date				Pasadena						24-Mar							
Finishers				5.1-179, 10.4-119													
OA	DP	Div	Name	Age	GPDiv	Time	Age G	AG W	Age P	Pts	PR	UN	DS	BQ/FR	T3A	T3O	Tot
			5.1 Mile														
22	2	M5559	Angus Kennedy	58	M5559	42:29	61.22	na	3	80		10			15		105
26	1	M6569	Bill Austin	66	M6569	43:23	64.54	na	1	100		10			15		125
132	2	M7074	Bill Winkelmann	71	M7074	63:53	46.10	na	1	100		10			15		125
			10.4 Mile														
7	1	M5559	Mark Johnson	57	M5559	1:26:31	62.96	66.11	1	100		10	10		15		135
8	2	M5559	Bruce Bair	57	M5559	1:27:49	62.02	65.12	2	90		10	10		15		125
34	3	M5559	John Miles	59	M5559	1:45:21	52.67	55.30	4	70		10	10		15		105
42	4	F3034	Gillian Wilkerson-Villasenor	33	F3039	1:47:37	47.70	50.09	1	100		10	10				120
86	1	F5054	Peachy Poso	52	F5059	2:09:31	45.71	48.00	1	100			10		15		125

OA	overall		PR	5 year personal record													
DP	division place		UN	wore LAFR uniform													
Div	age group		DS	distance bonus													
GPDiv	grand prix division		T3A	top 3 age group													
Age G	age grade score		T3O	top 3 overall													
AG W	weighted age grade score		na	not applicable													
Age P	grand prix age group place		BQ/FR	Boston qualifier or LAFR produced race													
PTS	grand prix age group base points		* - Age Grade scores are factored for distances of half marathon and up – see website for info.														

Los Angeles Frontrunners Trail Master Race Results 2024

Race		Avalon 50 Mile											50 Mile	
Location/Date		Avalon											7-Jan	
Finishers		322												
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
93	7	M5054	Viktor Toth	50	10:08:15	49.38	59.26	59.26	10	55				124.26
202	7	F5054	Peachy Poso	51	11:42:56	48.07	57.68	57.68		55				112.68
206	7	M6064	Steve Gerschultz	60	11:44:33	46.71	56.05	56.05		55				111.05

Race		Resolution 5K											5K	
Location/Date		Griffith Park											7-Jan	
Finishers		91												
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
54	2	F5559	Emily Cox	56	27:02	65.24	na	65.24		5		15		85.24

Race		SOB											50K	
Location/Date		Malibu											27-Jan	
Finishers		91												
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
53	3	M5559	John Miles	59	8:44:13	34.69	39.89	39.89	10	35		15		99.89

Race		Doggie Dash											5K	
Location/Date		Griffith Park											27-Jan	
Finishers		5K-43, Pups-38												
OA	DP	Div	Name	Age	Time	Age G	AG W	Base Sc	UN	DS	BQ/FR	T3A	T3O	Tot
			5K Humans											
1	1	M4044	Jeremy Yoder	41	19:28	70.03	na	70.03	10	5	10	15	25	135.03
4	1	M5559	Bruce Bair	57	20:12	76.58	na	76.58		5	10	15		106.58
6	1	M3539	Joey Lan	38	22:42	58.74	na	58.74		5	10	15		88.74
21	1	F5054	Peachy Poso	51	28:20	58.82	na	58.82	10	5	10	15		98.82
30	1	M7074	Jim Martinez	70	31:10	55.95	na	55.95	10	5	10	15		95.95
40	1	F7074	Margie Gonzales RW	70	55:44	48.30	na	48.30		5	10	15		78.30
41	2	F7074	Amy Ross RW	70	55:45	48.28	na	48.28	10	5	10	15		88.28
42	2	F5054	Cat White RW	53	55:50	41.07	na	41.07		5	10	15		71.07
42	2	F5559	Keeley Webster RW	55	55:50	41.86	na	41.86		5	10	15		71.86
			5K Pups											
7	2	M5054	John McGuinness & Kylie	50	24:09	60.49	na	60.49		5	10	15		90.49
8	3	M4044	Vikash Reddy & Lucky	40	25:38	52.79	na	52.79	10	5	10	15		92.79
10	4	M6064	Martin Carlson & Zazie	63	27:25	59.43	na	59.43	10	5	10			84.43
11	5	M3539	Gabriel Cooper & Oliver	35	27:43	47.11	na	47.11	10	5	10			72.11
18	7	M5054	Al Cortez & Zoey	50	30:55	47.25	na	47.25	10	5	10			72.25
20	6	M6064	Reg Willson & Oslo	64	35:11	46.73	na	46.73	10	5	10			71.73
25	9	M7074	Mike Carbuto & Mike	71	41:52	42.17	na	42.17	10	5	10			67.17

